

**MITHUN ARAVIND**

Mob: 052-7110955

mithwarocks@gmail.com**PERSONAL DATA:**

Sex : Male
Father's Name : O C Aravindakshan
Date of Birth : 28-04-1987
Nationality : Indian
Languages known : English, Malayalam, Tamil, Hindi
Designation : Physiotherapist
Professional Qualification : Bachelor of Physiotherapy
License Status : MOH
R Number : 144563

SCHOLASTIC RECORD:

Degree	Institution	Universtiy/ College	Year
BPT	TISAT , Thrissur	Sikkim Manipal Universtiy for science & technology	2009
HSE	TRKHSS, Vaniyamkulam Palakkad	HSE Board	2004
SSLC	SDAHSS Ottapalam	Kerala State Board	2002

PROFESSIONAL TRAINING

I have worked with the following hospitals for about four and half years as a part of my B.P.T curriculum.

- Hosmat Hospital, Bangalore.
- Manipal Hospital, Bangalore.
- ST.Philomena`s Hospital, Bangalore.
- West Fort High Tech Hospital, Thrissur.
- Mother Hospital, Thrissur.
- Metropolitan Hospital, Thrissur.
- Bethesda Geriatric & Paediatric home, Thrissur
- Holy Family hospital, Ollur, Thrissur

ROTATIONAL POSTINGS DURING THIS TENURE WITH VARIOUS DEPARTMENTS LIKE

- Intensive Care Units.
- Department of Neurology
- Neuro Surgery wards
- Neuro Rehabilitation ward
- Department of Cardiology and OT
- Cardio Thoracic Surgery
- Department of Orthopaedics
- General Medicine
- Department of Geriatrics
- Department or Paediatrics
- Obstetrics and Gyneacology
- Medical and Surgical Wards
- Sports Medicine and Ergonomics
- Physiotherapy Out Patient Departments

These gave me the all round exposure and the opportunity to demonstrate my capability and utilize maximal potentials

PROFESSIONAL ACTIVITIES

- Attended “**Workshop On Approaching Healthy Lifestyle**” conducted by **NOVO HEALTHCARE** at Sheraton Hotel On 13th & 14th September 2018.
- Attended “**Mother & Child – Challenges In Daily Clinical Practice**” conducted by **NMC SUNNY Medical Centre LLC**, Sharjah, UAE at Radisson Blu Resort, Sharjah on 13th October 2017
- Attended “**Emergency Medicine Critical Care**” conducted by **SAFETY FIRST MEDICAL SERVICES**, at Sheraton Hotel, Sharjah on 14th & 15th September 2017
- Attended “**Basic Life Support For Health Care Providers(AHA – BLS)**” conducted by **2015 AMERICAN HEART ASSOCIATION GUIDELINES CPR & ECC**, at Zulekha Hospital, Sharjah on 13th October 2017

WORK EXPERIENCE

Consultant Physiotherapist at NMC SUNNY Medical Centre Rolla Sharjah From January 2016 to October 2018.

Consultant Physiotherapist at BAY SQUARE THERAPY HEALING CLINIC Dubai From May 2015 to September 2015

Consultant Physiotherapist at Smart Physiotherapy And Wellness, Trissur, Kerala, India From March 2013 to February 2015

Consultant Physiotherapist at Holy Family Hospital, Ollur, Thrissur, Kerala from July 2009 to November 2012.

PROFESSIONAL INTEREST AND SPECIALITIES

Assessment, Diagnosis and Physiotherapy Rehabilitation for the patients with

- Neurological disorders
- Musculoskeletal disorders
- Paediatric disorders
- Sports injuries
- Cardio – Pulmonary diseases

DECLARATION

I am confident that I will be able to perform my duties to your entire satisfaction. If you feel my background qualification me for a position with your firm, I Shall appreciate a personal interview at your convenience. The information stated above is real and true to the best of my knowledge.

Sharjah

Mithun Aravind