

# **CURRICULUM VITAE**

**NIMISHA P C**

W/o Sajeew Parappuparambil Krishnan

Al Dhaid , Sharjah

Ph: +971559975021, +91 9562993594

E-mail: nimzpc@gmail.com



---

## **OBJECTIVE**

To expand my professional horizons by seeking new challenges and utilizing concepts principles absorbed by experience in the field of nursing.

## **PERSONAL PROFILE**

Guardian's name : Sajeew Parappuparambil Krishnan  
Date of birth : 22<sup>nd</sup> March 1991  
Sex : Female  
Nationality : Indian  
Religion : Hindu, Ezhava  
Languages : English, Hindi & Malayalam  
Marital status : Married

## **EDUCATIONAL DETAILS**

- ❖ SSLC - From Board of Public Examination, Kerala, India with 74 %.
- ❖ Plus Two - From Board of Higher Secondary Examination, Kerala, India with 75 %.
- ❖ BSc Nursing & Midwifery - From Rajiv Gandhi University of health science with 65 %.

## **REGISTRATION**

**Kerala : RN RM - 37458**

**United Arab Emirates : MOH – RN 014014**

## **ADDITIONAL QUALIFICATIONS**

- ❖ ACLS Certified
- ❖ BLS Certified

## **CORE COMPETENCIES**

- ❖ Strong team player, Motivated self starter and enjoy working in dynamic circumstances.
- ❖ High degree of confidentiality and maturity to handle matters with tact and discretion.
- ❖ Hard working, pro-efficiency and capable of achieving excellent work results.

## **SOFTWARE PROFICIENCIES**

- ❖ Basic computer knowledge

## **PROFESSIONAL EXPERIENCE**

### ***Rabindranath Tagore International Institute of Cardiac Science, Kolkata***

Time period : 20<sup>th</sup> May 2013 – 14<sup>th</sup> June 2015  
Total bed capacity : 550  
Designation : Staff nurse  
Department : CICU

### ***Mother Hospital, Thrissur***

Time period : 16<sup>th</sup> November 2015 – 15<sup>th</sup> November 2016  
Total bed capacity : 350  
Designation : Staff nurse  
Department : CICU

### ***Sun Medical and Research Centre, Thrissur***

Time period : 7<sup>th</sup> December 2016 – Till the date  
Total bed capacity : 150  
Designation : Staff nurse  
Department : CICU

## **DUTIES & RESPONSIBILITIES**

- ❖ Receiving patients to the operation theater with complete records and reports.
- ❖ Giving psychological support to the patient and clarify the doubts.
- ❖ Educate the patient about the procedure and post operative activities.
- ❖ Administration of pre operative medications.
- ❖ Assisting the doctors in all procedures.
- ❖ Monitor – Level of consciousness, Vital signs, ECG, Intake-output, Catheters & drainage tubes etc.
- ❖ Carryout doctor's orders.
- ❖ Administration of medicines, injections, IV fluids and documentation.
- ❖ Receiving and transferring the patients to the post operative ward.
- ❖ Nutritional status.
- ❖ Reporting any signs of complications.
- ❖ Obtaining specimen for the lab work.
- ❖ Steam inhalations, nebulization, administration of O<sub>2</sub>.

- ❖ Maintaining patients datas in computer.
- ❖ Participating in service education programs.
- ❖ Administration of blood and blood product.
- ❖ Observe patients on cardiac monitor.
- ❖ Participate in service education programme.
- ❖ Health education to the client and family.

### **EXPERIENCE SUMMARY**

- Admission and discharge procedure
- Checking vital signs
- Insertion IV lines
- Administration of intra venous drugs and fluids
- Blood and blood products transfusion
- Ryle's tube insertion
- Catheterization
- Suctioning
- Nebulization and humidification
- Giving CPR
- Bowel wash and bladder wash
- Oxygen therapy

### **TYPE OF PATIENTS**

- CAD
- Pneumonia
- CKD
- Bronchitis
- COPD
- Cirrhosis of liver
- Pancreatitis
- Care of appendectomy
- Care of TURP
- Care of tonsillectomy
- Care of fracture patients
- Care of diabetic wound

### **EQUIPMENT USED**

Ventilator, Pulsoxymeter, Cardiac monitor, Infusion pumps, Body warmer, Remote controlled beds, Suction apparatus, Laryngoscope, Nebulizer, Glucometer, Sphygmomanometer, Defibrillator, C-arm.

### **PASSPORT DETAILS**

Passport Number : R0537519  
Date of issue : 19/05/2017  
Date of expiry : 18/05/2027  
Place of issue : Cochin

### **REFERENCES**

1. The nursing superintendent  
Rabindranath Tagore International Institute of cardiac science  
Kolkata  
Ph: 03324364000  
E-mail: email@rtiics.org
2. Sun Medical & Research center, Thrissur  
E-mail : [enquiry@trichurheart.com](mailto:enquiry@trichurheart.com)
3. Kerala nurses & midwives council, Thiruvananthapuram  
Phone : +91471 2774103

### **DECLARATION**

I hereby declare that all the informations furnished above are true to the best of my knowledge.

Place : Thrissur  
Date:

**NIMISHA P C**