

ABOUT ME

I am passionate about integrating myself into a dynamic professional setting that not only promotes but thrives on the cutting-edge of industry trends and technologies. With a fervent desire to broaden my expertise, I am committed to an environment that champions ongoing learning and professional evolution. My ambition is to contribute to and flourish within a forward-thinking organization that values growth and innovation.

EDUCATION

**B.P.T (BACHELORS DEGREE IN PHYSIOTHERAPY)**  
Rajiv Gandhi University of health Sciences /  
Bangalore /

LANGUAGES


- ENGLISH
- KASHMIRI
- HINDI
- URDU
- KANNADA

REFERENCES


References available upon request

KHURSHEED AHMAD MIR


SENIOR MANAGER ONBOARDING



No: 102, New Maysaloon Building, behind V-Cool building, Maysaloon, Sharjah , Sharjah, UAE



+971547676441



drkhursheedmir@gmail.com

WORK EXPERIENCE

**HEALTHIFYME PVT LTD**  
Bangalore  
Mar 2017 - Present

- Senior Manager Onboarding**
- Conducted comprehensive training for new HealthifyMe employees, focusing on process familiarization and operational procedures.
  - Facilitated online consultation training to ensure effective client interactions and service delivery.
  - Developed personalized exercise plans, equipping staff with the skills to create tailored fitness regimens for clients.
  - Ensured a thorough understanding of company standards and expectations among new hires to maintain high-quality service.
  - Collaborated with cross-functional teams to continuously improve the onboarding process and training materials.

**OHEALER HEALTHCARE PVT LTD**  
Bangalore  
Feb 2016 - Feb 2017

- Senior Manager Physiotherapy Vertical**
- Led a team of 20 physiotherapists, ensuring high-quality home care services for patients with various musculoskeletal and neurological disorders.
  - Coordinated patient care plans, optimizing treatment efficacy and patient satisfaction.
  - Fostered a collaborative environment to facilitate continuous professional development among team members.
  - Implemented best practices in physiotherapy to maintain a cutting-edge home care program.
  - Liaised with healthcare professionals to integrate comprehensive care strategies for patients.
  - Monitored and maintained high standards of patient care and compliance with healthcare regulations.
  - Developed and managed schedules to maximize team efficiency and patient coverage.

**PHYTMED PHYSIOTHERAPY CLINIC**  
Bangalore  
Aug 2012 - Dec 2015

- Sr. Physiotherapist**
- Conducted comprehensive assessments of patients with various musculoskeletal and neurological disorders
  - Implemented individualized treatment plans to address specific patient needs and goals
  - Utilized a range of therapeutic interventions to improve patient mobility, strength, and function
  - Collaborated with multidisciplinary teams to ensure holistic patient care and optimal outcomes
  - Maintained detailed patient records, documenting progress and adjusting treatment plans as necessary

PERSONAL DETAILS

Date of birth  
04 Nov 1978

Nationality  
Indian

Visa status  
Visit Visa 2 months

Marital status  
Married

PADMASHREE  
PHYSIOTHERAPY  
CLINIC AND  
REHABILITATION  
CENTRE  
Bangalore  
Aug 2004 - Jul 2012

- Provided patient and family education on treatment regimens and home exercise programs to encourage continued progress outside of therapy sessions
- Stayed current with the latest physiotherapy techniques and research to enhance treatment effectiveness and patient care

Clinical Physiotherapist

- Provided comprehensive physiotherapy treatment to a diverse patient population, addressing a range of musculoskeletal, neurological, and cardiorespiratory conditions.
- Developed and implemented individualized treatment plans to promote optimal patient recovery and well-being.
- Utilized a variety of therapeutic techniques, including manual therapy, exercise prescription, and electrotherapy modalities.
- Collaborated with a multidisciplinary healthcare team to ensure coordinated and effective patient care.
- Mentored and instructed undergraduate physiotherapy students, enhancing their clinical skills and theoretical knowledge.
- Fostered a supportive and engaging learning environment, contributing to the academic growth of future physiotherapists.
- Maintained accurate and detailed patient records, ensuring compliance with professional standards and confidentiality guidelines.

SKILLS

MUSCULOSKELETAL AND NEUROLOGICAL DISORDERS

GOOD AT MANAGING THE TEAM

HOBBIES

SPORTS AND READING

EXTRA-CURRICULAR ACTIVITIES

RAJIV GANDHI  
UNIVERSITY OF  
HEALTH SCIENCES

National Service Scheme Officer

- Conducted various free camps on child health education