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# MUSTAFA SULIMAN

## GENERAL PRACTITIONER

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## PROFESSIONAL SUMMARY

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Experienced General Practitioner with more than 2 years in emergency room as well as trauma and ICU. Proficient in fast person evaluation, triage therapy. Proficient collaborator in high-stress settings, making sure ideal client results. Committed to recurring discovering as well as supplying quality in emergency situation treatment and good communication with patients. Hold DHA eligibility letter and MOHAP evaluation letter.

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## EXPERIENCE

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### General Practitioner,

11/2021 - 12/2023

### Gezira Traumatology Center - Gezira state, Sudan

- Worked in ICU, emergency room department and ward of hospital during this period
- **In ICU department :**
  - Taken care of conducted initial assessments of critically ill patients. continuously monitor patients' vital signs, neurological status, response to treatment, adjusted management plans as needed and increased patients survival rate about 20% greater
  - Taken care of wide array of intense clinical, medical emergency situations, increased patients survival rate about 20% greater taken care of wide array of intense clinical, medical emergency situations, and increased patients survival rate about 20% greater
  - Collaborated with multidisciplinary teams, including intensivists, nurses, respiratory therapists, and specialists, to develop comprehensive treatment plans for critically ill patients, reached my 70% of my goals in making fast, proof based choices under stress.
  - Performed various bedside procedures to support critically ill patients, such as central venous catheter placement, arterial line insertion, endotracheal intubation, and chest tube placement. ensure that procedures are performed safely and effectively, minimizing complications and maximizing patient comfort
- Provided clear and compassionate communication to patients and their families, explained medical conditions, treatment options, and prognosis and offer emotional support, address concerns, facilitate shared decision making regarding care goals and end-of-life preferences
- **In Emergency room :**
  - Initial Assessment and Stabilization by conducted rapid assessments of trauma patients, prioritised interventions based on the severity of injuries, patient status and quickly identify life-threatening conditions such as airway obstruction, breathing difficulties, severe bleeding and initiate appropriate interventions to stabilize the patient's condition
  - Handling individual treatment groups plus collaborated tasks throughout mass casualty cases, significant emergency situations, ordered and interpreted diagnostic tests such as ultrasound, X-rays, CT scans, and blood tests to evaluated the extent of injuries and guided treatment decisions. administered medications for pain management, sedation, hemodynamic support as needed and perform minor procedures such as wound care, suturing, or splinting to address acute injuries.
  - Gaining knowledge in triaging Patients in Intensive care unit and emergency room based upon the extent of their problem plus the seriousness of their demands, advocated for the needs of trauma patients, ensured they received timely and appropriate interventions to optimize outcomes.

- Worked closely with multidisciplinary teams, including trauma surgeons, nurses, radiologists, and specialists, to coordinate comprehensive care for trauma patients. Trained in catastrophe medication discovering just how to mobilize sources.

### ● In Ward Department :

- Evaluate the healthcare requirements of patients dealing with undifferentiated and undiagnosed issues.
- Create healthcare plans for patients in collaboration with them and in accordance with established disease management guidelines, which also involve offering health education.
- Adhere to all relevant organizational policies and procedures, such as confidentiality, data protection, health and safety, and infection control.
- Participate in mandatory training sessions as required by the Practice.
- Reflect on personal practice through Significant Event Analysis (SEA), appraisals, and patient feedback.

### InternShip

06/2020 - 06/2021

#### Federal Ministry Of Health, Sudan

- Completed internship in general medicine, obstetrics and gynecology, pediatric and child health and general surgery full time work
- Learned primary ICU and emergency situation in each speciality
- Developed proficiency in conducting thorough physical examinations, including assessing vital signs, performing systems-based examinations, and recognizing important physical findings
- Complete Ministry Of Health achievement of 90%
- Learned effective techniques for taking comprehensive medical histories, including gathering information about the patient's chief complaint, medical history, family history, social history, and medication history, practical and clinical skills such as percussion, palpation, auscultation
- Adherence to legal and ethical standards regarding patient privacy and confidentiality
- Performed 80 medical and minor surgical procedures during the internship including suturing, injections, and minor surgeries, enhancing practical skills across various rotations.

## EDUCATION

**Bachelor of Medicine and Surgery,**  
**University of Gezira - Gezira, Sudan**

05/2019

**Master Degree in Anatomy:**  
**University of Gezira - Wad Madani, Sudan**

01/2021

## SKILLS

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|--|----------------------|
| • Communication skills                 | • Health promotion   |
| • Research and clinical research skill | • Emergency medicine |
| • Interpersonal skills                 | • Primary care       |
| • Stress management skills             | • Adaptability       |
| • Problem solving                      | • Leadership         |
| • Team work                            | • Stress management  |
| • Time management                      | • Patient care       |
| • Microsoft Word, excel, fast typing   | • Medical diagnosis  |
| • Organization skills                  | • Minor surgeries    |
| • Data analytically skills             |                      |

## MEDICAL LICENCE

- Dubai Health Authority eligibility letter -DHA.

4/2024

- MOH evaluation letter. 4/2024,
- Sudan Medical Council Full Regeneration medical practitioner. 7/2021
- USMLE Step1. 7/2022

**Other Qualifications**

- Advance cardiac life support - save a life certification by NHCPS. 5/2024
- Pedatric advance life support - save a life certification by NHCPS. 5/2024
- Basic life support save a life certification by NHCPS. 5/2024
- CPR course and First aid coursesave save a life certification by NHCPS 3/2024

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**LANGUAGES**

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**Arabic (native)** **English (fluent)**