

# MAJIDHA MARJANA

## OPTOMETRIST

Results-driven **Optometrist** with 3+ years of experience in conducting comprehensive eye exams, diagnosing eye conditions, and prescribing corrective eyewear. Skilled in contact lens fitting, pre- and post-operative care for lasik and cataract patients, and collaborating with ophthalmologists for complex case management. Strong ability to educate patients on eye health and manage conditions like digital eye strain. Experienced in training staff, maintaining patient records, and optimizing clinic operations. Committed to delivering high-quality, patient-focused care and ensuring satisfaction through personalized treatment.



## CONTACT ME

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 majibaru@gmail.com

 UAE

## SKILLS

Expert Eye Examination

Refraction & Prescription

Contact Lens Fitting & Care

Surgical Support & Post-Operative Care

Patient Education

Collaborative Care

Patient Records & Documentation

Ocular Disease Screening

Vision Therapy & Rehabilitation

Time Management & Prioritization

Digital Eye Strain Management:

Communication Skills

Adaptability and Flexibility

Teamwork



## EXPERIENCE

Nov 2023 – Apr 2024

**OPTOMETRIST**

**RAYHAN EYE HOSPITAL AND LASIK CENTRE, KERALA, INDIA**

### Duties and Responsibilities

- **Comprehensive Eye Exams & Diagnosis:** Conduct thorough eye exams to assess vision and overall eye health, diagnose refractive errors, and detect eye diseases using specialized equipment.
- **Refraction & Prescription:** Perform refraction tests to determine accurate prescriptions for glasses or contact lenses, providing personalized recommendations based on visual needs.
- **Contact Lens Fitting & Care:** Assess suitability for contact lenses, fit patients with the appropriate lenses, and provide instructions for care, comfort, and safety.
- **Pre- and Post-Operative Care:** Assist with pre-operative assessments for lasik and cataract surgeries, and provide follow-up care to ensure proper recovery and optimal vision.
- **Patient Education & Digital Eye Strain Management:** Educate patients on eye health, proper eyewear usage, managing conditions like dry eyes or digital eye strain, and recommend blue light lenses when necessary.
- **Collaborative Care & Co-Management:** Work alongside ophthalmologists and other healthcare providers to manage complex cases, including co-managing eye diseases and post-surgery recovery.
- **Maintaining Patient Records & Follow-Up:** Keep accurate and up-to-date patient records, including exam results, treatment plans, and follow-up appointments, ensuring ongoing patient care and satisfaction.
- **Vision Therapy & Rehabilitation:** Provide vision therapy for disorders and rehabilitation after eye surgeries, ensuring optimal recovery and long-term eye health.
- **Optical Dispensing & Frame Adjustments:** Assist patients in selecting suitable frames, make adjustments for a proper fit, and recommend specialized eyewear for specific needs.
- **Training & Supervision of Junior Staff:** Train and supervise junior staff on eye care protocols, ensuring high standards of patient care.
- **Ocular Health Screenings:** Conduct screenings for conditions like glaucoma, cataracts, and other eye diseases to detect potential issues early and recommend appropriate treatment.

Jan 2021 – Oct 2023

**OPTOMETRIST**

**CHIRAKKAL OPTICALS, TIRUR, KERALA, INDIA**

Jul 2018 – May 2019

**INTERNSHIP – 6 Months**

**IMRAN'S EYE HOSPITAL, CHEMMAD, KERALA, INDIA**

## EDUCATION

- ❖ **Bachelor of Science - Optometry**  
Rayhan College of Optometry and Health Science, Edappal, India  
Singhania University | Year 2020-2023
- ❖ **Diploma in Optometry**  
Imran's Institute of Allied Health Science, Bharat Sevak Samaj, Central Board of Examination | Year 2016-2018

## PERSONAL INFO

Date of Birth : 11/02/1999  
Gender : Female  
Nationality : Indian  
Marital Status : Married  
Visa Status : Husband's Visa

## LANGUAGES KNOWN

English

Malayalam

## AREA OF EXPERTISE

- ❖ Comprehensive Eye Exams
- ❖ Prescription of Corrective Lenses
- ❖ Fundus Examination Assistance
- ❖ Patient Education and Emotional Support
- ❖ Collaborative Care with Healthcare Professionals
- ❖ Customer Service Excellence
- ❖ Surgical Support in Emergency Situations
- ❖ Applanation Tonometry, A-Scan and B-Scan Biometry
- ❖ Perimetry and HFA (Humphrey Field Analyzer)
- ❖ Keratometry and Topography
- ❖ Optical Coherence Tomography (OCT)
- ❖ Retinoscopy, Pachymetry, Lensometry

## DECLARATION

I do here by declare that the above-mentioned details are true and correct to the best of my knowledge, Information and belief.

**MAJIDHA MARJANA**