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51, Durga Nagar, Trivandrum,
India 695017

EDUCATION

MBBS

Government Medical College
, Ernakulam Kerala India
September 2006 - June 2013

MD (Pulmonary Medicine)

**B.J. Government Medical
College**, Pune, India
May 2015 - April 2018

DNB (Respiratory Medicine)

**National Board of
Examinations (NBE)**,
January 2020

Diploma, IDCCM critical care
medicine

KIMS Health, India
January 2023 - December 2023

Fellow, Interventional
pulmonology

**Poona hospital and research
centre**, Pune, India
January 2024 - April 2024

PERSONAL DETAILS

Date of Birth: 25/04/1988

NISHA NAIR

PROFESSIONAL SUMMARY

Specialized in managing respiratory diseases, sleep disorders, and patients requiring critical care management. Well qualified, hard working, experienced, compassionate with good communication skills. Disciplined, amiable, willing to learn and keeps updated with latest advances for providing best treatment options for patients.

WORK HISTORY

June 2024 - Current

Sree Ramakrishna mission hospital - Consultant Pulmonologist, Trivandrum, India

- Management of out patients with acute and chronic respiratory disorders.
- Management of critically ill respiratory patients requiring admission and ICU care.
- Communication with patient and family members regarding diagnoses, treatment plan, prognosis and help them take informed medical decisions.
- Conduct pulmonary function test (PFT), bronchoscopy, sleep study and pleural fluid aspiration, interpret results and use for appropriate management decisions.
- Educate patients and family members about disease prevention methods.

January 2024 - April 2024

Poona hospital and research center - Fellow Interventional pulmonology, Pune, India, Pune

- Management of outpatients of acute and chronic respiratory diseases.
- Management of acute and critically ill patients with respiratory diseases requiring admission and ICU care.
- Conduct spirometry, DLCO, body plethysmography, impulse oscillometry (PFT), interpret results and use for appropriate management decisions.
- Conduct pulmonary interventional procedures like bronchoscopy, thoracoscopy, EBUS, foreign body removal tracheal dilatation, trans bronchial lung biopsy and CT guided lung biopsy.
- Sleep study interpretation and management of sleep disorders.

January 2023 - December 2023

IDCCM critical care medicine, KIMS Health - Senior resident, Trivandrum, India, TRIVANDRUM

- Management of critically ill patients requiring multidisciplinary ICU care.
- Management of patients requiring ventilatory care.
- Conduct bedside Point of Care Ultrasound (POCUS) examination in critically ill patients.
- Conduct interventional procedures like bronchoscopy, intubation, arterial line placement for invasive BP monitoring, central venous cauterization, dialysis catheter insertion and lumbar puncture.
- Communication with patient and family members regarding diagnoses, treatment plan, prognosis and help them take informed medical decisions.

June 2022 - December 2022

Critical care medicine, KIMS Health - Registrar, Trivandrum, India, TRIVANDRUM

- Management of critically ill patients requiring multidisciplinary ICU care.
- Management of patients requiring ventilatory care.

LANGUAGES

English

Fluent

Hindi

Fluent

Malayalam

Fluent

Marathi

Fluent

Tamil

Upper intermediate

- Conduct bedside Point of Care Ultrasound (POCUS) examination in critically ill patients.
- Conduct interventional procedures like bronchoscopy, arterial line placement for invasive BP monitoring, central venous cauterization, dialysis catheter insertion and lumbar puncture.
- Communication with patient and family members regarding diagnoses, treatment plan, prognosis and help them take informed medical decisions.

January 2021 - May 2022

BRM hospital - Consultant Pulmonologist, Pune, India

- Management of out patients with acute and chronic respiratory disorders.
- Management of acute and critically ill respiratory patients requiring admission and ICU care.
- Communication with patient and family members regarding diagnoses, treatment plan, prognosis and help them take informed medical decisions.
- Conduct pulmonary function test, bronchoscopy and pleural fluid aspiration; interpret results and use for appropriate management decisions.
- Sleep study interpretation and management of sleep disorders.

July 2020 - December 2020

CFLTC - Medical Officer, Karyavattom, Trivandrum

- Management of out patients with acute and chronic respiratory disorders.
- Management of acute and critically ill COVID patients requiring admission.
- Communication with patient and family members regarding diagnoses, treatment plan, prognosis and help them take informed medical decisions.

March 2020 - June 2020

Sasoon Hospital and Naidu hospital - Senior Resident, COVID duty, Pune

- Management of out patients with acute and chronic respiratory disorders.
- Management of acute and critically ill COVID patients requiring admission and ICU care.
- Communication with patient and family members regarding diagnoses, treatment plan, prognosis and help them take informed medical decisions.

June 2019 - June 2020

Pulmonary Medicine - Senior Resident, B.J. Medical College and Sasoon hospital, Pune

- Management of outpatients of acute and chronic respiratory diseases.
- Management of acute and critically ill patients with respiratory diseases requiring admission, ICU and critical care.
- Conduct spirometry, DLCO, body plethysmography, impulse oscillometry (PFT), interpret results and use for appropriate management decisions.
- Conduct pulmonary interventional procedures like bronchoscopy, foreign body removal, trans bronchial lung biopsy and CT guided lung biopsy.
- Sleep study interpretation and management of sleep disorders.
- Teaching and academic activity for pulmonology residency programme (MD).

May 2015 - May 2018

Pulmonary Medicine - Junior Resident, B.J. Medical College and Sasoon hospital, Pune

- Management of outpatients of acute and chronic respiratory diseases.
- Management of acute and critically ill patients with respiratory diseases requiring admission, ICU and critical care.
- Conduct spirometry, DLCO, body plethysmography, impulse oscillometry (PFT), interpret results and use for appropriate management decisions.
- Conduct pulmonary interventional procedures like bronchoscopy, foreign body removal, trans bronchial lung biopsy and CT guided lung biopsy.
- Sleep study interpretation and management of sleep disorders.

December 2014 - May 2015

Communiy Health Centre - Medical Officer, Parali, Palakkad

- Management of outpatients at community health center.

- Communication with patient and family members regarding diagnoses, treatment plan, prognosis and help them take informed medical decisions.
- Educate patients and family members about disease prevention methods.

September 2013 - March 2014

Community Health Centre - Medical Officer, Kuzhalmannam, Palakkad

- Management of outpatients at community health center.
 - Communication with patient and family members regarding diagnoses, treatment plan, prognosis and help them take informed medical decisions.
 - Educate patients and family members about disease prevention methods.
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SKILLS

- Excellent clinical acumen & experience in managing variety of pulmonology and critically ill patients.
 - Interventional skills like bronchoscopy, thoracoscopy, pleural fluid aspiration, pleurodesis, foreign body removal, endoscopic lung biopsy, CT guided lung biopsy, intubation, arterial line placement for invasive BP monitoring, central venous catheterisation, dialysis catheter insertion, and lumbar puncture.
 - UG & PG level medical teacher during residency and post-doctoral period
 - Fluent in English, Hindi, Marathi, and Malayalam
 - Project and team management, delegation.
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CUSTOM

- Association of severity of Obstructive sleep apnea syndrome with body mass index and neck circumference, PARIPEX – Indian Journal of Research, 02/2017
 - Thesis - Ketamine in patients with refractory bronchospasm on mechanical ventilation – a prospective study in a tertiary teaching health care centre
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AWARDS, ACCOMPLISHMENTS, AND HONORS

- Organizational Skills

Project and team management, Delegation

- Faculty member and speaker, Bronchoscopy workshop, 46th Annual conference of Research society, BJMC and Sasoon general hospital, Pune. Feb 2020.
- Organising committee member, Bronchoscopy workshop, BJMC and Sasoon general hospital, Pune. August 2019.

- Workshops

- Airway management workshop, TACT academy for clinical training, Chennai 2024.
- Workshop on Thoracoscopy by Indian Association of Bronchology, Mumbai 2024

- Publications

- “Association of severity of Obstructive sleep apnea syndrome with body mass index and neck circumference “ in PARIPEX – Indian Journal of Research 2017.
- Thesis - “ Ketamine in patients with refractory bronchospasm on mechanical ventilation – a prospective study in a tertiary teaching health care centre.”

PERSONAL INFORMATION

Date of birth: 04/25/88

CERTIFICATIONS AND LICENSES

- BLS- KIMSHEALTH TRIVANDRUM Dec 7, 2023
- ACLS - KIMSHEALTH TRIVANDRUM Dec 7,8 ,2023
- Comprehensive course in Critical care medicine (4C) - Indian society of critical care medicine 2023