



Ibad Patel

ORTHOPEDIC
SURGEON

Contact

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Mumbai , Maharashtra
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<https://bold.pro/my/ibad-patel/232r>

Skills

- HOSPITAL & HEALTH CARE ADMINISTRATION
- TRANSFORMATION & INNOVATION MANAGEMENT
- HEATH COMMUNICATION
- EMERGENCY MANAGEMENT
- MEDICINE ADMINISTRATION
- CREW RESOURCE MANAGEMENT

- FIVE YEARS OF STEADFAST EXPERIENCE AS A SURGEON WITH EXTENSIVE INVOLVEMENT WITH CONSERVATIVE AND SURGICAL MANAGEMENT OF PATIENTS.
- COMPLETED RESIDENCY WITH D Y PATIL SCHOOL OF MEDICINE AND RESEARCH CENTRE, NAVI MUMBAI IN 2019 UNDER THE GUIDANCE OF **DR. SACHIN KALE (PROFESSOR IN DEPARTMENT OF ORTHOPAEDIC).**
- TRAINED IN TAKING AN ADEQUATE HISTORY OF PATIENTS, COMPLETING AN INTENSIVE PHYSICAL ASSESSMENT AND COORDINATING EXPLICIT MEDICAL EXAMINATION, OFFERING A DIFFERENTIAL CONCLUSION, TALKING ABOUT DIFFERENT METHODS OF TREATMENT AND SPEAKING WITH THE PATIENTS AND THEIR RELATIVES.
- BENEVOLENT MEDICAL EXPERT WITH COLOSSAL AFFECTABILITY, JUDGMENT AND TOLERANCE TO TUNE IN TO PATIENTS' ISSUES WITH SOLID CONFIDENCE IN MEDICAL ETHICS AND PRACTICING IT AS A DIVINE JOB.
- TRAINED TO PERFORM MINOR AND MAJOR ORTHOPAEDIC SURGICAL PROCEDURES AND ADMINISTRATION OF ORTHOPAEDIC EMERGENCIES.
- TAKING ACTIVE PART IN PAPER PRESENTATIONS, ORGANISING SYMPOSIUMS, JOURNAL CLUB MEETINGS AND CME PROGRAMS AS PART OF POSTGRADUATE TRAINING.
- RECOGNISED CAPACITY TO WORK IN HARMONY WITH MEDICAL STAFF, ADMINISTRATION, PATIENTS AND THEIR FAMILY MEMBERS TO ENSURE SERVICE CONSISTENCY CORRESPONDING TO HOSPITAL STANDARDS & PROCEDURES.
- DEXTERITY IN ASSESSING CHANGING HOSPITAL ENVIRONMENT; PROFICIENT ENOUGH TO ESTABLISH NEW MILESTONES BY IMPLEMENTING MEASURES TO ENSURE ENHANCED MEDICAL SERVICES. PROVEN EXPERTISE IN THERAPEUTIC AND SURGICAL PROCEDURES; TO LEAD, ENCOURAGE AND PROVIDE EFFECTIVE SUPERVISION TO MEDICAL STAFF ON DUTY.
- EXPERTISE IN PERFORMING OPERATIONS USING WIDE-VARIETY OF SURGICAL INSTRUMENTS AND USING ESTABLISHED MODERN PRACTICES SUITABLE FOR EXPLICIT PROCEDURES.

Work History

2020-02 - Current	Managing Director and Orthopaedic Consultant <i>A.P.Diagnostic and Health Care Centre</i>
2021-01 - Current	Orthopaedic Consultant <i>Ashish Hospital</i>

- PATIENT CARE & FOLLOW UPS
- REHABILITATION
- HOSPITAL ADMINISTRATION
- PATIENT/FAMILY COUNSELLING
- RESOURCEFULNESS/FLEXIBILITY
- PRECISE REPORT DOCUMENTATION
- PUBLIC HEALTH MANAGEMENT
- MENTORSHIP AND SOCIAL PSYCHOLOGICAL GUIDANCE
- VERSATILE MANAGEMENT
- ORTHOPAEDIC SURGERIES
- VERSATILE LEADERSHIP
- DIAGNOSING AND ADMINISTRATION OF ORTHOPAEDICS PROBLEMS
- TRAUMA CARE
- TRIAGE
- DIAGNOSING AND ADMINISTRATION OF ORTHOPAEDICS PROBLEMS.
- TRAUMA CARE
- TRIAGE

2022-01 -
Current

Orthopaedic Consultant

Hyadari Hospital

Visiting Orthopaedic Consultant

Meditech Hospital

2021-01 -
Current

Visiting Orthopaedic Consultant

Asha Hospital

2021-01 -
2022-01

Senior Registrar

Bharatratna Dr. Babasaheb Ambedkar Hospital

2020-10 -
2020-12

Junior Orthopaedic Consultant

A-Care Orthopaedic Hospital

2019-01 -
2020-01

Medical Officer

Civil Hospital

Education

2010-01 -
2015-05

MBBS

D Y Patil School of Medicine & Research Centre, D Y Patil University - Navi Mumbai, Maharashtra

2016-01 -
2019-05

MS (ORTHO): Orthopaedics

D Y Patil School of Medicine & Research Centre, D Y Patil University - Navi Mumbai, Maharashtra

• Thesis Paper:

TREATMENT OF UNSTABLE TROCHANTERIC FRACTURE FEMUR: A COMPARISON OF THE FUNCTIONAL OUTCOME WITH CONVENTIONAL PROXIMAL FEMORAL NAIL FIXATION VERSUS A2 PROXIMAL FEMORAL NAIL FIXATION.

• Publications: -

1) COMPARING TREATMENT OUTCOMES OF INTRA-ARTICULAR FRACTURES OF CALCANEUM WITH STEINMANN PIN (K WIRE) AND PLATING.

2) CLINICAL OUTCOMES IN METAPHYSEAL LOCKING PLATE FIXATION OF DISTAL FEMUR AND PROXIMAL TIBIA FRACTURES.

· ASSISTED SENIOR CONSULTANTS AND PERFORMED SURGERIES OF OPEN REDUCTION AND INTERNAL FIXATION WITH PLATING, NAILING AND K-WIRING FOR VARIOUS LONG AND FLAT BONE FRACTURES. TENSION BAND WRING (TBW) CLOSED REDUCTION FIXATION WITH NAILING.

· ASSISTED MULTIPLE ARTHROSCOPY SURGERIES FOR BOTH KNEE AND SHOULDER.

· PERFORMED MULTIPLE BIPOLAR SURGERIES UNDER THE GUIDANCE OF CONSULTANTS AND AS A PRIMARY SURGEON.

· PERFORMED MULTIPLE TOTAL HIP ARTHROPLASTY UNDER THE GUIDANCE OF CONSULTANTS AND AS A PRIMARY SURGEON.

· ASSISTED IN MULTIPLE TOTAL KNEE ARTHROPLASTY UNDER THE GUIDANCE OF CONSULTANTS AND AS A PRIMARY SURGEON.

· DEVELOPING KEEN INTEREST IN MINIMALLY INVASIVE PROCEDURES LIKE SHOULDER AND KNEE ARTHROSCOPIES.

· ASSISTED IN MULTIPLE REVISION ARTHROSCOPY AND ARTHROPLASTY SURGERIES.

3) COMPARATIVE STUDY OF PFNA VS PFNA2 IN UNSTABLE INTERTROCHANTERIC FRACTURES: A RANDOMISED CONTROL STUDY OF 50 CASES.

• **Paper And Poster Presentations:**

1) EXTERNAL FIXATION FOR CLAVICLE FIXATION IN ADULTS. (MOACON 2018)

2) KNEE ARTHRODESIS IN A RARE CASE OF DISTAL FEMUR GIANT CELL TUMOUR. (DOACON 2018)

3) A DETAILED CLINICAL ASSESSMENT PRE-OPERATIVE PLANNING HELP IN ENBLOC EXCISION OF GIANT CELL TUMOUR OF SPINE AND PREVENTION OF RECURRENCE. (DOACON 2018)

4) A CASE OF BILATERAL POSTERIOR MEDIAL MALLEOLUS ROOT TEAR. (MEDINSPIRE 2019)

5) 3 STITCH TECHNIQUE FOR IMIL NAILING FOR HUMERUS FRACTURE. (MEDINSPIRE 2019)

6) CLINICAL OUTCOME IN PATIENTS UNDERGOING MICROLUMBAR DISCECTOMY FOR LUMBAR DISC HERNIATION. (NAILSCON 2018)

7) RANDOMISED CONTROL STUDY COMPARING CLINICAL OUTCOMES AFTER INJECTION BOTULINIUM TOXIN TYPE A VERSUS CORTICOSTEROID IN CHRONIC PLANTAR FASCIITIS. (NAILSCON 2018)

8) A TWO YEAR FOLLOW UP STUDY OF OPERATIVE RESULTS OF FRACTURES OF ACETABULUM. (MEDINSPIRE 2019)

9) OUTCOMES OF PLATE AND INTRAMEDULLARY FIXATION OF MIDSHAFT CLAVICULAR FRACTURE. (MEDINSPIRE 2019)

10) A RARE CASE OF PRIMARY TIBIOTALOCALCANEAL NAILING FOR TALUS FRACTURE. (DOACON 2018)

11) ADVANTAGES OF MASQUELET TECHNIQUE. (TRAUMACON 2018)

12) BLOOD LOSS IN TOTAL KNEE ARTHROPLASTY WITH AND WITHOUT TOURNIQUET (MEDINSPIRE 2019)

• **Professional Development Studies:**

· BOMBAY ORTHOPAEDIC SOCIETY OPERATIVE FRACTURE FIXATION COURSE. (KEM HOSPITAL)

· SHORT TRAINING IN ARTHROPLASTY AND

English

Hindi

Marathi

Arabic

Beginner (A1)

ARTHROSCOPY FROM BOMBAY ORTHOPAEDIC SOCIETY. (SION HOSPITAL) 2021,2022

· ARTHROPLASTY WORKSHOP BY INDIAN

ARTHROPLASTY ASSOCIATION AT NEEMRANA, RAJASTHAN.

· TWO DAY TRAUMA WORKSHOP AT MAHARASHTRA ORTHOPAEDIC ASSOCIATION CONFERENCE, PUNE.

· JOINTS 2018, 2022 AT NASHIK.

· OPERATIVE SPINE COURSE AT BOMBAY HOSPITAL.

· CADAVER TOTAL KNEE AND HIP REPLACEMENT

TRAINING ORGANISED BY DEPUY AT D Y PATIL

SCHOOL OF MEDICINE, NAVI MUMBAI

· BASIC LIFE SUPPORT TRAINING SIMULATION LAB AT DR. D Y PATIL UNIVERSITY, NAVI MUMBAI.

· KEM ORTHOPAEDICS PG TRAINING COURSE.

· LONG AND SHORT CASE PG TRAINING COURSE AT SANCHETI HOSPITAL, PUNE.

· AO BASIC TRAUMA COURSE. 2018, 2019,2021,2022

· STRYKER TOTAL KNEE ARTHROPLASTY.

· MAMC BASIC KNEE ARTHROSCOPY CADAVERIC WORKSHOP.

• **Conferences Attended:**

· NAILSCON CORBETT 2017

· UNITED TO END TUBERCULOSIS (FEBRUARY2017)

· CME ON RHUEMATOLOGY UPDATE (AUGUST 2018)

· ASIA PACIFIC TRAUMACON (MARCH 2018)

· IOACON (2018, 2019,2022,2024)

· UA ORTHOCON (MARCH 2018)

· MOACON (2017, 2018, 2021,2022,2023,2024)

· KIDNEY TRANSPLANT UPDATE (2023)

· CRITICAL CARE AND INFECTIOUS DISEASE SYMPOSIUM (2023)

· WIROC (2018,2019,2022,2023,2024)

· DOACON (2019, 2021)

• **Sports Participation:**

· CRICKET, SHOT PUT & DISCUSS THROW- NATIONAL LEVEL

· FOOTBALL & BASKETBALL- STATE LEVEL

· BADMINTON & TABLE TENNIS- INTER SCHOOL LEVEL

· AVID READER

· WORKED FOR NGOS AND NON PROFITABLE

ORGANISATIONS DURING NATURAL CALAMITIES (LIKE FLOODS, TSUNAMI), LECTURES FOR YOUNG GIRLS IN REMOTE AND TRIBAL VILLAGES IN IMPORTANCE OF PROPER SANITATION HABITS, SEX EDUCATION AND HEALTH CHECK-UPS.

· EXCELLENT COMMUNICATOR

HONEST AND RESPONSIBLE TEAM LEADER AND TEAM

2023-09

Basic Life Support: CPR And AED Program

American Heart Association - Mumbai, India

2023-05

Orthopedic Fellowship: Arthroscopy, Trauma, Deformity Correction, Osteotomy

Jung-Stilling Hospital - Siegen, Germany

Medical Registration

MMC 2016/06/1062

Presentations

- THESIS, Treatment Of Unstable Trochanteric Fracture Femur: A Comparison Of The Functional Outcome With Conventional Proximal Femoral Nail Fixation Versus A2 Proximal Femoral Nail Fixation
- PUBLICATIONS, Comparing Treatment Outcomes of Intra-Articular Fractures of Calcaneum with Steinmann Pin (K wire) and Plating
- PUBLICATIONS, Clinical Outcomes in Metaphyseal Locking Plate Fixation of Distal Femur and Proximal Tibia Fractures
- PUBLICATIONS, Comparative Study of PFNA vs PFNA2 in Unstable Intertrochanteric Fractures: A Randomised Control Study of 50 Cases
- PAPER AND POSTER PRESENTATIONS, External Fixation for Clavicle Fixation in Adults. (MOACON 2018)
- PAPER AND POSTER PRESENTATIONS, Knee Arthrodesis in a rare case of Distal Femur Giant Cell Tumour. (DOACON 2018)
- PAPER AND POSTER PRESENTATIONS, A Detailed Clinical Assessment pre-operative planning help

- in enbloc excision of Giant Cell Tumour of Spine and prevention of recurrence. (DOACON 2018)
- PAPER AND POSTER PRESENTATIONS, A Case of Bilateral Posterior Medial Malleolus Root Tear. (MEDINSPIRE 2019)
 - PAPER AND POSTER PRESENTATIONS, 3 Stitch Technique for IMIL nailing for Humerus fracture. (MEDINSPIRE 2019)
 - PAPER AND POSTER PRESENTATIONS, Clinical Outcome in Patients undergoing Microlumbar Discectomy for Lumbar disc herniation. (NAILSCON 2018)
 - PAPER AND POSTER PRESENTATIONS, Randomised Control Study comparing clinical outcomes after Injection Botulinum toxin Type A versus Corticosteroid in Chronic Plantar Fasciitis. (NAILSCON 2018)
 - PAPER AND POSTER PRESENTATIONS, A Two Year follow up study of operative results of fractures of Acetabulum. (MEDINSPIRE 2019)
 - PAPER AND POSTER PRESENTATIONS, Outcomes of Plate and Intramedullary fixation of Midshaft Clavicular fracture. (MEDINSPIRE 2019)
 - PAPER AND POSTER PRESENTATIONS, A Rare case of Primary Tibiototalcalcaneal nailing for Talus fracture. (DOACON 2018)
 - PAPER AND POSTER PRESENTATIONS, Advantages of MASQUELET Technique. (TRAUMACON 2018)
 - PAPER AND POSTER PRESENTATIONS, Blood loss in Total Knee Arthroplasty with and without Tourniquet (MEDINSPIRE 2019)

Programs

SURGICAL LEADERSHIP PROGRAM, HARVARD
MEDICAL COLLEGE, Boston, MA, USA

Fellowships

FELLOWSHIP IN ARTHROSCOPY AND TRAUMA, JUNG-
STILLING HOSPITAL, Siegen, Germany

Address

Abid Patel House, Abid Patel Road, Kashimira, Mira Road East, Thane, 401107, India, Department of Ortho-Surgery, D Y Patil School of Medicine & Research Centre, Navi Mumbai, India

Extracurricular Activities

Cricket Shot Put & Discuss Throw- NATIONAL LEVEL
Football & Basketball- STATE LEVEL Badminton & Table Tennis- INTER SCHOOL LEVEL Avid Reader
Worked for NGOs and Non Profitable Organisations during natural calamities (like Floods, Tsunami),
Lectures for young girls in remote and tribal villages in Importance of Proper Sanitation Habits, Sex Education and Health Check-ups Excellent communicator Honest and Responsible Team Leader and Team Member

Training

- NAILSCON CORBETT, Corbett
- UNITED TO END TUBERCULOSIS, 2017-02-01, 2017-02-28
- CME ON RHEUMATOLOGY UPDATE, 2018-08-01, 2018-08-31
- ASIA PACIFIC TRAUMACON, 2018-03-01, 2018-03-31
- IOACON
- UA ORTHOCON, 2018-03-01, 2018-03-31
- MOACON
- WIROC
- DOACON
- Bombay Orthopaedic Society Operative Fracture Fixation Course, KEM Hospital, Mumbai, Maharashtra
- Short training in Arthroplasty and Arthroscopy from Bombay Orthopaedic Society, 2021-01-01, 2022-12-31, Sion Hospital, Mumbai, Maharashtra
- ARTHROPLASTY workshop by Indian Arthroplasty Association, Neemrana, Rajasthan

- Two day Trauma Workshop at Maharashtra Orthopaedic Association Conference, Pune, Pune, Maharashtra
- JOINTS, Nashik, Nashik, Maharashtra
- Operative Spine Course, Bombay Hospital, Mumbai, Maharashtra
- Cadaver total KNEE and HIP replacement training, D Y Patil School of Medicine, Navi Mumbai, Navi Mumbai, Maharashtra
- Basic Life Support training simulation lab, Dr. D Y Patil University, Navi Mumbai, Navi Mumbai, Maharashtra
- KEM Orthopaedics PG training Course
- Long and Short case PG training course, Sancheti Hospital, Pune, Maharashtra
- AO Basic Trauma Course
- Stryker Total Knee Arthroplasty
- MAMC Basic Knee Arthroscopy Cadaveric Workshop

Certifications

2023-09	BASIC LIFE SUPPORT
2021-10	IMA NATIONAL SPORTS 2021
2024-10	NEPHROCON
2019-02	MEDINSPIRE
2018-11	MOACON
2018-11	DOACON
2018-11	IAA MEET
2017-07	JOINTS PROGRAMME
2024-02	WIROC