

Hari Kanth

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Profile

Well-respected internal medicine specialist with international experience. Committed to excellent patient care for 20 years; building patient rapport and treating holistically. Areas of interest include management of chronic conditions like Diabetes and Hypertension, and infectious diseases. Actively involved in learning the latest evidence-based treatments for managing long-term conditions. This is an area I am also eager to contribute towards by taking part in pilot studies and audits.

Licensure

<u>Dubai Health Authority</u>	Specialist Physician (Internal medicine)
<u>General Medical Council UK</u>	Fully Registered
<u>Ministry Of Health and Prevention, UAE</u>	Evaluation Letter (a license to Practice)

Qualifications

M.B.B.S	Dow Medical College, Karachi, Pakistan	1994
F.C.P.S	Fellow of College of Physicians and Surgeons Pakistan (General Medicine)	2003
PLAB		2005

Medical employment

Specialist Physician Internal Medicine	Apollo Clinic, Karama	Dubai, UAE	22 December 2022 Till date
Specialist Physician Internal Medicine	Badr Al Samaa, Medical centre	Dubai, UAE	10 March 2022 30 November 2022
Hospitalist	Oncology Unit Mediclinc Hospital	Dubai, UAE	22 August 2021 16 February 2022
Specialist Physician Internal Medicine	Aster Jubilee Medical Centre	Dubai, UAE	19 August 2008 19 August 2021

Specialist Internal Medicine	Dr Hassan Ghazzawi Hospital	Jeddah, KSA	22 April 2007 20 March 2008
Specialist General Medicine	Baqai Medical University	Karachi, Pakistan	4 February 2006 15 March 2007
Specialist General Medicine	Jinnah Medical College Hospital	Karachi, Pakistan	22 December 2003 31 January 2006
Specialty Training Registrar of General Medicine	Unit 1, Civil Hospital	Karachi, Pakistan	2 July 1999 1 July 2002
Medical Officer - Accident and Emergency	Al-Shifa Medical and Diagnostic Centre	Karachi, Pakistan	June 1995 March 1999
House Officer - General Surgery	Unit 1, Civil Hospital	Karachi, Pakistan	December 1994 June 1995
General Medicine	Unit -II, Civil Hospital	Karachi, Pakistan	June 1994 December 1994

Clinical attachments

Respiratory Medicine	East Surrey and Crawley Hospital	Surrey, United Kingdom	1 February 2005 11 March 2005
Adult & Elderly Medicine	King George Hospital,	Essex, United Kingdom	15 August 2005 11 September 2005

Professional experience

- Building rapport and consulting with patients to understand their health concerns and symptoms.
- Analyzing findings from consultation, examination, lab reports and scans (when necessary) to effectively diagnose patients.
- In addition to treating acute illness and chronic diseases, I also prescribe medication, administer therapy and offer advice for prevention of illnesses.
- Practice patient centered medicine. Work in collaboration with patients and colleagues (if needed) to find beneficial and at times even innovative treatments that best suit patients' lifestyle and health goals. Helping them overcome their barriers to health.
- Using quadrilingual skills to better communicate with patients and help especially elderly patients be more comfortable explaining their concerns and understanding the treatment.
- Perform regular health checkups and monitor patients' progress to re-evaluating treatments, as necessary.

- Promote excellent Teamwork culture. Collaborate with all members involved and use active listening skills to take on suggestions in order to maximize patient satisfaction.
- Equipped to work effectively in a tertiary care hospital environment. Worked in the Medical ICU and rotated in various specialities of Medicine, including: Cardiology, Radiology, Pathology, Nephrology, Psychiatry, Dermatology and Neurology.
- As a specialist registrar, lead junior doctors to optimize productivity on busy wards. Mentored them on examinations, ordering tests, differential diagnosing work up, and treatment decisions. Empowering them, while also over-seeing and checking to ensure patient safety.
- Took up the Initiative to organize group discussions and tutorials to help junior doctors and colleagues with their specialty exams, after I had cleared my own. Exhibiting this emergent leadership, not only helped me discover my own love for teaching but more importantly also made for a more supportive work atmosphere.
- Effectively communicating with empathy in difficult situations i.e. breaking bad news, patient expectation issues, etc.

Courses, Meetings and Conferences

11 th Emirates Diabetes and Endocrine <i>Virtual Congress (EDEC)</i>	Dubai, UAE	4-6 March 2021
10 th EDEC	Dubai, UAE	27- 29 February 2020
European Association for the Study of Diabetes (EASD) - 55 th Annual Meeting	Barcelona, Spain	17-20 September 2019
9 th EDEC	Dubai, UAE	7-9 March 2019
41 st Annual Intensive Review Of Internal Medicine	Harvard Medical School, Boston, USA	22-29 July 2019
8 th EDEC	Dubai, UAE	1-3 March 2018
Arab Health Emergency Medicine Conference	Dubai, UAE	29-30 January 2018
International Diabetes Federation (IDF) 2017 congress	Abu Dhabi, United Arab Emirates	4-8 December 2017
8 th Emirates Cardiac Society Conference	Dubai, UAE	19-21 October 2017
EASD - 53 rd Annual Meeting	Lisbon, Portugal	11-15 September 2017
EASD - 52 nd Annual Meeting	Munich, Germany	13-16 September 2016

The 4 th Clinical Congress of the Gulf Chapter of the American Association of Clinical Endocrinologists	Dubai, UAE	3-5 November 2016
The International Liver Congress 2015	Vienna, Austria	22-26 April 2015
The International Liver Congress 2014	London, UK	9-3 April 2014

Publications/Research work

PILOT STUDY

To assess the Fasting plasma glucose level in high-risk non- diabetic young individuals and its relationship with Body mass index, Waist circumference and Blood pressure level.

AUDIT

I have been involved in 1 audit, where I devised, created and implemented the work. *The key idea was to assess the side effects of inhaled steroids in known bronchial asthmatics.*

Continued professional development.

WORKSHOPS

Advanced Cardiovascular Life Support	American Heart Association	April 2021
Basic Life Support	American Heart Association	April 2024

WORK EXPERIENCE AND CLINICAL TRAINING/SKILLS

Registrar

Dr Hassan Ghazzawi Hospital is the 20-bedded hospital, well equipped clinical laboratory and Radiology department. My responsibilities were doing ward rounds, running out patients' clinics in the following departments: Paediatrics, Medicine, General Surgery, Obstetrics and Gynaecology outpatient clinics and ICU.

Jinnah Medical College Hospital is a 200 bedded teaching hospital, well equipped clinical laboratory and Radiology department. It is affiliated with Karachi University. As a Registrar, my responsibilities were doing ward rounds, running out patients' clinics, organizing clinical meetings and conducting case presentations. I also taught medical students and house officers clinical and professional practice, in particular focusing on history taking, communication skills and clinical examinations. *Registrar/Trainee Registrar:*

Civil hospital is a largest teaching hospital of Pakistan affiliated with Dow Medical University with all major specialities represented. This is a 1600-bedded hospital serving as a major referral center for various district hospitals. I worked there as a full-time Senior House Officer in an active postgraduate training programme with 1:6 on call commitments in General Medicine. I was rotated in various specialities of Medicine which included one month each in Cardiology, Radiology, Pathology, Nephrology, Psychiatry, Dermatology, Neurology and

two months in Medical ICU. This has given me good clinical skills to work effectively in tertiary care setting.

- Throughout the course of my training, I have had ample opportunities to manage a vast range of acute and chronic medical cases & achieve competency in history taking; physical examination; presentation of cases; good prescribing practice; phlebotomy and interpretation of blood results, ECGs, x-rays, investigations, differential diagnosing work up, and treatment decisions. I have also performed various therapeutic and diagnostic procedures including Lumbar punctures, Thoracocentesis, Paracentesis etc.
- The experience has not been limited to clinical skills, but also extends to personal & professional competency i.e. breaking bad news, working with multidisciplinary team, patient expectation issues and behavioural issues i.e. anger management.
- During this period, I attained proficiency in the field of Medicine while working under Fellows of Royal College of Physicians UK and Fellows of College of Physicians and Surgeons Pakistan, in a very healthy teaching environment.
- As a Resident of Medicine my additional responsibilities included organizing various academic activities for junior residents and intern in collaboration with senior faculty members and to design yearly programme for inward teaching of medical students.

Interests

cricket, badminton, swimming, history, politics, current events and music.

References

Available on request.