

KARIMA TEBA

General Practitioner



Butina, beside Zulekha Hospital
United Arab Emirates, Sharjah



11.08.1985



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PROFILE

A dedicated & well talented **General Practitioner** with **9 years** experience in general medicine, have Master of Family Medicine, have **MOH**, with experience in UAE, on a residence visa. Possesses strong clinical expertise with excellent interpersonal communication skills and able to liaise effectively with different culture.

EDUCATION

09.2002 - 10.2008	Alexandria Faculty of Medicine Bachelor of Medicine and Surgery
09.2015 - 03.2018	Alexandria Faculty of Medicine Master of family Medicine
08.2019 - present	UNITED ARAB EMIRATES, MINISTRY OF HEALTH MOH GENERAL PRACTITIONER EVALUATION LETTER /R number 122461

EXPERIENCE

03.2018 - 06.2019	Egyptian Ministry of Health, Medical centers and Hospitals Family Medicine Specialist <ul style="list-style-type: none">• Provide skilled health assessment, diagnosis and treatment services to patients.• Performs therapeutic procedures by administering injections and immunizations; suturing; managing wounds and infections.• Prescribe and interpret lab and imaging tests to obtain more information for underlying pathology.• Consulting and collaborating with colleagues to provide optimal care.• Documenting all care provided and information given to patients within health record.• Give appropriate advice for healthy habits and preventative actions to promote health.• Comply with infection prevention control policies and procedures at all times.• Assess clinical conditions, prioritize health problems, including initiation of effective emergency care.• Provide emergency care to patients as necessary and attend annual resuscitation training.• Conduct seminars related to health management and dietary plans for both women and child.
09.2015 - 02.2018	Egyptian Ministry of Health, Medical centers and Hospitals Family Medicine Resident doctor <ul style="list-style-type: none">• Examine patients to assess general physical condition, Order medical diagnostic or clinical tests.• Provide all types of consulting help related to women's reproductive system.• Provide dietary tips and conduct regular examinations for pregnant women.• provide clinical breastfeeding counseling and management support to families, teach mothers how to feed their baby, help women experiencing breastfeeding problems, such as latching difficulties, painful nursing, and low milk production, also helps babies who aren't gaining weight.• Examine children regularly to assess their growth and development.• Treat children who have minor illnesses, acute (Chicken pox - Childhood anemia - Colds - coughs - Gastroenteritis - Infectious diseases - Urination troubles) and chronic health problems, Routine child and infant care, Vaccinations and immunizations.• Weight management and nutritional counseling for overweight and obese children

04.2014 - 04.2015

Madinet Al Ain Medical Center, Sharjah, UAE.

General practitioner

- Physical examinations ,Diagnosis and treatment of acute and chronic illnesses,Minor surgery,Health education.
- Ordering additional medical examinations where necessary,as laboratory tests, X-rays and other diagnostic procedures for a precise diagnosis.
- Management of all internal medicine, pediatric,dermatology,gynecological,surgical cases coming to clinic on daily basis.

01.2012 - 08.2013

Egyptian Ministry of Health, Medical centers and Hospitals

Family Medicine Resident

03.2010 - 12.2011

Egyptian Ministry of Health, Medical centers and Hospitals

General practitioner

- Primary and secondary level care in medicine, pediatrics, obstetric and gynecology and surgery.
- Emergency case management including RTA, poisoning cases management,Chronic illness management & follow-up.Antenatal Care,Integrated care for the health of the child and vaccinations follow-up.
- Transfer of serious cases to hospital.

03.2009 - 02.2010

Egyptian Ministry of Health, Alexandria Main Teaching Hospital

Internship

- Diagnosing and managing emergency and cold conditions in addition to attending daily rounds, sharing in weekly teaching medical seminars.
- Clinical training in each department on monthly basis (Obstetrics and gynecology, General Surgery, Orthopedics, E.N.T, Pediatrics, Internal Medicine and Dermatology).

SKILLS

- ✓ Good communication - written and oral skills
- ✓ Excellent conceptual and analytical skills
- ✓ Ability to work long hours, often under pressure
- ✓ Work effectively in a team and independently

LANGUAGES

English ● ● ● ● ● ●

Arabic ● ● ● ● ● ●

PERSONALITY

- ✓ Communicative
- ✓ Creativity
- ✓ Punctuality
- ✓ Organized

SOFTWARE SKILLS

Word ● ● ● ● ● ●

CERTIFICATIONS AND COURSES

- Certificate from Pediatric Annual Conference 2010, 2011 by Egyptian Medical Syndicate.
- Certificate from Annual Surgical Conference in Rasheed General Hospital 2012.
- Certificate from Ministry of Health,Egypt 2010, 2012 for applied Course for Family Planning services.
- Certificate from Ministry of Health,Egypt,for Applied internal medicine&subspecialities 2010,completed this activities:
- **Family Planning work shop-Child primary& secondary level care- IMCI training program-Combating endemic diseases-Laboratory skills.**
- **First aid care,BLS,CPR,ACLS,ECG interpretation&Ultrasound training.**
- Participating in National Polio Vaccination Campaign in Egypt 2017, 2018 and 2019.Participate in Family Planning Campaigns in Egypt 2017,2018 and 2019.
- Participate in screening for Virus C in Egypt on 2019.
- Participated in publication of a research in Alexandria journal of pediatrics 2018 addressed Prevalence,determinants,and health service utilization of 'at risk' under-five children attending a Family Health Center,Egypt 2017.
- Clinical training for obstetric ultrasound, course on may 2019.