



# ELIZABETH VARGHESE

RN STAFF NURSE-N I C U ( NEONATAL)

## CONTACT

- +971568721253
- mithyavarghese@gmail.com
- Sharjah, UAE

## EDUCATION

2011 - 2017

RAJIV GANDHI UNIVERSITY  
OF HEALTH SCIENCE  
BANGLORE, KARNATAKA

2009 - 2011

NSS HIGHER SECONDARY  
SCHOOL KARUKACHAL,  
KOTTAYAM, KERALA

## SKILLS

- Adaptability
- Problem solving
- Leadership
- Conflict Resolution
- Good communication skills
- Good care giver

## LANGUAGES

- English
- Malayalam
- Kannada

## REGISTRATION

MOH ELGIBILITY

REFERENCE NO : 12136

KERALA NURSES&MIDWIVES  
COUNCIL

REGISTER NO : KL04202001784

## VISA DETAIL

VISA : RESIDENCE  
EXPIRY DATE : 28/02/2025

## PROFILE

Skilled RN nursing professional with more than 7 years of experience and passion for providing the highest quality of behavioral and medical care. Compassionate and empathetic advocate for patients and families. Skillfully assesses health status, develops diagnoses and manages care for patients with acute and chronic concerns. Experienced in structured and unstructured environments, smoothly coordinating multiple activities and competing priorities.

## WORK EXPERIENCE

- VIMS Care&Cure Hospital** 02-2023 TO 04-2024  
REGISTERED STAFF NURSE - Medical Ward
  - Admission and Discharge Procedure
  - Administration of Medicines and Injunctions
  - Critical Thinking
  - Monitoring Patients Vitals
- Dubai Health Authority, Dubai** 02-2021 To 12-2022  
Staff Nurse - Pandemic care Unit
  - Admission and Discharge Procedure
  - Administration of Medicines and Injunctions
  - Oxygen and Therapy
  - IV Cannulation
  - Blood Transfusion
- TARA HOSPITAL, Mangalore** 09-2017 To 02-2020  
REGISTERED STAFF NURSE -NICU
  - Admission and Discharge Procedure
  - Administration of Medicines and Injunctions
  - Oxygen and Therapy
  - IV Cannulation
  - Blood Transfusion
  - RT Insertion and Feeding
- TARA HOSPITAL, Mangalore** 11-2015 To 08-2017  
Staff Nurse - Trainee

## TYPES OF PATIENTS HANDLING

---

- Premature Cases
- Fever
- Hypoglycemia
- Neonatal Jaundice
- Intra Uterine Growth
- Restriction (IUGR)

## TYPES OF EQUIPMENT HANDLED

---

- Ventilator
- CPAP
- SuctionApparatus
- Oxygen Flow Meters
- Nebulizers. Glucometer.
- Laryngoscopewith Different Size of Blades
- Syringe Pump
- Infusion Pump
- Neonatal Warmer
- Pulse Oxymeter
- Cardiac Monitor
- Radiant Warmer
- Incubator
- Ambu Bag Crash Kit

## DUTYS AND RES PONS IBILITIES

---

- Provides direct care and related duties in critical care and maintains current knowledge of critical care nursing practice and standards.
- Plans, implements and evaluates nursing care given to assigned neonate an effective and organized manner. Responsible to keep the infant receiving articles like warmer, suction, oxygen & AMBU bag, ET tubes etc. ready. Responsible for receiving the infant from the labor room/ operating room
- Demonstrates complete skill in performing immediate new born care procedures like clamping the cord, checking cord pulsation, insertion of nasogastric / or gastric tube, gastric lavage, aspiration, administration of Inj. Vitamin K, and check for anal patency
- Demonstrates adequate knowledge and skill in assessing and caring for new born with congenital abnormalities Responsible for initial assessment and stabilization of the new born in the neonatal intensive care unit ,placing the infant on continuous hemodynamic monitoring, maintaining thermoregulation, performing capillary glucose monitoring etc. Demonstrates deep knowledge in the care of infant under phototherapy.