



PERSONAL DETAILS

Date of Birth

7th November 1996

Nationality

Indian

Marital Status

Married

Visa status

Husband visa

Address

Rolla, Sharjah
UAE

EDUCATION

Bachelor of Science | BPT JDT
Islam college of Physiotherapy
(KUHS) Calicut , India
(2014 - 2019)

PARTICIPATION

- International Physiotherapy Conference
- Physio congress-2014 National level conference (KAPC).
- Therapeutic Taping Techniques
- Taping Aptitude INDIA
- Musculoskeletal and sports dry needling
- Academy of exercise HEALTH and therapy
- Cupping therapy- CCTS

LANGUAGES

English
Malayalam
Hindi

JANFI SHANA

PHYSIOTHERAPIST

PROFESSIONAL AFFILIATIONS

DHA LICENSE NO;- 26694938-001(FULL TIME)

I am a dedicated physiotherapist with a passion for helping people achieve their optimal physical well-being. My mission is to improve the quality of life for individuals of all ages. With a strong background in physiotherapy, I work with patients to assess their physical challenges, develop tailored treatment plans, and guide them through exercises and therapies that promote healing and mobility.

CONTACT

☎ 0568463885

✉ janfijan96@gmail.com

WORK EXPERIENCES

Pearls Polyclinic- Dubai, UAE

April - October 2023

- ✓ Assessment, Diagnosis and Treatments of patients with musculoskeletal, Pediatric, Geriatric and neurologic conditions
- ✓ Documented patient medical histories, complaints, and all patient-related communications
- ✓ Education and prevention through proper guidance on exercises, lifestyle changes, and techniques

Sparsham pain & palliative society- India

January 2022-June 2022

Sparsham pain & palliative society- India

August 2019-March 2021

Internship trainee at JDT Isam college of Physiotherapy

April 2019-August 2019

Intern Trainee at NATIONAL HOSPITAL, India

March 2019-April 2019

Intern Trainee at Baby Memorial Hospital India

February 2019 - March 2019

Intern Trainee at MIMS RESEARCH FOUNDATION India

December 2018 - February 2019

AREAS OF EXPERTISE

- ✓ Patient Assessment
- ✓ Geriatric rehabilitation
- ✓ Sports injuries
- ✓ Expertise in palpations and trigger Point release
- ✓ Myofascial release
- ✓ Practice in cupping therapy
- ✓ Pediatric rehabilitation
- ✓ Neurological conditions

