

DR. SHAHIN SAINUDEEN

MBBS



PERSONAL DETAILS

Mobile No : + 971 54 591 7484
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Address : Dubai, UAE
D.O.B : 04.11.1993
Nationality : Indian
Gender : Male
TCMC Reg No. : 75135

KEY SKILLS

advanced cardiac life support (ACLS)

Basic Life Support (BLS)

Emergency Medicine

Patient Care

High-Pressure Environments

Critical thinking

Care planning

Medical Documentation

Surgical Procedures

Medical Assessments

Healthcare Compliance

Medical Knowledge

Patient Education

Communication Skills

PROFILE

Dedicated and experienced Medical Officer with comprehensive experience in clinical practice, patient care, and healthcare management. Adept at diagnosing and treating a wide range of medical conditions, managing patient care, and implementing effective healthcare policies. Proven ability to work collaboratively with healthcare teams to deliver high-quality medical services. Skilled in emergency response, patient education, and preventive care. Committed to continuous professional development and staying abreast of advancements in medical science and technology.

ACADEMIC CREDENTIALS

2018	MBBS Wuhan University, China
2012	HIGHER SECONDARY Board of Higher Secondary Examinations, Kerala, India
2010	HIGH SCHOOL Board of Public Examinations, Kerala, India

EXPERIENCES

- **MEDICAL OFFICER** | August 2021 – July 2024
Family Health Centre, Govt of Kerala, Pallikal, Kerala, India
 - Examine, diagnose, and treat patients for various medical conditions and illnesses, developing appropriate treatment plans.
 - Provide immediate and effective care in emergency situations, including critical care and life-saving interventions.
 - Oversee and manage patient care processes, including hospital admissions, discharges, and referrals to specialists.
 - Maintain accurate and detailed medical records for each patient, documenting diagnoses, treatments, and progress.
 - Educate patients and their families about medical conditions, treatment options, and preventive health measures.
 - Participate in quality assurance and improvement initiatives to enhance healthcare services and patient outcomes.
- **GENERAL PRACTITIONER** | June 2020 - August 2021
AJ Care and Cure Clinic, Kottarakara, Kerala, India
 - Provide comprehensive primary care to patients, including diagnosing and treating a variety of acute and chronic conditions.
 - Conduct routine physical examinations, screenings, and health assessments to monitor patient health and prevent diseases.
 - Manage and coordinate long-term care for chronic illnesses, ensuring ongoing monitoring and adjustments to treatment plans.
 - Refer patients to specialists or other healthcare providers when necessary and coordinate care to ensure comprehensive treatment.
 - Provide immediate care for urgent medical issues and emergencies, stabilizing patients and determining appropriate next steps.

LANGUAGES KNOWN

- English
- Malayalam
- Hindi
- Tamil
- Chinese

COMPUTER PROFICIENCY

- MS Word
- MS Excel
- MS PowerPoint

PASSPORT DETAILS

Passport No : N6712837
Date of Issue : 10.02.2016
Date of Expiry : 09.02.2026
Place of Issue : Trivandrum, Kerala,
India

INTERESTS



Reading



Travelling



Music

➤ CASUALTY MEDICAL OFFICER

Velyath Institute of Medical Science, Karunagapally, Kerala, India

➤ CASUALTY MEDICAL OFFICER

Assisi Atonement Hospital, Perumbuzha, Kollam, Kerala, India

- Provide prompt and effective medical treatment for patients with acute injuries or illnesses, including trauma and critical conditions.
- Conduct initial assessments of patients to determine the severity of their condition, prioritize care based on urgency, and make critical decisions in emergency situations.
- Stabilize patients by performing necessary medical procedures, administering medications, and providing life-saving interventions.
- Maintain accurate and detailed medical records of patient assessments, treatments, and outcomes to ensure continuity of care and legal compliance.
- Perform emergency procedures such as intubations, sutures, and chest compressions as needed.

INTERNSHIP EXPERIENCE

➤ HOUSE INTERN / SURGEON | September 2018 - October 2019

General Hospital, CRRP Programme, Ernakulam, Kerala, India

- Completed training in cardiology, including ICU duties and stroke management, under renowned consultants.
- Assisted in various life-saving procedures, contributing to critical patient care.
- Managed patient diagnosis, treatment, and referrals, addressing injuries, deformities, and disease prevention.
- Selected and performed appropriate surgical procedures using established techniques during operations.
- Actively participated in medical camps organized by the IMA, providing care across multiple locations.
- Gained experience through a rotatory posting in the Department of Radiotherapy.

DECLARATION

I hereby declare that all the details mentioned above are in accordance with the truth and fact as per my knowledge and I hold the responsibility for the correctness of the above-mentioned particulars.

DR. SHAHIN SAINUDEEN