

HARSHA KAITHADIYIL SATHYAN

Physiotherapist

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PROFILE

DHA licensed Physiotherapist (DHA 00204437)

Highly passionate and committed Physiotherapist with good knowledge and experience in the field of rehabilitation.

EMPLOYMENT HISTORY

- **Senior Physiotherapist at Primacare Specialty Clinic, Dubai, UAE from October 2018 to October 2020.**

- ❖ Assessed and treated the patients with orthopedic and neurological disorders, pre- and post-surgical cases, pediatrics cases, sports injuries, musculoskeletal disorders, geriatric cases, cardio respiratory disorders and noticed wide range of good and positive results.
- ❖ Outcome measures by using scales, such as FIM, Fugl Meyer, ASIA Impairment Scale, Barthel Index, Carts Index, BBS, MAS scale, MMTetc.
- ❖ Plan of care settings include short term and long-term goals.
- ❖ Scheduled the patients in clinic management software, noted the patient's entering and closing time in clinic software.
- ❖ Provided safe and effective treatment to the patients.
- ❖ Reassessed the patients in intervals and planned modifications as required.
- ❖ Referred the patients into another department when necessary.

- **Physiotherapist at St. Martin De Porres Hospital, Kerala, India (250 bedded Multi- Specialty Hospital) from August 2015 to July 2018.**

During the period, expertise in evaluation, assessment, Planning and implementation of treatment strategy for patients under supervision in,

- ❖ Orthopedics pre-operative & post-operative.
- ❖ Cardiothoracic including ICU and post-operative.
- ❖ Oncology (medical, radiation & surgical)
- ❖ Neurology and neurosurgery
- ❖ Pulmonology
- ❖ Pediatrics
- ❖ General medicine
- ❖ Sports medicine
- ❖ Community rehabilitation

EDUCATION

- SSLC (10th) - Kerala - 2008
- Plus Two - Kerala -2010
- BPT (Bachelor of Physiotherapy) - Kerala University of Health Science – 2014

WORKSHOPS AND SEMINARS

- ❖ Workshop on “**Evaluation and Management of Fascial Dysfunctions**”.
- ❖ Workshop on “**Intensive Care Physiotherapy and Cardio Pulmonary Rehabilitation**”.
- ❖ Workshop on “**Manual Therapy for Neuro Musculo Skeletal Conditions**”.

SKILLS

- Management skills
- Computer skills
- Analytical Skills

LANGUAGES KNOWN

English, Hindi, Tamil and Malayalam

PERSONAL DETAILS

Residential Address: Karippal P O, PIN 670581, Kannur, Kerala, India

Date of Birth: 23-04-1992

Marital status: Married

REFERENCES

Siju Vannathan Valappil, Physiotherapist, Burjeel medical city, +971 554 355424