Forename : **GOPIKA**

Surname : **GOPAKUMAR SINDHU**

Address : Gokulam, Nilama, Ookkodu P.O, Trivandrum Dist., Kerala, Pin: 695020

Contact number : +91 8848687208

Email id : gopikag342@gmail.com

##  Educational Qualifications

### Graduation in Nursing

Title of Qualification : **B.SC NURSING**

Institution : **KIMS COLLEGE OF NURSING**

University : **KERALA UNIVERSITY OF HEALTH SCIENCE**

Date of Passing Exam : 05/10/2021

### Higher Secondary Education

Title of Qualification : **KERALA BOARD OF HIGHER SECONDARY EXAMINATION**

Institution : **GOVT. MODEL HSS, PUNNAMOODU, TRIVANDRUM**

Date of Passing : 10/05/2016

### Secondary Education

Name of Board : **GOVT. OF KERALA GENERAL EDUCATION DEPARTMENT**

University : **GOVT. GIRLS HIGHER SECONDARY SCHOOL, COTTONHILL**

Date of Passing : 16/04/2014

##  Professional Registration (Nursing All)

Nursing Council Registration : **Kerala Nurses and Midwives**

Council Registration Number : **KL03202101240**

Date of Registration : 13/09/2021

##  IELTS/ OET Status

IELTS / OET Test Date : 30/09/2023

Overall : B

Listening : B

Reading : B

Writing : B

Speaking : B

 **Employment/Work Experience**

# Employer

Name of Hospital : **KIMS HEALTH, TRIVANDRUM**

Dates of employment : 01/10/2021 to 02/03/2022 - Internship Trainee in

KIMS HEALTH TRIVANDRUM

03/03/2022 to 06/01/2023 as Staff Nurse in KIMS HEALTH TRIVANDRUM

City/State : TRIVANDRUM, KERALA

Bed Capacity : 600 +

Job Title/Designation : STAFF NURSE Department : ONCOLOGY Nurse Patient Ratio : 1:4

# Employer

Name of Hospital : **SN HOSPITAL, PATHANAMTHITTA**

Dates of employment : 15/01/2023 and still continuing as Staff Nurse in SN

HOSPITAL,PATHANAMTHITTA

City/State : PATHANAMTHITTA, KERALA

Bed Capacity : 150+

Job Title/Designation : STAFF NURSE Department : MEDICAL ICU Nurse Patient Ratio : 1:2

##  Duties and Responsibilities

* Receive incoming patients and categorize based on level of severity or illness
* Monitor patient closely and report undue development to the physician as needed.
* Immediately stabilize incoming patients.
* Management of various medical emergencies including oncological emergencies.
* Safe preparation and dilution of chemotherapeutic drugs as per hospital protocol.
* Safe administration of chemotherapeutic drugs and other medications as per physician order.
* Perform cardiopulmonary resuscitation.
* Create and maintain incoming patient record.
* Perform IV cannulation, insertion of urinary catheter, wound dressing, collection of blood and other samples.
* Assist physician in procedures like central line insertion, lumbar puncture, pleural tapping, ascetic tapping, and tracheostomy.
* Assess patient pain level and sedation requirement.
* Administer blood transfusion, lipids, IV medications, nutritional therapy and fluids to patients.
* Provide education regarding side-effects and management of chemotherapy and radiation therapy to cancer patients.
* Provide end of life care and virtual hospice service for dying patients and their families.
* Ensure the provision of high standard quality care to all patients
* Provide emotional and psychological support to patients and family members

##  Conditions Handled

* **Oncological Conditions**
* CA Lung
* CA Breast
* CA colon
* CA rectum
* Esophageal cancer
* Prostate cancer
* Leukemia
* CA pancreatitis
* Renal cancer
* Ca stomach
* Hepatic cell carcinoma
* Oral cancer

## Other Conditions

* Multi organ dysfunction
* Asthma
* Congestive heart failure
* COPD
* Pneumonia
* Cardiogenic shock
* Cellulitis
* Urinary tract infection
* Chronic liver disease
* Pancreatitis
* Irritable bowel syndrome
* Peptic ulcer
* Deep vein thrombosis
* Meningitis
* Cerebrovascular accident
* Myocardial infraction
* Pulmonary edema
* Septic shock
* Renal failure
* Renal calculi
* Burns
* Aneurysm
* Parkinson disease
* Hypertension
* Diabetes Mellitus

## Infection Cases

* H1N1
* HIV
* HCV
* Hepatitis B
* Covid19
* Chicken pox
* MRSA
* Mycobacterium
* Tuberculosis

##  Equipment’s used

* Ventilator
* Infusion Pump
* Syringe pump
* Hemodialysis machine
* Cardiac monitor
* Defibrillator
* ABG machine
* Cardiac output monitor
* DVT machines
* ECG machines
* Ultrasound machines

##  Personal Profile

Name : **GOPIKA GOPAKUMAR SINDHU**

Date of birth : **23/08/1998**

Gender : **FEMALE**

Marital status : **Married**

Nationality : **INDIAN**

Languages known : **ENGLISH, HINDI AND MALAYALAM**

Personal Interests : **READING**

Passport no : **W5931625**

Date of issue : **19/10/2022**

Place of issue : **TRIVANDRUM**

Date of expiry : **18/10/2032**

##  References

Name : **DR. PROF. SUSAN JOSE**

Organization : **KIMS COLLEGE OF NURSING, TRIVANDRUM**

Job Title : PRINCIPAL

E mail address : nursingcollege@kimskerala.com

Phone : 0471 308 1020

Name : **Mr. AJEESH S A**

Organization : KIMS HEALTH, TRIVANDRUM

Job Title : SENIOR NURSE MANAGER

E mail address : ajeesh.sa@kimsglobal.com

Phone : 0471 294 8854

Name : **Mrs. SUJATHA SANTHOSH**

Organization : **SN HOSPITAL, PATHANAMTHITTA**

Job Title : NURSING SUPERINTENDENT

E mail address : ns@snhospital.in

Name : **Mrs. HEMALATHA ANIL**

Organization : **SN HOSPITAL, PATHANAMTHITTA**

Job Title : WARD INCHARGE

E mail address : hr@snhospital.in

## Declaration

I hereby declare that this Curriculum Vitae is true and correct.

Date : 16/10/2023 **GOPIKA GOPAKUMAR SINDHU**

Location : TRIVANDRUM