

CURRICULAM VITAE

NEETHU RACHEL VARGHESE

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MOH License No : RN015989



OBJECTIVE :- Seek to get associated with growth oriented organization and handle challenging assignments to achieve the desired goals and utilizing strong skills backed by surgery of professional skills and experience and to further develop interpersonal skill through teamwork and dedication “Excellent Service Towards Perfection”.

PERSONAL ATTRIBUTES:-Willing to adapt a new environment, excellent communication, interpersonal and problem solving skills within high sense of responsibility, open minded and a good team player, motivational and inspirational leader who enjoy being part of a successful team and strives in highly pressurized and challenging working environment

PERSONAL PROFILE

Name	:	Neethu Rachel Varghese
Sex	:	Female
Age	:	25yr
Date of birth	:	03/12/1993
Religion	:	Christian
Marital Status	:	Single
Nationality	:	Indian
Qualification	:	Bsc. Nursing
Designation	:	Medical surgical staff nurse
Permanent Address	:	Niravathu Thekkethil House. Elanthoor p.o, Pathanamthitta (Dist) Kerala (state), pin-689643
Language Known	:	English, Hindi, Malayalam

Passport details : P 4790562

Visa Status : Visit Visa

ACADEMIC QUALIFICTION

Course	Name of institution	Board	Year of passing	percentage
S.S.L.C	M.T.H.S.S	Kerala state board of public	2009	73%
H.S.E	Plus two	Board of higher secondary examination	2011	65%

PROFESSIONAL QUALIFICATION

<i>Qualification</i>	<i>Year of Passing</i>	<i>School/ College</i>	<i>University / Board</i>	<i>% of Marks</i>
B. Sc Nursing 1st Year	2012	Bharati Vidhyapeeth College of Nursing,Pune	Bharati vidhyapeeth deemed University	56%
B. Sc Nursing 2 nd Year	2013	Bharati Vidhyapeeth College of Nursing, Pune	Bharati vidhyapeeth deemed university	60%
B. Sc Nursing 3 rd Year	2014	Bharati Vidhyapeeth College of Nursing,Pune	Bharati vidhyapeeth deemed university	64%
B. Sc Nursing 4 th Year	2015	Bharati Vidhyapeeth College of Nursing,Pune	Baharati vidhyapeeth deemed university	61%

REGISTRATION AND MEMBERSHIP OF PROFESSIONAL BODIES:

Maharashtra Nursing Council: - Reg No- XVI-19405

EXPERIENCE DETAILS:-

Name of hospital	Position	From	To	Work place
Godrej memorial hospital	Staff nurse	17/08/2015	09/10/2018	Medical surgical ward

RESPONSIBILITIES FULLTIME WITH 48 HOURS PER WEEK

- Admission and discharge procedure
 - Orientation of the unit, ward and staff
 - Maintenance good nurse patient relationship including orientation of the unit, ward staff and patient family education.
 - Close observation and recording of patient vital signs and finding.
- Assist the physician on assessment of the patient.
- Hot and cold application.
 - Personal hygiene including assist in activities of daily living.
 - Care of pressure sore.
 - DVT prophylaxis.
 - Carryout Doctors order and attending rounds.
 - Prevention of aspiration.
 - Administration of drugs.
 - Nebulisation.
 - Steam inhalation.
 - Care of drain.
 - End of life care
 - IV insertion.
 - Administer medications according to the ten rights.
 - Provide comfortable position to the patient.
 - Inform patient condition to the doctor time to time.
 - Nasogastric and JJ tube feeding.
 - Suctioning and clear the airway of the patient.
 - Instructing the patient how to and to take medicine.
 - Cope up with hospital policies.
 - Pre and post operative care of the patient.
 - Care of invasive catheters
 - Administration oxygen inhalation.
 - Maintaining records and reports.
 - Give psychological support to the patient and relative.

PROCEDURE ASSISTED

- Post operative dressing.
- Foleys catheterization.
- Suturing.
- Needle Aspiration

PROCEDURE KNOWING

- CPR
- Ryles tube insertion
- Urinary catheterization
- Central line care
- ICD care

- Tracheostomy care
- Hot and cold application

WORK EXPERIENCE

- Syringe pump
- Bipap machine
- Ambubag
- Infusion pump
- Pulse Oxymeter
- ECG Machine
- Glucometer
- Nebulizer
- Suction Apparatus

COMPUTER KNOWLEDGE

- MS Office

REFERNCE

GODREJ MEMORIAL HOSPITAL

1. Mrs. Agnes Dsouza
Chief of nursing
Godrej memorial hospital
Vikhroli east
Mumbai
Ph no-09920933164

DECLARATION

I solemnly declare that the particulars are given above by me are correct to the best of my knowledge & belief.

Neethu Rachel Varghese

Place: Sharjah

Date: