

LAINA MOL

Competent, compassionate, and empathetic Staff Nurse with 4 Years of background experience. Meets responsibility in patient safety, medication safety, coordination of care, and prioritization. Works well under pressure, persistent, determined, and goal oriented. Emotional stability to cope with human suffering, emergencies and other stresses. Offering leadership qualities with a positive attitude. Motivated, hardworking, organized, focused and dedicated. To embrace a career opportunity where my healthcare background and education would be conducive to achieving all goals.



CONTACT DETAILS



+971505120238



ayaatlaina@gmail.com



Dubai, muhaisina 4

ACADEMIC CREDENTIALS

B.Sc. NURSING | 2017,76%

- Azeezia Medical College
Kollam, Kerala

HIGHER SECONDARY | 2013 ,86%

- Model public school, CRPF,
Pallipuram
- CBSE

SSLC | 2009,68%

- Modern International School,
KSA Al-Hasa
- CBSE

COMPUTER PROFICIENCY

MS Office	★ ★ ★ ★ ★
Basic Operation	★ ★ ★ ★ ★
Internet & Email	★ ★ ★ ★ ★

PROFESSIONAL SKILLS

- Emergency medical care
- Patient safety protocols
- Administering medication
- Patient Assessment
- Infection Control
- Safe & Quality Nursing Care
- Medical Equipment
- Pain Management
- Empathy & Critical Thinking

KEY SKILLS

Team Work	Work Ethic	Analytical skills	Leadership Quality
Decision-making	Patient Advocacy	Stress Management	
Problem Solving Ability	Hardworking	Positive Attitude	Honesty

EMPLOYMENT CHRONICLE

- **STAFF NURSE** | 06 Sep 2021- 1 Dec 2024
RAJAKUMAR HOSPITAL, SHIVAMOGA
Department: Maternity and paediatric ward
- **REGISTERED NURSE** | 06 Jun 2019 – 05 Sep 2020
MANIPAL HOSPITALS, BENGALURU, INDIA
Department: Obstetrics & Gynaecology Ward

KEY RESPONSIBILITIES

- Provided comprehensive care for pregnant women, new mothers, and gynecological patients by monitoring vital signs, administering medications, and assessing their conditions.
- Assisted in the delivery process by monitoring labor progress and offering support to both mother and baby during childbirth.
- Offered postpartum care to new mothers, including guidance on recovery, breastfeeding, and infant care.
- Supported gynecological procedures, surgeries, and exams while educating patients on women's health matters.
- Monitored fetal health throughout pregnancy, including conducting fetal heart rate checks and ultrasound scans.
- Administered prescribed medications and intravenous therapies, ensuring accurate documentation.
- Provided immediate medical attention in emergency situations.
- Created a compassionate and supportive environment for patients and their families.

LANGUAGES KNOWN

English	<div style="width: 100%;"></div>	100 %
Malayalam	<div style="width: 100%;"></div>	100 %
Hindi	<div style="width: 100%;"></div>	100 %
Tamil	<div style="width: 80%;"></div>	80 %

PERSONAL DOSSIER

Gender : Female
Date of Birth : 06/12/1993
Nationality : Indian
Marital Status : Married

LICENCE :
DHA LICENCE No : 88719953

PASSPORT DETAILS

Passport Number : U9891641
Date of Expiry : 31/03/2031
Place of Issue : Trivandrum

INTERESTS



Songs



Travelling



Reading

- Maintains safe and clean working environment by complying with procedures, rules, and regulations.
- Maintaining and organizing medical equipment and supplies necessary for patient care.
- Adhering to strict infection control protocols to prevent the spread of infections in the ward.
- Maintains accurate medical records.
- Immediately stabilize incoming patients.
- Work with team of emergency staff to help patients.
- Help transfer stable patients to other wings.

PERSONAL STRENGTHS

- **COMMUNICATION** - Interpersonal skills – verbal, problem solving and listening skills in any administrative role.
- **SERVICE** - Having a client focused approach Skills include Patience, Attentiveness and a positive language.
- **ORGANIZATION** - Helping others, organizing a to-do list. Prioritizing tasks by the deadline for improving time -management.
- **MANAGEMENT**- Management skills to direct others and review others performance.

DECLARATION

I hereby declare that the above-mentioned information is true and I bear the responsibility for the correctness of the above-mentioned particulars.

LAINA MOL