

## Curriculum Vitae

### Personal information

**Name:** Maryam Eltahir Mohamed

**Place and Date of birth:** 13<sup>th</sup> of June 1998, Dubai.

**Nationality:** Sudanese

**Marital Status:** Single.

**Religion:** Muslim

**Language(s):** English and Arabic

**Address:** Sharjah, UAE

**\*Valid driving license \***

**\*Valid resident visa till June 2022\***

### Contact information

**E-mail:** [maryamtahiirr@hotmail.com](mailto:maryamtahiirr@hotmail.com)

**Mobile phone:** +971528670227

### Languages

- **Arabic (first language)**
- **English (fluent: writing and speaking)**

### Qualifications

- Graduated with bachelor's degree in Physiotherapy at University of Sharjah in June 2019
- TOEFL IBT certified in Aug 2019
- Basic Life Support certified in 21<sup>st</sup> July 2020

### Research(es)

- The effect of forward head posture on the sensory motor integration using EMG device in 2019.

### Internship

**Thumbay Physical Therapy and Rehabilitation Hospital** (October 2019 – July 2020)

- ✓ Managed Inpatient department in **Thumbay University Hospital** during the COVID-19 pandemic to ensure patients have good respiratory rate and cleared lungs from secretions by Chest Physiotherapy Management.
- ✓ Helped patients achieve treatment plan by giving manual exercises, manual therapy and using equipment, as necessary.
- ✓ Assessed and documented patient improvement, adjusting treatment strategies, and trying new treatments if needed.
- ✓ Educated patients in suitable in-home exercises and treatments.
- ✓ Instructed patients and their families about recovery procedure and challenges they will face.

### Experience

- Worked as a receptionist at H20 fitness center (Oct 2018- December 2018)
- Worked as a promoter in Dove company at boots pharmacy in Mirdif City Center (Sep 2019)
- Volunteered as an organizer for a summer camp in (June 2018).
- Worked in Expo center- sharjah in April 2019 in Sharjah Children's Reading Festival as an organizer and book promoter.

## Clinical Rotations

- ✓ **Seniors' Happiness Centre, Dubai, UAE**
  - Geriatric rotation where I used to assess and evaluate their case and made group therapy exercise (Apr 2018 - May 2019)
- ✓ **Sharjah City for Humanitarian Services, Sharjah, UAE,**
  - Pediatric rotation where I designed PT programs individualized to meet children's specific needs (Sep 2018 - Oct 2018) (Feb 2019 - Apr 2019)
- ✓ **American hospital, Dubai, UAE**
  - Sport injuries rotation mostly following athletes' post-operations to plan rehabilitation programs to meet player's needs (Jan 2019 - Feb 2019)
- ✓ **Al Haws Al Khams Rehabilitation Centre, Sharjah, UAE**
  - Pediatric rotation where I worked one-on-one with children plus, I provided education to parents about home exercises to their kids. (Nov 2018 - Dec 2018)
- ✓ **University Hospital of Sharjah, Sharjah, UAE**
  - Gynecology rotation to observe vaginal delivery and C-section delivery and teach postnatal exercises and awareness (Oct 2018 - Nov 2018)
- ✓ **Rashid Hospital, Dubai, UAE**
  - MSK rotation where I have seen different MSK injuries arranging from shoulder to toe and had to shadow PT and assist him with patient's exercise (Mar 2018 - May 2018)
- ✓ **Kuwaiti Hospital, Sharjah, UAE**
  - Medical surgical and burn rotation where learnt PT rule in burn management in ICU and lymphedema management (Jan 2018 - Mar 2018)
  - Neurology rotation observed PT rule for patients post brain surgery, TBI, SCI, CVA and more (Nov2017 - Dec2017)
- ✓ **Dubai Hospital, Dubai, UAE**
  - MSK rotation to manage PT for patients post operation in frozen shoulder, fractures, ACL and more (Sep2017 - Nov2017)
- ✓ **In Qassimi hospital, Sharjah, UAE**
  - Cardiology and respiratory rotation where I used to teach patients breathing exercises or using breathing assisted devices (Jan 2017 - Mar 2017)

## Personal Skills

- Creative and always able to think outside the box
- Ability to work well under pressure
- I.T. skills including experience in Microsoft Office (Word, PowerPoint) for 8 years

## Certification

- Attended Life Webinar on Role of Physical therapy in COVID-19
- Completed myofascial release therapy theory and practical.
- Completed physio plus online course on understanding Coronavirus Disease (COVID-19)
- Completed Cervical spine Physiotherapy Management Online Master Class
- Attended the EMA&EPS "Clinical Reasoning and Decision Making in MSK Practice"
- Completed Basic Life Support course

## Reference

- Available on request