



Joshna Chinthapalli

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PROFESSIONAL SUMMARY

Healthcare professional with solid background in providing high-quality patient care and clinical support. Recognized for collaborative teamwork and results-driven approach, consistently adapting to changing medical needs and priorities. Skilled in patient assessment, medication administration, and maintaining accurate medical records.

ACCOMPLISHMENTS

- DHA exam passed
- Data flow in progress

SKILLS

- Medication administration
- Direct patient care
- Clinical Skills & documentation
- Patient management
- Problem solving
- Patient care
- Patient assessment
- Infection control
- Critical thinking
- Communication skills

WORK HISTORY

B.SC NURSE

01/2022 to 01/2025

Vijaya Hospitals | Malikipuram, AP

- Provide direct patient care, including assessment, planning, implementation, and evaluation.
- Administer medications and treatments as prescribed by physicians.
- Monitor patient conditions and report any changes to physician.
- Educate patients and their families on health management and disease prevention.
- Maintain accurate and detailed patient records.
- Collaborate with physicians, nurses, and other healthcare professionals to provide comprehensive care.
- Adhere to all safety and infection control protocols.
- Utilize critical thinking and problem-solving skills to address patient needs.
- Participate in professional development activities to enhance nursing knowledge and skills.
- Safely administered medications orally, intravenously, nasogastrically, intramuscularly and inotropic infusions, sedation, insulin drips, transparenteral nutrition, blood and blood products transfusions, intravenous fluids, electrolytes and antibiotics.
- Monitored and maintained ventilated patients, tracheostomies, arterial lines, central venous pressure lines, chest tubes and internal drains.

HOME HEALTH CARE NURSE

03/2017 to 10/2019

Private Nurse for Al Habtoor Family | Al Mizhar, Dubai

- Traveling to patients' homes and managing their care plans according to physicians' instructions
- Administering medication and insulin and completing blood pressure
- Inspecting wounds, changing dressings, and handling personal grooming and hygiene
- Testing for muscle weakness, bedsores, and any signs of infection
- Listening to the concerns of family members and answering their questions
- Monitoring patient recovery and compiling reports for the physician
- Collaborating with doctors and other healthcare professionals to develop improved diets and healthcare plans for patients

B.SC NURSE

06/2012 to 06/2014

Ravi Nursing Home | Malikipuram, AP

- Provided direct patient care to residents who need constant care
- Assisted doctors in performing medical and diagnostic procedures
- Monitored patients' physical status such as vitals and cardiac activity
- Performed emergency nursing procedures
- Assessed patients' individual care needs and chart out care plans to meet those needs responded immediately to life saving situations
- Monitored and adjusted specialized equipment
- Collected specimens for laboratory tests and evaluated and interpreted diagnostic tests
- Assisted with admittance and discharge of patients
- Safely administered medications orally, intravenously, nasogastrically, intramuscularly and inotropic infusions, sedation, insulin drips, transparenteral nutrition, blood and blood products transfusions, intravenous fluids, electrolytes and antibiotics
- Monitored and maintained ventilated patients, tracheostomies, arterial lines, central venous pressure lines, chest tubes and internal drains
- Assisted in bedside intubation, tracheostomy, ICD insertion and central line placement

NURSING LECTURER/CLINICAL INSTRUCTOR

02/2011 to 02/2012

Sigma College of Nursing | Secunderabad, S.D Road

- Prepared appropriate daily lesson plans and routine assignments and assessments
- Maintained and submitted timely, accurate, detailed attendance rosters and grade records
- Provided academic leadership in the use of simulation and other nursing courses with a clinical component
- Demonstrated all basic nursing procedures to students and supervised return demonstrations from students
- Handled Midwifery subject
- Handled subjects like Communication Education and Technology including Communication, principles of learning and teaching, audio-

visual aids and group dynamics

- Responsible for the supervision of III year BSc nursing students during their Midwifery clinical postings in the wards, conducting and evaluating their seminars and patient presentations

B.SC NURSE

02/2010 to 02/2011

Durgabai Deshmukh Hospitals and Research Centre | Vidyanagar, Hyderabad

- Provided direct patient care to residents who need constant care.
- Assisted doctors in performing medical and diagnostic procedures.
- Monitored patients' physical status such as vitals and cardiac activity.
- Performed emergency nursing procedures.
- Assessed patients' individual care needs and chart out care plans to meet those needs responded immediately to life saving situations.
- Monitored and adjusted specialized equipment.
- Collected specimens for laboratory tests and evaluated and interpreted diagnostic tests.
- Assisted with the admittance and discharge of patients.
- Safely administered medications orally, intravenously, nasogastrically, intramuscularly and inotropic infusions, sedation, insulin drips, transperenteral nutrition, blood and blood products transfusions, intravenous fluids, electrolytes and antibiotics.
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- Assisted in bedside intubation, tracheostomy, ICD insertion and central line placement.

EDUCATION

Bachelor of Science | Nursing

2009

Durgabai Deshmukh College of Nursing, Hyderabad, India

PERSONAL DETAILS

Date of Birth: 20/04/1986

Nationality: Indian

Marital Status: Married

Visa Status: Husband Visa

Gender: Female

CERTIFICATIONS

- Certificate of Registration for Nurse - 91586
- Certificate of Registration for Midwife - 91155
- Certificate of Registration for Public Health Nurse – 9896