

# VRUNDA BALAKRISHNAN

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United Arab Emirates



## Career Objective

Seeking a career as **Staff Nurse** with a growth oriented organization, which appreciates hard work and provides a motivating work environment for career advancement in order to enhance and broaden my personal and professional skills so that I will be able to contribute more effectively to the organization.

## Profile Summary

12 Years of experience as a Staff Nurse in India & UAE

Sufficient nursing experience.

Excellent communication and interpersonal skills & can work independently.

Ability to deal with stressful situations and adapt within the working environment.

Ability to work within a team setting

## Educational Qualifications

### **Plus Two**

**Diploma in Nursing Midwifery (G.N.M)**

**Diploma in computer application (D.C.A)**

**MOH LICENCE (REG NO:-PN000935)**

## Employment History

- **Staff Nurse**  
**ACCESS CLINIC AJMAN (DM HEALTH CARE-ASTER)**  
November 2016-November 2022
- **JJ SPECIALITY CLINIC-KIDANGOOR-KERALA.**  
01/MARCH/2013-20/MARCH/2016.(General Medicine & Pediatric)
- **GMC HOSPITAL-AJMAN-UAE**  
Feb-2011-Sep2011 (Labour Room & Gynaec ward).
- **AMRITA INSTITUTE OF MEDICAL SCIENCE.-(AIMS)**  
Edapally-Kochi-India.  
May: 2007-May: 2008  
  
Labour Room, Post-Operative ICU.  
Surgical ICU, E.N.T, Urology ICU & Kidney Liver Transplant ICU
- **DHANYA MISSION HOSPITAL.**  
Chalaky, Thrissur-India.  
April.2006-April: 2007  
June.2008-July-2009  
Aug.2010-Oct: 2010  
  
Labour Room & Gynaec ward

## **Duties & Responsibilities**

Responsible for the day-to-day medical assessments and checkups  
Responding quickly to emergencies.  
Preparing patient care plans;  
Blood pressure and temperature;  
Observing and recording the condition of patients;  
Checking and administering drugs and injections;  
Setting up drips and blood transfusions;  
Assisting with tests and evaluations;  
Carrying out routine investigations;  
Implementing plans through tasks such as preparing patients for operations, wound treatment and monitoring pulse, blood pressure and temperature;  
Responsible for the supervision of the nurse and staff in the labor and delivery unit.  
Deep knowledge of the medical terminology regarding labor and delivery.  
Responsible for the day-to-day medical assessments and checkups.  
Keep the track records of reports of checkups, medical prescription and discharge time of all 300-bed unit patients.  
Provided the nursing care before and after the operation for patients.  
Great ability to deal with the patient and families queries and problems and to resolve them.

## **Communication Skills**

English, Malayalam, Hindi

## **Personal Details**

Date of Birth	:	04 <sup>th</sup> .April 1985
Marital Status	:	Married
Passport No.	:	G 4013455
Nationality	:	Indian
Visa Status	:	Family Visa

## **Interpersonal Skills**

Work under pressure  
Quick learner

\*\*\*Note: References and other details will be provided upon request\*\*