



Juwairiya Mohamed BPT,

Physiotherapist.

DHA ID : 42925897

Astute Qualified physiotherapy professional with extensive experience devising successful treatment programmes. Meticulous and precise in assessing patient conditions for targeted, personalised care. Adept at managing and preventing recurring physical ailments for reduced care needs.

CONTACT

 juwairiya.bpt@gmail.com

 +971525305529

 Muweilah, Sharjah.

VISA STATUS

Status : Resident Visa (Family)

Validity : Till Sept 2025

INTERNSHIP

- Madras Medical Mission - Chennai
- Guild Of Service Bala Vihar - Chennai
- Kilpauk Medical College Hospital,

WORKSHOPS

- ✓ Dry Needling.
- ✓ Cupping Therapy.
- ✓ IASTM.

PROJECT

Post Stroke Rehabilitation of
Elderly Patients

LANGUAGES

- ✓ English
- ✓ Tamil
- ✓ Malayalam

EDUCATION

BACHELOR OF PHYSIOTHERAPY,

UCA College of Paramedical Science,

The Dr. MGR Medical University,

Chennai.

Nov - 2020

PROFESSIONAL EXPERIENCE

➤ **Physiotherapist,** Jan 2021 – July 2023
Ortho and Neuro Speciality Physiotherapy Clinic, Chennai

➤ **Trainee Physiotherapist,** Jan 2020 – Dec 2020
Core Rehabilitation Centre, Chennai, India

- Treated respiratory and neurological conditions with proven exercises and interventions.
- Handled large caseload of musculoskeletal and orthopaedic conditions.
- Collaborated with other health care professionals to evaluate complex cases and address innovative treatments.
- Carried out therapeutic assessments to evaluate symptoms and provide provisional diagnoses.
- Informed patients of necessary exercise routines to be performed between appointments.
- Educated patients on condition prevention techniques to minimise requirements for repeat care.
- Used massage and muscle manipulation techniques to provide therapeutic relief.
- Modified home environments for patients to ease mobility and recovery.
- Improved efficiency and productivity by acquiring new skills.
- Maximised rehabilitation potential by building patient knowledge of treatments and conditions.
- Prepared comprehensive interventions and discharge plans.
- Observed patient recovery progress and modified treatment to address identified concerns.

EXPERTISE

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| ✓ Myofacial Trigger Release | ✓ Exercise Therapy |
| ✓ Hands On Techniques | ✓ Cardiac & Pulmonary Rehab |
| ✓ Acute Pain Management | ✓ Psychological Support |
| ✓ Chronic Pain Management | ✓ Burns Management |
| ✓ Sports Rehab | ✓ Cupping & Dry Needling |
| ✓ Neurological Rehab | ✓ Manual Therapy |