

Curriculum vitae

Forename : **GOPIKA**
Surname : **GOPAKUMAR SINDHU**
Address : Gokulam, Nilama, Ookkodu P.O,
Trivandrum Dist., Kerala, Pin: 695020
Contact number : +91 8848687208
Email id : gopikag342@gmail.com



Educational Qualifications

Graduation in Nursing

Title of Qualification : **B.SC NURSING**
Institution : **KIMS COLLEGE OF NURSING**
University : **KERALA UNIVERSITY OF HEALTH SCIENCE**
Date of Passing Exam : **05/10/2021**

Higher Secondary Education

Title of Qualification : **KERALA BOARD OF HIGHER SECONDARY EXAMINATION**
Institution : **GOVT. MODEL HSS, PUNNAMOODU, TRIVANDRUM**
Date of Passing : **10/05/2016**

Secondary Education

Name of Board : **GOVT. OF KERALA GENERAL EDUCATION DEPARTMENT**
University : **GOVT. GIRLS HIGHER SECONDARY SCHOOL, COTTONHILL**
Date of Passing : **16/04/2014**

Professional Registration (Nursing All)

Nursing Council Registration : **Kerala Nurses and Midwives**
Council Registration Number : **KL03202101240**
Date of Registration : **13/09/2021**

IELTS/ OET Status

IELTS/ OET Test Date : **30/09/2023**
Overall : **B**
Listening : **B**
Reading : **B**
Writing : **B**
Speaking : **B**

Employment/Work Experience

1. Employer

Name of Hospital : **KIMS HEALTH, TRIVANDRUM**
Dates of employment : **01/10/2021 to 02/03/2022 - Internship Trainee in
KIMS HEALTH TRIVANDRUM
03/03/2022 to 06/01/2023 as Staff Nurse in KIMS HEALTH
TRIVANDRUM**
City/State : **TRIVANDRUM, KERALA**
Bed Capacity : **600 +**
Job Title/Designation : **STAFF NURSE**
Department : **ONCOLOGY**
Nurse Patient Ratio : **1:4**

2. Employer

Name of Hospital	:	SN HOSPITAL, PATHANAMTHITTA
Dates of employment	:	15/01/2023 and still continuing as Staff Nurse in SN HOSPITAL,PATHANAMTHITTA
City/State	:	PATHANAMTHITTA, KERALA
Bed Capacity	:	150+
Job Title/Designation	:	STAFF NURSE
Department	:	MEDICAL ICU
Nurse Patient Ratio	:	1:2

Duties and Responsibilities

- Receive incoming patients and categorize based on level of severity or illness
- Monitor patient closely and report undue development to the physician as needed.
- Immediately stabilize incoming patients.
- Management of various medical emergencies including oncological emergencies.
- Safe preparation and dilution of chemotherapeutic drugs as per hospital protocol.
- Safe administration of chemotherapeutic drugs and other medications as per physician order.
- Perform cardiopulmonary resuscitation.
- Create and maintain incoming patient record.
- Perform IV cannulation, insertion of urinary catheter, wound dressing, collection of blood and other samples.
- Assist physician in procedures like central line insertion, lumbar puncture, pleural tapping, ascetic tapping, and tracheostomy.
- Assess patient pain level and sedation requirement.
- Administer blood transfusion, lipids, IV medications, nutritional therapy and fluids to patients.
- Provide education regarding side-effects and management of chemotherapy and radiation therapy to cancer patients.
- Provide end of life care and virtual hospice service for dying patients and their families.
- Ensure the provision of high standard quality care to all patients
- Provide emotional and psychological support to patients and family members

Conditions Handled

➤ Oncological Conditions

- CA Lung
- CA Breast
- CA colon
- CA rectum
- Esophageal cancer
- Prostate cancer
- Leukemia
- CA pancreatitis
- Renal cancer
- Ca stomach
- Hepatic cell carcinoma
- Oral cancer

➤ **Other Conditions**

- Multi organ dysfunction
- Asthma
- Congestive heart failure
- COPD
- Pneumonia
- Cardiogenic shock
- Cellulitis
- Urinary tract infection
- Chronic liver disease
- Pancreatitis
- Irritable bowel syndrome
- Peptic ulcer
- Deep vein thrombosis
- Meningitis
- Cerebrovascular accident
- Myocardial infraction
- Pulmonary edema
- Septic shock
- Renal failure
- Renal calculi
- Burns
- Aneurysm
- Parkinson disease
- Hypertension
- Diabetes Mellitus

➤ **Infection Cases**

- H1N1
- HIV
- HCV
- Hepatitis B
- Covid19
- Chicken pox
- MRSA
- Mycobacterium
- Tuberculosis

Equipment's used

- Ventilator
- Infusion Pump
- Syringe pump
- Hemodialysis machine
- Cardiac monitor
- Defibrillator
- ABG machine
- Cardiac output monitor
- DVT machines
- ECG machines
- Ultrasound machines

Curriculum Vitae

Personal Profile

Name : **GOPIKA GOPAKUMAR SINDHU**
Date of birth : **23/08/1998**
Gender : **FEMALE**
Marital status : **Married**
Nationality : **INDIAN**
Languages known : **ENGLISH, HINDI AND MALAYALAM**
Personal Interests : **READING**
Passport no : **W5931625**
Date of issue : **19/10/2022**
Place of issue : **TRIVANDRUM**
Date of expiry : **18/10/2032**

References

Name : **DR. PROF. SUSAN JOSE**
Organization : **KIMS COLLEGE OF NURSING, TRIVANDRUM**
Job Title : **PRINCIPAL**
E mail address : **nursingcollege@kimskerala.com**
Phone : **0471 308 1020**

Name : **Mr. AJEESH S A**
Organization : **KIMS HEALTH, TRIVANDRUM**
Job Title : **SENIOR NURSE MANAGER**
E mail address : **ajeesh.sa@kimsglobal.com**
Phone : **0471 294 8854**

Name : **Mrs. SUJATHA SANTHOSH**
Organization : **SN HOSPITAL, PATHANAMTHITTA**
Job Title : **NURSING SUPERINTENDENT**
E mail address : **ns@snhospital.in**

Name : **Mrs. HEMALATHA ANIL**
Organization : **SN HOSPITAL, PATHANAMTHITTA**
Job Title : **WARD INCHARGE**
E mail address : **hr@snhospital.in**

Declaration

I hereby declare that this Curriculum Vitae is true and correct.

Date : 16/10/2023
Location : TRIVANDRUM

GOPIKA GOPAKUMAR SINDHU