



DR KANWAL

MBBS, MRCOG PART 1, (FCPS), BLS CERTIFIED

REGISTERED GENERAL PROFESSIONAL

HOLDING DHA/DOH/MOH ELIGIBILITY

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PROFESSIONAL SUMMARY

- 8 Years of experience in Obstetrics and Gynaecology and over 3.5 years of experience of running General OPD.
- Self-motivated professional and well-versed with patient counseling.
- Strong communication and interpersonal skills.
- Well versed in a computerized environment like operating knowledge of emails, processing requests through hospital specific software applications.

ACADEMIC QUALIFICATIONS

Liaquat University of Medical and Health Sciences, Pakistan

- Fellowship of College of Physicians & Surgeons Pakistan (FCPS)- II Jan'2021
- Member of the Royal College of Obstetricians and Gynecologists UK (PART 1) 2017.
- Bachelor of Medicine & Bachelor of Surgery (M.B.B.S)

EXPERIENCE

Dubai London Hospital, Dubai

DEC 2023 - JULY 2024

General Practitioner (Gynae & Obs)

- Management of women during prenatal, natal, and postnatal periods
- Assisted Caesarean sections or other surgical procedures to preserve patient's health and deliver babies safely.
- Assisted normal deliveries, episiotomies, instrumental deliveries and management of patients during labour and involve consultants timely.
- Manage obstetric emergencies like PPH, prolapsed cord, fetal distress, shoulder dystocia, eclampsia, antepartum haemorrhage etc. at labour ward.
- Assess, diagnose, and treat female reproductive disorders, like abnormal bleeding and irregular menstrual periods, endometriosis, genital infections, ovarian cysts, breast abnormalities, and several other conditions concerning the female reproductive system.
- Perform daily ward rounds of postnatal and postoperative patients at obstetrics and gynaecology wards.
- Manage all patients coming in ER ward, with problems like ovarian torsion, miscarriages, ectopic pregnancies etc.
- Assisted gynecology surgeries for the diagnosis and treatment of gynecologic problems, such as laparoscopy for endometriosis, exploratory laparotomy, dilation and curettage, hysterectomy, tubal ligation, de bulking surgery and other surgical procedures.
- Participate in monthly maternal morbidity and mortality meetings and in-service case presentation.
- Participate in organizing hospital policies of OBGYN as per new evidence.

Sohail Trust Hospital, Pakistan

JULY 2023 - OCT 2023

Registrar (Gynaecology and Obstetrics)

- Management of normal and high risk pregnancies such as:
 - Pregnancy with Diabetes
 - Pregnancy induced hypertension
 - Previous multiple cesarean section

SKILLS

- Effective interpersonal skills
- Team work and leadership
- Time Management
- Quick learner

PERSONALITY

- Communicative
- Punctuality
- Energetic
- Team Player

REGISTRATION AND WORKING LICENSES

- DHA Eligibility
- MRCOG 1
- Pakistan Medical Commission
- Fellow of CPSP

LANGUAGES

- Urdu Native
- Sindhi Native
- English Fluent

SOFTWARE SKILLS

- MS Word
- Power Point

PERSONAL INFORMATION

- Marital Status: Single
- Nationality: Pakistan

CERTIFICATIONS

- Basic Life Support (BLS)
- Endoscopic procedure
- One day basic ECG Workshop
- Workshop on Lactation Management
- How to approach critically ill pregnant women
- Women's health is the heart of National Development

- Preterm labour
- Recurrent miscarriages
- Management of polycystic ovarian syndrome, Fibroid, Acute and chronic pelvic infection, Abnormal uterine & vaginal bleeding.
- LSCS, SVD, Forceps Deliveries, Vacuum Deliveries, MVA, Pippelle Sampling.

Sant Raja Ram General Hospital, Pakistan

JAN 2021 - JUNE 2023

General Practitioner

- Running General OPD, inspecting and updating patients' charts.
- Diagnosing common ailments such as colds, flu, and diabetes.
- Administering medication topically, orally, and via intravenous or intramuscular injections.
- Perform examinations on patients in order to diagnose various gynecological and obstetric conditions.
- Performing various gynecological and obstetric procedures on OT days
- Record and updating patient's medical histories
- Monitor the patient's condition and progress and re-evaluate treatments as necessary.

Civil Hospital Karachi, Pakistan

JAN 2017 - JAN 2021

FCPS Trainee

- History taking, O.P.D dealing, Inpatient management and managing emergencies of Obstetrics and Gynaecology.
- Perform examinations on patients in order to diagnose various gynecological conditions.
- Record and updating patient's medical histories.
- Performing various diagnostic tests on patients which include: Pap smears, STD tests, hormone profile blood tests and endometrial biopsies.
- Explaining test results, diagnosis and various treatment options to patients.
- Performing SVD, SVD with episiotomy, forceps deliveries, vacuum deliveries and assisted breech vaginal deliveries.
- Repairing of cervical tear, extended episiotomies and vaginal tears.
- Performing LSCS independently as well as under supervision of seniors and performed tubal ligation, management of PPH including B-Lynch, tamponade, and uterine artery ligation.
- Care for and treat women during antinatal, natal and postnatal periods.
- Advising patients on suitable birth control options. These include barrier methods, hormonal methods, intrauterine devices, sterilization and natural family planning.

Asha Medical Centre & Maternity Home, Pakistan

APR 2015 – DEC 2016

General Practitioner

- Dealt with various cases of Obstetrics & Gynaecology, Medicine.
- Highly experience in chronic conditions such as hypertension, COPD, asthma and diabetes.
- Direct staff and coordinate medical activities.

Jinnah Postgraduate Medical Centre, Pakistan

FEB 2014 – AUG 2014

GMMMC Hospital

SEP 2014– MAR 2015

House Officer/ Intern

- Worked in the General medicine, Accident & Emergency, General surgery, Obstetric and gynecology departments.
- Participated in taking patient histories, physical examinations, obtaining vitals, and writing patient notes.