



**Juwairiya Mohamed BPT,**

**Physiotherapist.**

**DHA ID : 42925897**

Astute Qualified physiotherapy professional with extensive experience devising successful treatment programmes. Meticulous and precise in assessing patient conditions for targeted, personalised care. Adept at managing and preventing recurring physical ailments for reduced care needs.

## CONTACT

 [juwairiya.bpt@gmail.com](mailto:juwairiya.bpt@gmail.com)

 +971525305529

 Muweilah, Sharjah.

## VISA STATUS

Status : Resident Visa (Family)

Validity : Till Sept 2025

## INTERNSHIP

- Madras Medical Mission - Chennai
- Guild Of Service Bala Vihar - Chennai
- Kilpauk Medical College Hospital,

## WORKSHOPS

- ✓ Dry Needling.
- ✓ Cupping Therapy.
- ✓ IASTM.

## PROJECT

Post Stroke Rehabilitation of Elderly Patients

## LANGUAGES

- ✓ English
- ✓ Tamil
- ✓ Malayalam

## EDUCATION

**BACHELOR OF PHYSIOTHERAPY,**

**UCA College of Paramedical Science,**

**The Dr. MGR Medical University,**

**Chennai.**

**Nov - 2020**

## PROFESSIONAL EXPERIENCE

➤ **Physiotherapist,** Jan 2021 – July 2023  
Ortho and Neuro Speciality Physiotherapy Clinic, Chennai

➤ **Trainee Physiotherapist,** Jan 2020 – Dec 2020

Core Rehabilitation Centre, Chennai, India

- Treated respiratory and neurological conditions with proven exercises and interventions.
- Handled large caseload of musculoskeletal and orthopaedic conditions.
- Collaborated with other health care professionals to evaluate complex cases and address innovative treatments.
- Carried out therapeutic assessments to evaluate symptoms and provide provisional diagnoses.
- Informed patients of necessary exercise routines to be performed between appointments.
- Educated patients on condition prevention techniques to minimise requirements for repeat care.
- Used massage and muscle manipulation techniques to provide therapeutic relief.
- Modified home environments for patients to ease mobility and recovery.
- Improved efficiency and productivity by acquiring new skills.
- Maximised rehabilitation potential by building patient knowledge of treatments and conditions.
- Prepared comprehensive interventions and discharge plans.
- Observed patient recovery progress and modified treatment to address identified concerns.

## EXPERTISE

- ✓ Myofacial Trigger Release
- ✓ Hands On Techniques
- ✓ Acute Pain Management
- ✓ Chronic Pain Management
- ✓ Sports Rehab
- ✓ Neurological Rehab
- ✓ Exercise Therapy
- ✓ Cardiac & Pulmonary Rehab
- ✓ Psychological Support
- ✓ Burns Management
- ✓ Cupping & Dry Needling
- ✓ Manual Therapy