

DR. SHARMEEN NASIM

RESIDENTIAL ADDRESS:

**KHORFAKAN SHARJAH
UNITED ARAB
EMIRATES**



Passport: Valid up to 2027
Current Location: UAE – SHARJAH
Nationality: Pakistani



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CERTIFIED FROM MINISTRY OF HEALTH & PREVENTION UAE

CAREER OBJECTIVE:

- To obtain an opportunity that challenges my experience and expertise in order to enhance my professional development and personal growth.

PROFILE SUMMARY:

- Patient Centric Approach
- Familiar with Medical Ethics
- Knowledge updated Medical Standards
- In Depth knowledge of medical Profession
- Training of applicable Policies & Procedures
- Excellent understanding of Medical Procedures
- Ability to handle multiple tasks and set priorities
- Quick learner with an ability to adapt new skills effectively
- Skilled in communication, problem solving and team building.
- Clinically sound, incorporating good decision-making skills
- Well versed with the standards defined by an Institute/organization
- Motivated & committed self-starter who works hard and like challenges.
- True believer, competent and confident person who really believes in loyalty.
- Results-driven achiever and effective team Player with excellent Interpersonal skills

EMPLOYMENT:



**The Aga Khan
University Hospital**

**THE AGA KHAN HOSPITAL
DEPARTMENT OF CARDIOLOGY
GENERAL PRACTITIONER / MEDICAL OFFICER
{Mar 2019 to Mar 2021}**

- Discuss side-effects, best conditions for use, and possible interactions of medication
- Provide patient with tools and methods for recovery and better quality of life
- Evaluate patient through questions, examinations, symptom & medical testing
- Analysis of patient test results
- Set patient goals and discuss a treatment plan
- Establish timelines, tasks, and medical needs of the patient
- Develop treatment plans for medications or therapy to help patients reach their goal
- Prescribe medications and monitoring patient intake
- Recommend surgeons or other further treatments
- Consult with surgeons on patient procedures
- Advise and assist with cardiac surgeries when needed
- Monitor patient progress post-surgery
- Perform exercise tests, diagnostic image tests, cardiac catheterizations; may perform or recommend procedures like echocardiograms
- Document patient records & progress including symptoms, medications, and treatments
- Educate the patient, patient's family, significant others, and relevant parties of patient progress, treatment, and future goals
- Conduct research to better serve patient

CARDIOTHORACIC UNIT

- Monitor patients' conditions and progress and reevaluate treatments as necessary.
- Communicate effectively with patients, physicians, staff, and administration.
- Develop ongoing treatment and disease-management plans.
- Prescribe medicine and coordinate referrals as necessary.

PULMONOLOGY UNIT

- Meeting with patients to discuss symptoms
- Examining patients by using tools such as stethoscopes, X-rays & other diagnostic items
- Diagnosing illnesses and recommending treatment
- Following up with patients during and after treatment

VASCULAR SURGERY UNIT

- Evaluating patient histories and scheduling consultations prior to surgeries.
- Liaising with other physicians and performing the relevant tests before the surgery.
- Treating conditions related to the veins, arteries, and other blood vessels.
- Performing surgeries to repair veins and arteries and to treat other vascular trauma.



TABBA HEART INSTITUTE

DEPARTMENT OF CARDIOTHORACIC

GENERAL PRACTITIONER / MEDICAL OFFICER

{Apr 2018 Jan 2019}

- Reviewing patient history to determine treatment.
- Determining the method of surgical procedures.
- Identifying tests and the need for follow-up visits.
- Maintain accurate patient records and charts.
- Conduct early-detection screenings.
- Conducting medical management.
- Specializing in diagnoses.

HOUSE JOB {2016 TO 2017}



ABBASSI SHAHEED HOSPITAL KARACHI

MEDICINE UNIT

- Explain procedures or prescribed treatments to patients.
- Maintain confidentiality and impartiality at all times.
- Order lab tests and interpret the test results.
- Collect, record and maintain sensitive patient information such as examination results, medical history and reports.

SURGICAL UNIT

- Examine patient to obtain information on medical condition and surgical risk
- Examine patients to assess general physical condition.
- Operate on patients to treat conditions

PAEDIATRICS UNIT

- Obtain patients' histories from electronic records, patient interviews, dictated reports, or by communicating with referring clinicians.
- Conduct regular thorough examinations on newborns and young children to check and record their health and normal physical development
- Examine sick children to determine their condition and ask intuitive questions to gather information about symptoms

NEPHROLOGY UNIT

- Provide consultation to other health care providers in areas such as patient discharge, patient care, or clinical procedures.
- Develop and maintain departmental policies, procedures, objectives, or patient care standards based on evidence-based practice guidelines or expert opinion



WHY SHARMEEN

- Experienced **MEDICAL PRACTITIONER** with a demonstrated history of working in Hospital. Her Specialties in **Pneumonia, Anemia & Fever** & interest in **Coordinating Healthcare, Ordering of Screening, Medical Tests & Epilepsy** Strong professional **BACHELOR'S OF MEDICINE & BACHELORS OF SURGERY (MBBS)** from **UNIVERSITY OF KARACHI**
- Performance-driven & motivated **MEDICAL PROFESSIONAL** with strong knowledge of **Administration** and common **Human Resources** operations. In-depth understanding of **Patients service**, highly skilled in reviewing **Policies** and suggesting actionable improvements aligned with industry best practices
- Performance-oriented **MEDICAL PROFESSIONAL** with strong attention to detail, ensures all procedures are completed with accuracy and within stringent deadlines to make sure smooth operations are maintained across the organization

JCIA - JOINT COMMISSION INTERNATIONAL ACCREDITATION

- Working with **J.C.I.A** Certified Hospital - **THE AGA KHAN HOSPITAL** during {Mar 2019 to Mar 2021} as medical officer



RECOMMENDATION LETTER

Recommendation letter received from Dr. Saleem Ullah – M.R.C.P

HEAD OF MEDICINE DEPARTMENT - ABBASI SHAHEED HOSPITAL KARACHI

CAREER PLANNING

- Position in the any Reputed Hospital as a **General Practitioner** where my abilities and skills will be utilized to benefit my employer and their patients

MEDICAL REGISTRATIONS



- Registered Medical Practitioner fully certified with **Pakistan Medical Commission** as General Practitioner Registration number is 71952 - S



- Registered Medical Practitioner fully certified with **Ministry of Health & Prevention UAE** as General Practitioner Registration number is 191690

CLINICAL SKILLS:

- | | |
|--|---|
| ✚ BLS certified /Airway management | ✚ Follow up and management of post-operative patients |
| ✚ Insertion of CVP Lines and Double lumen catheter | ✚ Reading CT scan and MRI |
| ✚ Manage and insert arterial lines and central lines if requested. | ✚ Management of inpatients, outpatients as well as emergency patients |
| ✚ Dressing / ECG /Wound closure | ✚ Administration of intravenous drugs |
| ✚ Counseling and taking consent of surgical cases | ✚ Venipuncture, pleural tap, peritoneal tap, nasogastric intubation, urethral catheterization, blood sampling |
| ✚ Pre- and post-operative management. | ✚ Phlebotomy and arterial blood gas sampling |

PROFESSIONAL SKILLS

- | | |
|--|---|
| ➤ Integrity and strong professional code of ethics | ➤ Ability to make decisions in high-pressure situations |
| ➤ Familiarity with a Hospital environment | ➤ Excellent Written and Oral Communication Skills |
| ➤ Maintenance Administering Medication | ➤ Creating a Safe, Effective Environment |
| ➤ Excellent patient management skills | ➤ Multitasking, Industry Knowledge |
| ➤ Effective Environment | ➤ Ensure Legal Compliance |
| ➤ Medical teamwork | ➤ Calm Under Pressure |
| ➤ Health Promotion | ➤ Pain Management |

PERSONAL SKILLS

GOOD PRESENTER:

Delivered So Many Presentations in Front of audience.

LEADERSHIP QUALITIES:

I have good leadership qualities. Lead many term projects in Hospitals.

GOOD COMMUNICATOR:

Fluent in English and Urdu and Good Interpersonal Communication.

FLEXIBILITY IN NATURE:

I have an ability to adjust in different environments

EDUCATIONAL TIMELINE



- **BACHELOR'S OF MEDICINE & BACHELORS OF SURGERY (MBBS)**
- **UNIVERSITY OF KARACHI**
{2016}



- **HEALTH AUTHORITY - UAE**
- **MINISTRY OF HEALTH & PREVENTION UAE**
{2021}

TEACHING

- During House Job program I was very much involved in presentations & group discussions
- Taught Medical Students in small groups during my House job
- Trained the groups about Bed Side presentations, patient - Doctor Communication skills & clinical Examinations

AUDIT

- Participating in research, clinical audits and review programs for the Departments

IT SKILLS

- Operating System /General use for installing the system software & little bit more
- Windows - Knows moderate use of windows OS with its applications.
- Internet Utilization Search engine submission,
- MS Office (word, Excel, Power Point Presentation)
- Post lecture Assessment software
- Endnote - Reference manager
- Turnitin - Plagiarism detection software
- Spread Sheet, Word, Excel, Front Page of Microsoft as well as Open Source.

REFERENCES

- Reference to be furnished upon request.

