



SAJNA JOSE
GNM NURSING

Contact No:

0506957599

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Email:

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Visa Status: Visit Visa

Date of Birth: 28/05/1994

Sex: Female

Marital Status: Married

Language Known:

English, Hindi, Tamil &
Malayalam

Computer Literacy:

MS Office & DTP

Religion:

Christian

Nationality:

Indian

Passport No:

R3219986

Academic Qualification

Diploma in nursing:
Sruthi school of nursing

Higher Secondary in
NSSHS from adoor

SSLC Board of Public
Examination Kerala

Career Objective: Looking for long-term association with people oriented organization where individual talents, skills, honesty, hard work are acknowledged and conducive work culture is provided.

Licensures & Certifications:

Assistant Nurse: DHA Unique ID 13065246

BLS certified by American Heart Association

Professional Experience: 3 years of experience as a Staff Nurse.

Hospital : FORTIS HOSPITAL BANGLORE INDIA

Period : 30/10/2019 to 28/11/2021

Dept of : OT

Designation : Staff Nurse

Hospital : DEEPAK MEMORIAL HOSPITAL NEW DELHI ,INDIA

Period : 02/05/2016 to 06/06/2017

Dept of : OT

Designation : Staff Nurse

KEY RESPONSIBILITIES HANDLED: -

(A)Preoperative

1. Checks the card file for surgeon's special needs/ requests.
2. Opens sterile supplies.
3. Scrubs, gowns and gloves and sets up sterile field. Obtains instruments from flash autoclave if necessary. Checks for proper functioning of instruments equipment's. Performs counts with circulator.

(B)Preincisional

1. Complete the final preparation of sterile field.
2. Assists surgeon with gowning/ gloving.
3. Assists surgeon with draping and passes off suction/ cautery lines.

(C)During the Procedure

1. Maintains orderly sterile field.
2. Anticipates the surgeon's needs (supplies/equipment).
3. Maintains internal count of sponges, needles and instruments.
4. Verifies tissue specimen with surgeon, and passes off to circulator.

REFERENCES

Mrs. Latha Nonis
Chief of Nursing
Fortis Hospital
Bannerghatta
Bangalore

Ph: +919019121014

(D) CLOSING PHASE

1. Counts with circulator at proper interval.
2. Organizes at closing suture and dressings.
3. Begins clean-up of used instruments.
4. Applies sterile dressings.
5. Prepares for terminal cleaning of instruments and non-disposable supplies.

CIRCULATING NURSE

(A). Preoperative

- 1 . Assist in assembling needed supplies.
- 2 . Opens sterile supplies
- 3 . Assists scrub nurse in growing.
- 4 . Performs and records counts.
- 5 . Admits patient to surgical suite.

(B). Preincisional

- 1 . Transport patient to procedure room.
- 2 . Assists with the positioning of the patient.
- 3 . Assists anesthesia during induction.
- 4 . Performs skin prep.

(C). During the procedure

- 1 . Maintains orderly procedure room.
- 2 . Anticipates needs of surgical team.
- 3 . Maintains record of supplies added.
- 4 . Receives specimen and labels it correctly.
- 5 . Maintains charges and O.R records.
- 6 . Continually monitors aseptic technique and patient's needs

EQUIPMENTS USED

Caurtery machines , Laproscopic Instruments,Flash Autoclave, Litho cast , camera , Light Source , Tourniquet , Endoscopic recording system , HD Camera for Endoscopy.

SURGERY ASSISTED

*** General Surgery.**

***Open Surgeries.**

Laparotomy,Gastrectomy,Appendicetomy,Gastrojejunostomy,
Haemorrhoidectomy Fistulectomy,Hydrocelectom,Herniotomy,
Varicocelectomy,Testicular Biopsy

*** Laparoscopic Surgeries.**

SleeveGastrectomy,Fundoplication,
Lapcholecystectomy,Hernioplasty/Meshrepair
Appendisectomy,Overiancystectomy

***Plastic Surgeries.**

Dermabrasion, Burn Dressing, Abdominoplasty, Liposuction
Skin grafting, AV Fistula

***ENT Surgeries.**

Mastoid Exploration, Thyroidectomy, Tympanoplasty, Tonsillectomy,
Septoplasty

Professional Skills:

- Knowledge of current and established professional nursing concepts, principles and practice to assess patient's needs.
- Leadership and communication skills.
- Perfect attendance.
- Adjust to any situation and handle it carefully.
- Lifelong validity of Indian nursing License.
- Ability to handle multi languages.

Declaration

I hereby declare that the above-furnished details are true and correct to my knowledge and belief.

SAJNA JOSE

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