

CURRICULUM VITAE

NIMISHA P C

W/o Sajeev Parappuparambil Krishnan

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OBJECTIVE

To expand my professional horizons by seeking new challenges and utilizing concepts principles absorbed by experience in the field of nursing.

PERSONAL PROFILE

Guardian's name : Sajeev Parappuparambil Krishnan
Date of birth : 22nd March 1991
Sex : Female
Nationality : Indian
Religion : Hindu, Ezhava
Languages : English, Hindi & Malayalam
Marital status : Married

EDUCATIONAL DETAILS

- ❖ SSLC - From Board of Public Examination, Kerala, India with 74 %.
- ❖ Plus Two - From Board of Higher Secondary Examination, Kerala, India with 75 %.
- ❖ BSc Nursing & Midwifery - From Rajiv Gandhi University of health science with 65 %.

REGISTRATION

Kerala : RN RM - 37458

United Arab Emirates : MOH – RN 014014

ADDITIONAL QUALIFICATIONS

- ❖ ACLS Certified
- ❖ BLS Certified

CORE COMPETENCIES

- ❖ Strong team player, Motivated self starter and enjoy working in dynamic circumstances.
- ❖ High degree of confidentiality and maturity to handle matters with tact and discretion.
- ❖ Hard working, pro-efficiency and capable of achieving excellent work results.

SOFTWARE PROFICIENCIES

- ❖ Basic computer knowledge

PROFESSIONAL EXPERIENCE

Rabindranath Tagore International Institute of Cardiac Science, Kolkata

Time period : 20th May 2013 – 14th June 2015
Total bed capacity : 550
Designation : Staff nurse
Department : CICU

Mother Hospital, Thrissur

Time period : 16th November 2015 – 15th November 2016
Total bed capacity : 350
Designation : Staff nurse
Department : CICU

Sun Medical and Research Centre, Thrissur

Time period : 7th December 2016 – Till the date
Total bed capacity : 150
Designation : Staff nurse
Department : CICU

DUTIES & RESPONSIBILITIES

- ❖ Receiving patients to the operation theater with complete records and reports.
- ❖ Giving psychological support to the patient and clarify the doubts.
- ❖ Educate the patient about the procedure and post operative activities.
- ❖ Administration of pre operative medications.
- ❖ Assisting the doctors in all procedures.
- ❖ Monitor – Level of consciousness, Vital signs, ECG, Intake-output, Catheters & drainage tubes etc.
- ❖ Carryout doctor's orders.
- ❖ Administration of medicines, injections, IV fluids and documentation.
- ❖ Receiving and transferring the patients to the post operative ward.
- ❖ Nutritional status.
- ❖ Reporting any signs of complications.
- ❖ Obtaining specimen for the lab work.
- ❖ Steam inhalations, nebulization, administration of O₂.

- ❖ Maintaining patients datas in computer.
- ❖ Participating in service education programs.
- ❖ Administration of blood and blood product.
- ❖ Observe patients on cardiac monitor.
- ❖ Participate in service education programme.
- ❖ Health education to the client and family.

EXPERIENCE SUMMARY

- Admission and discharge procedure
- Checking vital signs
- Insertion IV lines
- Administration of intra venous drugs and fluids
- Blood and blood products transfusion
- Ryle's tube insertion
- Catheterization
- Suctioning
- Nebulization and humidification
- Giving CPR
- Bowel wash and bladder wash
- Oxygen therapy

TYPE OF PATIENTS

- CAD
- Pneumonia
- CKD
- Bronchitis
- COPD
- Cirrhosis of liver
- Pancreatitis
- Care of appendectomy
- Care of TURP
- Care of tonsillectomy
- Care of fracture patients
- Care of diabetic wound

EQUIPMENT USED

Ventilator, Pulsoxymeter, Cardiac monitor, Infusion pumps, Body warmer, Remote controlled beds, Suction apparatus, Laryngoscope, Nebulizer, Glucometer, Sphygmomano meter, Defibrillator, C-arm.

PASSPORT DETAILS

Passport Number : R0537519
Date of issue : 19/05/2017
Date of expiry : 18/05/2027
Place of issue : Cochin

REFERENCES

1. The nursing superintendent
Rabindranath Tagore International Institute of cardiac science
Kolkata
Ph: 03324364000
E-mail: email@rtiics.org
2. Sun Medical & Research center, Thrissur
E-mail : enquiry@trichurheart.com
3. Kerala nurses & midwives council, Thiruvananthapuram
Phone : +91471 2774103

DECLARATION

I hereby declare that all the informations furnished above are true to the best of my knowledge.

Place : Thrissur
Date:

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