

## • Contact

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# JENY JAMES

REGISTERED NURSE

Registered Nurse, recent graduate seeking to use earned skills and knowledge in a nursing role. Excellent interpersonal skills and a dedicated mind with a sense of purpose to provide care for patients

## • Skills

Critical thinking & creative problem solving



Attitude & Confidence



Communication



Professionalism & Team work



Empathy



## • Languages

ENGLISH



HINDI



MALAYALAM



TELUGU



## • Work History

2018-12 -

2019-03

### NURSE

ARCHANA HOSPITAL, HYDERABAD, TELANGANA

**REGISTERED NURSE AND MIDWIFE Reg NO:20482**

2019, ARCHANA Hospital: It is a 50 bedded hospital. It offers both inpatient, outpatient and day care services. Expert care and advanced surgical procedures are offered at the facility for a wide range of specialties.

- Conferred with multidisciplinary healthcare team to help effectively manage patient conditions with regular testing and vitals assessments.
- Helped patients effectively manage routine bathing, grooming and other hygiene needs.
- Evaluated patients to identify and address wounds, behavioral concerns and medically relevant symptoms.
- Evaluated patients' progress in treatment, communicating observations to physician on duty to maintain or adjust prescribed care.
- Checked patient vitals such as temperature, blood pressure and blood sugar levels.
- Reported unusual or urgent circumstances in patients' condition or environment immediately to nurse supervisor.
- Utilized nursing knowledge to identify patient needs and offer appropriate remedies.
- Assist bed bound patients in activities of daily living.
- Discharge counselings on use of medication.

- Administering intravenous fluids and medication as per doctor's instructions, Collaborating with fellow members of the critical care team.
- Secured patient information and maintained patient confidentiality by completing and safeguarding all medical records.
- Promoted good oral and personal hygiene by aiding patients with shaving, bathing and teeth brushing.
- Offered immediate assistance in emergency and routine paging situations to evaluate needs and deliver care.
- Performed basic standardized wound care procedures by applying hot and cold packs and applying dressings and bandages to patients.
- Agreed to take on additional shifts and extra hours during busy periods and holidays to maintain proper staffing and floor coverage.
- Participated in fun group activities with patients to boost mood, improve overall memory and provide light entertainment.
- Maximized patient satisfaction by helping individuals carry out personal tasks such as dressing and walking.
- Collaborated with peers and attended meetings to brainstorm new activities for patients and discuss ways to resolve issues.
- Wiped down equipment with proper cleaning products after each patient transport to reduce instances of infection.

2018-04 -  
2018-09

## **INTERNSHIP**

Apollo Hospital, Hyderabad, Telangana

23 April 2019;Registered Nurse and Midwife-REG  
NO:20482

- Midwifery and obstetrical Nursing, Community health Nursing-2 Medical Surgical Nursing (Adult & Geriatric), Child Health, Mental Health, Research Project.
- Delivered clerical support by handling range of routine and special requirements.

- Answered incoming telephone calls, took down messages and provided information.
- Collaborated in professional team to solve workflow issues.
- Upheld duty schedule and calendar to coordinate workflow.

2014-06 -  
2018-06

## **Professional Development/Area of Practical Exposure**

Apollo College of Nursing, Hyderabad, Telangana

**1st year:** -Apollo Hospitals Apollo health city, Jubilee Hills.

Hyderabad Gandhi hospital, Secunderabad.

**2nd year:** -Apollo Hospitals, Apollo Health city, jubilee hills.

Hyderabad Gandhi Hospital, Secunderabad.

Sri Ram Nagar-Community health center.

**3rd year:** -Apollo Hospitals, Apollo Health city, Jubilee hills, Hyderabad. Institute of Mental Health hospital, Erragadda.

ESI hospital-Sanath Nagar.

**4th year:** - Apollo Hospitals, Apollo Health city, Jubilee hills, Hyderabad. Govt Maternity Hospital Petlaburj.

Sri Ram Nagar-Community Health center.

2014-08 -  
2018-08

## **PARTICIPATION**

Apollo Hospitals, Hyderabad, Telangana

· 1st National Medical Simulation Congress and Workshop conducted by Apollo Hospitals Group, Hyderabad and PediSTARS @ Hyderabad 2015

· Workshop on Med-Tech conducted by Apollo College of Nursing Hyderabad 2015.

· Participated in conference on World AIDS Day 2015 on 1st Dec 2015 @Lalitha Kala Thoranam, Nampally.

· Participated in Blood Donation Camp @ District Medical & Health office, Hyderabad on 15th June 2016.

· Attended conference of Infusion Nurses Society, 5th National conference held @ Sri Sathya Sai Nigamagamam Trust, Hyderabad on 2nd and 3rd

Sep 2016.

· Participated in Intensified Pulse Polio Immunisation Programme in Hyderabad during the years 2015,2016,2017 and 2018 January.

## • Education

2014-05 -  
2018-08

### **Bachelor of Science: Nursing**

APOLLO College of Nursing - HYDERABAD

- Affiliated Under Dr.NTR UNIVERSITY of Health Sciences

## • Additional Information

Technical Proficiency in Computer Handling

- MS Office
- MS Word
- MS Excel
- Power Point

## • Hobbies

- DRAWING,DANCING,MUSIC etc..

Love to do nail arts, random drawings during my leisure times and also like dancing, relax with musics.