

# Jisha Gopan



## Contact

Umm Al Quwain, UAE  
+971 547303745  
jishagopan0@gmail.com

## Education

Mercy College of Nursing  
Kottarakkara, Kerala

B.Sc. Nursing  
2021

GHSS  
Kulathupuzha, Kerala

Intermediate  
2016

BMGHS  
Kulathupuzha, Kerala

S.S.L.C  
2014

## Affiliations

BLS Certification, American  
Heart Association, 07/01/24

## Languages

English:

Malayalam:

Hindi:

Tamil:

## Summary

Qualified MOH Licensed personnel with relevant experience in ICU and Ward. Result focused registered nurse with 2.4 years of work experience in fast-paced environment. Handling confidential paper works, administering medications and quality patient care. Established record of reliability and creating positive rapport with patients & staffs.

**MOH Evaluation Ref. No: 319660**

## Experience

### Staff Nurse ICU Oncology

Lakeshore Hospital & Research Centre Ltd | Kochi, Kerala, India | May 2023 - May 2024

This is a 470 bedded Multi Super Speciality Hospital & Research Centre, ISO 9001:2015 certified & NABH accredited

### Staff Nurse Medical Oncology Ward

Max super speciality hospital | New Delhi, India | Nov 2021 - Mar 2023

This is a 402-bedded hospital, which is accredited by NABH.

## Skills

- Good communication
- Patient Assessment
- Care Planning
- Medication Administration
- Patient & Family Education
- Interdisciplinary Collaboration
- Self-motivation
- E-His (Hospital Information System)
- Inpatient services
- Pharmacy intending and returning
- Basic knowledge (Internet, word & Microsoft excel)
- Critical care nursing
- Medicine administration
- Multidisciplinary teamwork
- Compassionate care
- Paediatric care
- Patient education
- Vital-signs monitoring
- Clinical care

## PERSONAL PROFILE

- Date of Birth : 20th May, 1998
- Age/ Sex : 26 years/ Female
- Blood Group : A +ve
- Nationality : Indian
- Marital Status : Married
- Passport No. : X7187368
- Date of Issue : 31/03/2023
- Date of Expiry : 30/03/2033
- Place of Issue : Trivandrum
- Visa Status : Family Visa

## JOB DESCRIPTION

- Emergency management of critically ill patient.
- Resuscitation of the patient.
- Oxygen administration.
- Maintain clean and routine rounds.
- Administration of medications and injections.
- Recording vital signs.
- Preparing patients and articles for nursing procedures.
- Provide nutritional needs of the patient.
- Evaluate and monitor the patient's progress.
- Identify sudden or subtle changes in a patient's medical condition.
- Deliver regular updates to doctors, patients, and their family members.
- If necessary, respond to a medical emergency and alert the appropriate doctors.
- Care for patient needs throughout their recovery in the ICU unit.
- Complete all necessary paperwork before transferring a patient.
- Create and implement effective care plans.
- Admission & Discharge procedure.
- Performing basic procedures like Hand washing, Checking vitals, Taking ECG, Blood sugar monitoring etc.
- Identifying the patient needs and setting Admission priority.
- Performing Catheterization, NG tube insertion, Surgical dressing, medicine administration, blood transfusion, exchange transfusion, endotracheal suctioning, iv cannulation etc.
- Preparation for diagnostic workup.
- Health education to patient family on preventive, curative & rehabilitative care.
- Death Care.

## KNOWLEDGE OF HANDLING EQUIPMENTS

Ventilator, CPAP Machine, Defibrillator, Cardiac Monitor, Ambu bag, Laryngoscope, Infusion Pump, Syringe pump, ECG Machine, BP Apparatus, Apnea, Glucometer, Suction apparatus, Nebulizer, Flow Meter, Thermometer, Warmer, Alpha Bed, Pulse Oxymeter, Doppler machine, Computer, Printer etc

## DECLARATION

Hence I request your good self to grant me and opportunity to serve in your reputed hospital. I assure you my sincere services to the patients, here with I enclosed my resume for your kind reference. The above statements are thoroughly accurate and best of my knowledge and belief.

Jisha Gopan



Date: 27/09/2024

التاريخ: 2024/09/27

## Evaluation Letter

خطاب تقييم

Reference Number	319660	الرقم المرجعي
Name	JISHA GOPAN	الإسم
Nationality	Indian	الجنسية
Specialty 1	Registered Nurse	التخصص 1
Title 1	Registered Nurse	المسمى 1
Privilege		الامتياز
Remarks		ملاحظات:
<b>Important Notes</b>		<b>ملاحظات مهمة</b>
1. This letter is not a license, and the holder should complete licensing process prior to practice in health-related field.		1. هذا الإشعار ليس ترخيصاً ولا يمكن العمل به، وعلى حامله استكمال إجراءات الترخيص.
2. Issuance of the license will rely on the gap of practice and not the validity of this letter.		2. إصدار الترخيص منوط بمرور الانقطاع عن الممارسة وليس مدة صلاحية هذه الشهادة.
3. Any changes or alterations, this letter will be canceled.		3. أي تغيير أو كشط، يعتبر الإشعار لاغياً.

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تم إصدار هذا الإشعار إلكترونياً ولا يحتاج لختم أو اعتماد، للتأكد من صحته الإشعار يرجى مسح الباركود في أسفل الرسالة

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LHRC/NSD/8441/RO/2024

14.06.2024

**TO WHOMSOEVER IT MAY CONCERN**

This is to certify that **Ms. Jisha Gopan**, is residing at **Thudiyottu House, Panangad P. O, Kulanada, Pathanamthitta, Pin- 689503, Kerala**, worked as full time **Staff Nurse** from **03<sup>rd</sup> May 2023 to 31<sup>st</sup> May 2024** in **Oncology Intensive Care Unit** of Lakeshore hospital & Research Centre.

This is a 470 bedded Multi Super Speciality Hospital & Research Centre, ISO 9001:2015 certified & NABH accredited. The nurse patient ratio and duty pattern followed in hospital as per the norms of Indian nursing council. (Three shift, 48 hours per week)

She is good in executing her nursing responsibilities. Total training hours completed during this period is 111 CNE hours.

We wish her all the best in her future endeavors.

For Lakeshore Hospital & Research Centre Ltd.,

  
**Padmavathi N**  
Chief Nursing Officer

  
**Pradeep M**  
General Manager - HR

  
**Padmavathi N**  
Chief Nursing Officer  
Lakeshore Hospital & Research Centre Ltd., Kochi-40



Date: 9<sup>th</sup> Mar. 2023

### Experience Certificate

This is to certify that **Ms. Jisha Gopan - B018388** has worked as a **Registered Staff Nurse** in **Oncology Ward** from **Nov 09, 2021** till **Mar 03, 2023** on full time basis covering 48 hours per week.

Max Super Specialty Hospital is a 402-bedded hospital, which is accredited by NABH.

During her tenure, she was industrious, intelligent & honest towards her assignments. Her work and conduct was found to be **Good**.

We wish her all the best for all the future endeavors.

#### Authorized Signatory

*Prasanna Kumari*  
09/03/2023

**Prasanna Kumari**  
**General Manager & Chief Nursing Officer**  
**Max Super Specialty Hospital**

**PRASANNA KUMARI**  
**GENERAL MANAGER AND**  
**CHIEF NURSING OFFICER**  
**Max Super Speciality Hospital**  
**(A unit of Balaji Medical & Diagnostic Research Centre)**  
**108-A, I. P. Extn., Patparganj, Delhi-92**

**Max Super Speciality Hospital, Patparganj**  
**(A Unit of Balaji Medical and Diagnostic Research Centre)**  
(Balaji Medical and Diagnostic Research Centre  
registered under the Societies Registration Act XXI of 1860)  
Regd. Office: 108 A, Indraprastha Extension, Patparganj, New Delhi - 110 092  
For medical service queries or appointments, call: +91-11 4303 3333

[www.maxhealthcare.in](http://www.maxhealthcare.in)



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**KERALA UNIVERSITY OF HEALTH SCIENCES**

**THRISSUR, KERALA 680596**

## **Faculty Of Nursing**

*The Governing Council,  
Kerala University Of Health Sciences,*

*Hereby Makes It Known That*

**JISHA GOPAN**

*Has Been Admitted To The Degree Of*

**BACHELOR OF SCIENCE IN NURSING**

*She / He Having Been Certified By Duly Appointed  
Examiners To Have Qualified To Receive The Same At*

*The Examination Held In May, 2021*

**WITH FIRST CLASS**

GIVEN UNDER THE SEAL OF THE UNIVERSITY



408516

REG.NO: 160063161

DATE: 05-10-2021



*Ruany*

**VICE CHANCELLOR**

# BASIC LIFE SUPPORT

**BLS  
Provider**



American  
Heart  
Association.

**JISHA GOPAN**

**has successfully completed the cognitive and skills evaluations  
in accordance with the curriculum of the American Heart Association  
Basic Life Support (CPR and AED) Program.**

**Issue Date**

18 Jul 2024

**Training Center Name**

Indian Institute of Emergency Medical Services

**Training Center ID**

ZZ20389

**Training Center City, Country**

Kottayam, Kerala, India

**Training Site Name**

Indian Institute of Emergency Medical Services

**Renew By**

Jul 2026

**Instructor Name**

Sreejith V T

**Instructor ID**

06150340172

**eCard Code**

255601478428

**QR Code**



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