

# Najitha A

## Doctor, Medical Coder

Vadakkumthala East, Kerala 690536

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7510751514

I would like to be a person who actively listens to others with an open mind and empathizes with their concerns. A person who shows kindness, understanding, and caring towards others. Someone who pays great attention to detail and is always precise and thorough in their work. A friendly and pleasant person who is easy to get along with. A person who is motivated and committed to achieving their goals despite obstacles or setbacks.

Willing to relocate: Anywhere

## Personal Details

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**Date of Birth:** 1986-05-31

**Highest Career Level:** 5+ years experience

**Industry:** Education & Instruction, Medical Therapy, Physician Assistants, Scientific Research & Development

**Total years of experience:** 10

## Work Experience

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### Lecturer

Dhanvantari Ayurveda College and Hospital - karnataka

July 2023 to Present

1. Teaching physiology to first-year students and Rog Nidana to second-year students.
2. In addition, I conduct practicals in physiology and pathology.
3. Supervise project works and seminars at intra and inter-college levels.
4. Organize both academic and non-academic events in the college.
5. Lastly, I am responsible for maintaining the data of books, instruments, specimens, and charts as part of my departmental duties.

### PG in Rog Nidan Evum Vikriti Vigyan

Chaudhary Brahm Prakash Ayurved Charak Sansthan, Khera Dabar, Najafgarh, New Delhi - Delhi

November 2019 to December 2022

1. Patient management and treatment both in OP and IP levels.
2. Evaluate the nutritional status of patients and aid in the prevention and treatment of inadequate nutrition.
3. Thesis work - To evaluate the Role of Mental factors in Premature Graying.
4. Poster presentation and PowerPoint presentation on various diseases, nutritional status and food.
5. Written articles on various topics related to food and disease.
6. chapter contribution titled 'Kerala Ayurveda' in the upcoming book 'Indian History of Ayurveda'.

7. Covid warrior as patient management, counselling, referrals, pathology lab duties, and maintaining data.
8. Taken classes for undergraduates and interneers.

### **Physician**

Sensmed Ayurvedic - Kollam, Kerala

March 2016 to August 2019

- During the time treating patients at an OP level, I utilized leech therapy, blood letting, vomiting therapies to help patients suffering from skin diseases, varicose veins, and other ailments.
- Additionally, I treated gynecological and pediatric patients.

### **Physician cum Nutritionist**

Healthcare Ayurvedics - Kollam, Kerala

December 2013 to July 2015

1. I'm proud to say that I established the clinic.
2. While I was pursuing my PG diploma course, I worked hard to fulfill my responsibilities as both a physician and a nutritionist.
3. Additionally, I also took on the role of a physiotherapist for my patients.
4. Since Ayurveda is intricately connected to an individual's diet, I always made sure to provide guidance as a nutritionist.

### **Consultant**

Sreekumara Ayurveda pharmacy & nursing home - Kollam, Kerala

May 2011 to September 2012

1. Consultation of patients in OP
2. Data management of patients both in OP and IP levels.
3. Treatment management of IP patients.
4. P/R and P/V examination of female patients.
5. Overall care of the patients as a customer care executive.

### **Medical Coder**

Arown academy - Calicut, Kerala

Fresher

## **Education**

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### **Master's in BAMS**

Chaudhary Brahm Prakash Ayurved Charak Sanstha, Khera Dabar, Najafgarh. Guru Gobind Singh  
Indraprasths University, Delhi - Najafgarh, Delhi

November 2019 to November 2022

### **Diploma in Medical coding**

Arown academy - Calicut, Kerala

January 2021 to April 2021

### **Diploma in Alternative Medicine**

Indian Board of Alternative Medicine - West Bengal

August 2012 to September 2013

## **Bachelor's in BAMS**

Mahatma Gandhi University - Kottayam, Kerala

August 2004 to June 2009

## Skills / IT Skills

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- Computer Operating
- Data Entry
- Medical Coding
- Consultation
- Customer service (5 years)

## Languages

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- English - Fluent
- Hindi - Fluent
- Malayalam - Expert

## Certifications and Licenses

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### **Practitioner in Ayurveda System of Medicine.**

December 2010 to Present

Register number 11475

### **Alternative Medicine**

March 2014 to Present

Reg No: A-2838

## Projects / Papers Presented

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### **Article**

<http://heb-nic.in/jrim-issues/index.php?id=72&yr=10>

July 2022

Article titled Curd rich in probiotics; caution rather than qualities.

### **Paper Presentation**

<http://agnivyapar@gmail.com>

July 2022

Paper presented on 'Pathological states of Agni and its role in disease production.'

### **Article**

<http://agnivyapar@gmail.com>

December 2022

Article titled 'Pathological states of Agni and their role in disease production' is published in the souvenir of the national conference on Agni vyapar organised by All India Ayurvedic Specialists (PG) Association.

**Article**

<http://agnivyapar@gmail.com>

December 2022

Co-author of the article titled ' Importance of mind in aetiology of gastrointestinal disorders'.

**Poster Presentation on the topic 'Aharo Mhabhaisdhajya'**