

SAEED AHMED SHAIKH

Senior Lecturer / Physical Therapist

DHA Eligibility Letter /DHA Unique ID : 26617772

Email ID: saeed.shaikhakuh@gmail.com

Phone : +923310369424,WhatsApp: +971501551781

Address:Dubai-UAE



Personal Summary

A highly motivated confident individual with exceptional multi-tasking and organizational skills. Able to communicate effectively, excellent client facing skills & ability to work closely with other health care professionals to assess a patient needs and devise suitable treatment plan for them. Being a Senior lecturer I truly understand my students needs and expectations during classes. Ready and qualified for the next stage in a success career and looking forward to making a significant contribution and secure a challenge in an environment which provide opportunity to fully utilize my education & improve my skills & knowledge in a congenial environment.

SKILLS

- Supervising Physiotherapy Students
- Cardiopulmonary Rehabilitation
- ICC & CCU Rehab Protocol
- Pediatrics & Geriatric Rehabilitation
- Musculoskeletal Rehabilitation
- Neurology & spinal Rehabilitation
- Surgical & medical special care area
- Vestibular Therapy, Dynamic Cupping Therapy
- Pain Management , Electrotherapy
- Sports Injuries Rehabilitation
- K-taping, Dry Needling, Manual Therapy
- Evidence based Practice, Decision Making

ACHIEVEMENTS

- Awarded best clinical Physiotherapist of year 2019 at Agha Khan Hospital Karachi
- Awarded as a best Neurosurgery Rehab Coordinator of year 2011 at AKU Hospital

LISCENSE

- Dubai Health Authority Eligibility letter
- Pakistan Physical Therapy Association
- International Driving License Permit

LANGUAGES

- English
- Urdu
- Sindhi

WORK EXPERIENCE

Dow University of Health and Sciences – sep.2015 to Present
Physiotherapist /Senior Lecturer., Karachi, Pakistan

Agha Khan Hospital – 2007-2015
Physiotherapist, Karachi

ACADEMIC QUALIFICATION

Accelerated Doctor of Physical Therapy: 2015-2016
Zia Uddin University Karachi

Master of Science in Physiotherapy: 2010-2012
Liaquat National School of Physiotherapy Karachi

Bachelor of Science in Physiotherapy: 2002-2007
Jinnah Postgraduate Medical center Karachi

PUBLICATIONS

- Efficacy of exercise vs tens & heating pads in osteoarthritis patients.
- Prevalence of Low back pain.
- Prevalence of low back pain &level of knowledge about patient handling & shifting techniques.
- Effectiveness of manual traction & other physiotherapy treatment in the management of painful cervical radiculopathy.
- A randomized controlled trial to investigate the efficacy of manual traction on pain & range of motion in cervical radiculopathy.

CERTIFICATION

- BLS & ACLS American Heart Association 2023-2024
- Certified Orthopedic Manual Therapist
- Intensive Rehabilitation course by Physiotherapy and Anesthesia & Pulmonology section. AKUH 2010
- UK certified Dry Needling Practitioner
- UK certified Dynamic Cupping Therapy
- Basic Heart & rhythm, arrhythmias & ECG interpretation critical care area & cardiology Agha Khan Hospital 2010
- Muscle Energy Technique **DUHS**
- Postural Stability **DUHS**
- Rehabilitation Management of Hospital in Patients 2017
- Creating a culture of service of excellence **AKUH**
- Certificate on service Excellence
- Management Development
- Pain Management Workshop
- English Proficiency Certificate **JPMC**