



# Nimna Manoharan

## Physiotherapist

I am committed, caring and friendly physiotherapist with a great passion for helping people of all ages. I have previous experience in supporting a variety of patients ranging from children suffering from development problems to adults and the elderly affected by and recovering from injuries and movement disorders.

## Contact

### Phone

0521887217 / 0501794230

### Email

nimnavijesh350@gmail.com

### Address

Near National Paints, Fire Station Road,  
Muwaileh, Sharjah

## Education

2014

### Bachelor of Physiotherapy

AWH Special College, Calicut University

2008

### Plus Two, Board of examination Kerala, India

2006

### Rani Public School, CBSE, Kerala, India

## License and Certifications

- DHA Unique ID: 00233321
- MOH Reference Number : 179056
- KAPC Membership : 2181
- Advanced programme in women's health Physiotherapy
- Equivalency Certificate
- Dietary Management for life style disorders
- Diploma in IT Skills under Cambridge University, Dubai

## Language

English  
Tamil  
Hindi  
Malayalam

## Experience

04/2019 - 01/2024

AL IBTISAMA CENTRE FOR PEOPLE WITH DISABILITIES, SAMNAN AREA,  
SHARJAH, UAE

### Physiotherapist

- Over nine years of experience providing physical therapy services to a variety of clients with varied diagnosis.
- Successfully developed individualised treatment plans and goals for each patient according to their needs and capabilities.

09/2016- 11/2018

ULLAL GENERAL HOSPITAL, MANGALORE, KARNATAKA, INDIA

### Physiotherapist

- Experienced in working with geriatric, pediatric and adult population with neurological and orthopedic diagnosis.
- Utilized evidence- based practice to effectively assess diagnose and treat patients.

06/2014 - 08/2016

VADAKARA PHYSIOTHERAPY CLINIC AND REHABILITATION CENTRE,  
VADAKARA, KERALA, INDIA

### Physiotherapist

- Provided in-home and clinical physical therapy services, including manual therapy, therapeutic exercises and modalities.
- Implemented therapeutic exercises and manual therapy techniques to optimize patient recovery.

SIX MONTHS ROTATIONAL INTERNSHIP

- Physiotherapy OP Clinic, AWH Special College, Kallai, Calicut, Kerala, India
- Cee Yem Hospital, Vadakara, Kerala, India

## SKILLS

- Manual therapy
- Pain Management
- Rehabilitation Exercises
- Data Documentation
- Patient Education
- Multidisciplinary teamwork

## PROFILE

### Residence Visa

Passport Number: N6021670

Nationality: Indian

Date of Birth: 09/02/1990

Marital Status: Married