



# KHADEEJA JALVA S M

## REGISTERED NURSE

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WhatsApp

### CAREER OBJECTIVE

Looking for a challenging opportunity with full responsibilities and freedom where I can elicit my knowledge and skill to acquire the best outcome, this helping myself in broadening my knowledge and enhancing my skills

### PROFESSION DETAILS

- MOH EVALUATION LETTER REFERENCE NUMBER: 299321

### CERTIFICATION

- BLS
- ACLS

### PERSONAL DETAILS

D.O.B. : 17-Dec-1998

Religion: Muslim

Nationality : Indian

Marital Status: Married

### EQUIPMENT'S HANDLED

- Thermometer
- Pulse Oximeter
- Glucometer
- ECG machine
- Sphygmomanometer
- CTG machine
- Defibrillator
- Infusion pump
- Suction apparatus
- Laryngoscope
- Cardiac monitor

### WORK EXPERIENCE.....

**BABY MEMORIAL HOSPITAL, KOZHIKODE, INDIA**

STAFF NURSE

**SEPTEMBER- 2021 TO OCTOBER-2023**

2 year and one month experience in **Baby Memorial Hospital**, as a **Staff Nurse** in **Medical surgical ward**.

### EDUCATION .....

**BSC NURSING (Batch-2016-2021)**

**AKG MEMMORIAL CO-OPERATIVE COLLEGE OF NURSING, KANNUR, KERALA**

KERALA UNIVERSITY OF HEALTH SCIENCES

**PLUS TWO (2016)**

**BOARD OF HIGHER SECONDARY EDUCATION. KERALA**

MARK SCORED:89%

**TENTH (2014)**

**KERALA STATE BOARD**

MARK SCORED:98%

### DUTIES AND RESPONSIBILITIES

- Admission and discharge procedures
- Explain diseases condition , treatment, measures and procedure done by briefly and clearly to patients.
- Provide health education to the patient and family
- Managing emergencies like cardiac arrest in the unit.
- Administration responsibilities
- Inventories and recording
- Maintain stock (linen, drugs)
- Attending rounds with physician and nursing personal
- Checking the working condition and setting equipment like AMBU bag, ECG machine, Laryngoscope, nebulizer, oxygen cylinder, suction apparatus, syringe pump, bipap, glucometer, cardiac monitor.

- Syringe pump
- Nebulizer
- Oxygen cylinder
- Bipap
- HFNC
- Ventilator

**PROCEDURES PERFORMED**

- Admission of patient and orientation of units.
- Bed making
- Vital signs
- Iv line insertion
- ECG monitoring
- Discharge procedures
- Mouth care
- Bed bath
- Catheter care
- Catheterization
- Tube feed
- Medical and surgical dressing
- Subcutaneous injection
- Intravenous injection
- Intra muscular injection
- Intradermal injection
- Preparing patient for surgery
- Care of pre&post-operative patients
- Colostomy care
- Tracheostomy care
- Sponge bath
- Monitoring intake and output
- Blood transfusion
- Administering medication.

**LANGUAGES**

- English
- Malayalam

**DIRECT PATIENT CARE**

- Care of patient with Endotracheal tubes, tracheotomy, EVD and surgical sites
- Care of actually ill stroke patients.
- Attend patients with stroke, GBS, myasthenia gravis and dealt with seizure patients in the Ward
- Specialized care for patients who underwent for major and minor Surgeries
- Managed Critically ill patients in the causality
- Nursing assessment and plan of care for patient
- Patient and family education
- Monitor safety and effectiveness of the environment and equipment

**BASIC NURSING PROCEDURES PERFORMED**

- Maintain asepsis, proper hand hygiene, and other infection control techniques while taking care of patients.
- Able to perform drug calculations and ivf administration
- Insertion of peripheral lines, ryles tube, Foley ‘catheter
- Administration of blood and blood products
- Prepare patients for investigation like MRI, CT scan, x ray, USG, 12lead ECG application, incentive spirometry
- Preparing patients for OT

**CURRICULAR ACHIVEMENT**

- Group research done on the topic-A study to assess the knowledge on adverse effects of PUBG among adolescent students in a selected high school in Kannur district.

**INTERNSHIP:-**

1. Govt. medical college Kannur, Pariyaram
2. VRC mental rehabilitation center, Vettom, Tirur
3. Govt. Mental health center, Kuthiravattom, Calicut
4. Malabar cancer center, Thalasseri
5. Govt. Hospital Thalasseri
6. Rusha hospital, Vellur.
7. Community health center, irivery. Chakkarakal Primary health center, Pothuvachery.

**DECLARATION .....**

*I hereby declare that above mentioned information given is true.*

Place: RAS AL KHAIMAH

Date: 08-01-2024

KHADEEJA JALVA