



ELIZABETH VARGHESE

STAFF NURSE - NICU (NEONATAL)

CONTACT

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Sharjah, UAE

EDUCATION

2011 - 2017

RAJIV GANDHI UNIVERSITY
OF HEALTH SCIENCE
BANGLORE ,KARNATAKA

2009 - 2011

NSS HIGHER SECONDARY
SCHOOL KARUKACHAL,
KOTTAYAM, KERALA

SKILLS

- Adaptability
- Problem solving
- Leadership
- Conflict Resolution
- Good communication skills
- Good care giver

LANGUAGES

- English
- Malayalam
- Kannada

REGISTRATION

MOH ELGIBILITY

REFERENCE NO : 12136

KERALA NURSES&MIDWIVES COUNCIL

REGISTER NO : KL04202001784

PROFILE

Skilled nursing professional with more than 6 years of experience and passion for providing the highest quality of behavioral and medical care. Compassionate and empathetic advocate for patients and families. Skillfully assesses health status, develops diagnoses and manages care for patients with acute and chronic concerns. Experienced in structured and unstructured environments, smoothly coordinating multiple activities and competing priorities.

WORK EXPERIENCE

- **Dubai Health Authority, Dubai** 02-2021
Staff Nurse - Pandemic care unit 12-2022
 - Admission and Discharge Procedure
 - Administration of Medicines and Injunctions
 - Oxygen and Therapy.
 - IV Cannulation
 - Blood Transfusion
- **TARA HOSPITAL, Mangalore** 09-2017
REGISTERED STAFF NURSE (NEONATAL) 02-2020
 - Admission and Discharge Procedure
 - Administration of Medicines and Injunctions
 - Oxygen and Therapy.
 - IV Cannulation
 - Blood Transfusion
 - RT Insertion and Feeding
- **Tara Hospital, Mangalore** 11-2015
Staff Nurse - Trainee 08-2017
 - Performed various nursing interventions such as wound dressing, vital sign monitoring and specimen collection.
 - Implemented medication and IV administration, catheter insertion and airway management
 - Trained new nurses in proper techniques, care standards, operational procedures and safety protocols.

TYPES OF PATIENT HANDLING

- Premature Cases
- Fever
- Hypoglycemia
- Neonatal Jaundice
- Intra Uterine Growth
- Restriction (IUGR)

PASSPORT&VISA DETAILS

PASS PORT NO : P5861159
EXPIRY DATE : 12/01/2027
VISA : RESIDENCE
EXPIRY DATE : 28/02/2025

BASIC LIFE SUPPORT CERTIFICATE BY AHA

TYPES OF EQUIPMENT HANDLED

- Ventilator.
- CPAP
- Suction Apparatus
- Oxygen Flow Meters
- Nebulizers. Glucometer.
- Laryngoscope with Different Size of Blades
- Syringe Pump.
- Infusion Pump.
- Neonatal Warmer.
- Pulse Oxymeter.
- Cardiac Monitor.
- Radiant Warmer.
- Incubator.
- Ambu Bag Crash Kit.

DUTY AND RESPONSIBILITIES

- Provides direct care and related duties in critical care and maintains current knowledge of critical care nursing practice and standards.
- Plans, implements and evaluates nursing care given to assigned neonate in an effective and organized manner. Responsible to keep the infant receiving articles like warmer, suction, oxygen & AMBU bag, ET tubes etc. ready. Responsible for receiving the infant from the labor room/ operating room
- Demonstrates complete skill in performing immediate newborn care procedures like clamping the cord, checking cord pulsation, insertion of nasogastric / or gastric tube, gastric lavage, aspiration, administration of Inj. Vitamin K, and check for anal patency
- Responsible for placing the correct Identification Band on the newborn infant's hand and also to take the foot print
- Performs newborn assessment including anthropometric measurements
- Demonstrates adequate knowledge and skill in assessing and caring for newborn with congenital abnormalities. Responsible for initial assessment and stabilization of the newborn in the neonatal intensive care unit, placing the infant on continuous hemodynamic monitoring, maintaining thermoregulation, performing capillary glucose monitoring etc. Demonstrates deep knowledge in the care of infant under phototherapy
- Assesses and documents vital signs including SpO₂, at specified frequency as per hospital policy
- Performs or assists with feedings i.e. breast feeding or gavage feeding. Performs baby bath, cord care and eye care meticulously for the infants. Performs newborn screening test including audiometry
- Provides for the physical, psychological and social needs of the patient and families
- Predominant role in preparation, administration and documentation of medication
- Performs a wide range of nursing procedures with attention to accuracy, patient safety and comfort, including those requiring strict aseptic technique
- Assists with transfer of newborn / infant within the health care facilities and serves as transport nurse for newborn / infant during ambulance transport
- Provides health education to the infants' parents about care of infant at home including breast feeding and immunization
- Competent in neonatal resuscitation and performs when needed
- Responsible for completing all the details on the birth notification form and labor and delivery register.
- Maintains and updates all relevant patient documentation / medical records as per hospital policy and procedure.
- Follows the reporting mechanisms / chain of command in the nursing services department. All patient care issues shall be correctly and promptly reported.

I Hereby declare that the above mentioned details are true and correct to the best of my knowledge and belief.