



Lubna Noushad

Registered Nurse

Seeking a position that will enable me to expand my practical experience in providing quality healthcare to patients where I can make the most of my nursing education and training, in addition to my interpersonal skills to provide the highest level of patient care.

Contact

Phone

971525956168

Email

lubnanoushad29@gmail.com

Address

Hor Al Anz, Dubai

Certification

DHA ID No -

11513906

ACLS -

Advanced Cardiac life support

BLS -

Basic Life Support

Language

English

Malayalam

Hindi

Tamil

Personal Details

- Nationality : INDIAN
- Date of Birth : 29.10.1993
- Marital Status : Married
- Religion : Muslim
- Passport No : R5237389
- Passport Expiry : 24-Oct-2027

Experience

○ 2021 - Present

Lifenity International Advanced Polyclinic. - Al Nahda 2 , Dubai

Registered Nurse

Gynaecology, GP & Home collection (Covid swab)

- Assist Obstetricians and Gynecologists in various procedures related to delivery, postpartum, C-section, newborn care etc.
- Assess and document various clinical conditions and vital signs of the patient.
- Order appropriate diagnostic and laboratory tests, evaluate and record the results.
- Coordinate with other nurses and clinical staff in treating newborns and mothers.
- Assisting GPs with small procedures.
- Supporting patients with chronic disease management usually by helping create management plans and monitoring progress towards their health goals.
- Communicate effectively with patients, families/carers ensuring they are involved in decisions about their care/treatment and where relevant support the patient with self- management of their condition.
- Diagnosing and treating acute and chronic conditions such as diabetes, high blood pressure, infections, and injuries.

○ 2019 - 2021

Pulse Medicare Hospital - Kerala, India

Staff Nurse

Gynaecology Ward

- Maintain the highest standard of physical, psychological care to the patient by means of the nursing assessment, planning, care of delivery & evaluation.
- Maintain quality of patient care.
- Maintains patient's records, respect patient's privacy with confidentiality.
- Monitoring vital parameters (temperature, pulse, respiration & blood pressure)
- Responsible for ward inventories stock. Check controlled drugs at each shift.
- Check emergency trolley & equipment every day.
- Carried out gynecological and other pregnancy screening.
- Monitoring cardiotocography (CTG) & using portable machine.
- Administration of medication as per the five Golden rules.
- Assisting the medical team for the procedures & investigations.

Education

- B.Sc Nursing - Institute of Nursing education Manimalakunnu - MG UNIVERSITY
- Higher Secondary - SDPY Palluruthy Kerala HSE Board.
- S.S.L.C - CCPLM Anglo Indian High School Perumanoor.

Equipment Handled

- | | |
|--------------------|--|
| • Thermometer | • Nebulizer |
| • Sphygmomanometer | • ECG Machine |
| • Cardiac Monitors | • Glucometer |
| • Pulseoxymeters | • Suction Apparatus. |
| • CTG Machine | • AMBU bag |
| • Defibrillator | • Oxygen apparatus and wall connection |

Procedures Assisted

- | | |
|----------------------------|-------------------------------|
| • Basic life support (CPR) | • Central line care & removal |
| • Lumbar puncture | • E.C.G recording |
| • Suture removal | • Surgical dressing |
| • Drain removal | • Incision and drainage |

Reference

Prof: Mrs Reny Thomas, Principal - Institute of Nursing Education SME RC Manimalakunnu Oliyappuram ,PO Koothattukulam Ernakulam - 686662 Kerala, India

Declaration

Hereby I declare that all the details mentioned above are true to the best of my knowledge and belief.

Lubna Noushad