



CURRICULUM VITAE



NITHA VARGHESE

ADDRESS (PRESENT)

Marumalathy, Alappatt
 Thiruvananthapuram
 Mobile : 9871 0571 734 5302
 Email : nithavarghese14@gmail.com

ADDRESS (PERMANENT)

Thiruvananthapuram, India
 Thiruvananthapuram, India
 Thiruvananthapuram, India
 Kerala, India - 695 015

PASSPORT DETAILS

Passport No : T0426853
 Date of Issue : 01/01/2019
 Date of Expiry : 06/08/2024
 Place of Issue : Thiruvananthapuram, India

LANGUAGE PROFICIENCY

English, Hindi & Malayalam

PROFESSIONAL MEMBERSHIP

Small Community Care
 Health Specialist 2482451498

Kerala Nursing Council Registration
 Number : TLRN2022007411

Tamil Nadu Nursing
 Number : 02411817

BLS

Passport Code : 2268188763
 Date of Completion : Jan 11, 2022
 Date of Expiry : January, 2024

ACLS

Passport Code : 226820180000
 Date of Completion : Jan 24, 2021
 Date of Expiry : January, 2023

CAREER OBJECTIVE

To obtain a position in a reputed hospital, where I can utilize my skills, knowledge and experience to provide quality health care and establish my career.

ACADEMIC QUALIFICATION

- Secondary School Leaving Certificate - Kerala Government
- Higher Secondary - Government of Kerala
- B.Sc. Nursing - Chaudhary Charan Singh University, UP

WORK EXPERIENCE

- Worked as staff nurse in Neuro-Surgical ICU from 4-11-2019 to 31-03-2019 B.K Super Speciality Hospital, Rajendra Place, New Delhi.
- Worked as staff nurse in Medical ICU from 17-11-2019 to 17-11-2021, Smad German Hospital, Jeddah, Saudi Arabia.

DUTIES AND RESPONSIBILITIES

- Admission and receiving of patients in a pleasant manner, vitals monitoring
- Assessing, planning and implementing Nursing Care
- Administration of medications blood and blood products
- Psychological support to the patient and their relatives
- Handling different types of life-threatening emergency situation
- Transporting patients to ventilator
- Maintaining all aseptic techniques
- Following barrier nursing
- Maintaining accurate records and reports
- Keeping good inter personal relationship
- Periodical assessment of the disease condition
- Giving orientation to the patients at the time of admission
- Giving information to the doctor (consultant) about the admission

EQUIPMENT HANDLED

- ✓ CAROTID MOTIONS
- ✓ EEG MACHINE
- ✓ ECHOCARDIOGRAPHY
- ✓ ECG MONITORING
- ✓ VENTILATOR
- ✓ HUMIDIFIED MISTING
- ✓ THERMISTOMETERS
- ✓ Suction Apparatus
- ✓ Infusion Pump
- ✓ Ambulance
- ✓ Laboratory Machine
- ✓ IWT Pump
- ✓ Audiometer
- ✓ ALFA RED NUMBER 9211
- ✓ ANALYSIS MACHINE

PROCEDURES ASSISTED

- ✓ Cardio Pulmonary Resuscitation
- ✓ Incisions
- ✓ Tracheostomy
- ✓ Proximal Femoral Nail Insertion
- ✓ Limb Incisions
- ✓ Intra Ventricular Drain Insertion
- ✓ Arthroscopic Inspection
- ✓ IVPC Insertion
- ✓ Subarachnoid Tap
- ✓ Maximal External Ventricular Drain
- ✓ ICH

TO GOVERN EDUCATIONAL PROGRAMS ATTENDED

- ✓ National Accreditation Board of Hospital and Healthcare Providers (NABH)
- ✓ Wound Care Waste Management Plan and Safety Communication
- ✓ Infection Control and Infection Prevention Quality Control Cycle (Semi Annual) Based on notification of Health care Institution

- Carry out routine investigation
- Check vital signs, weight and blood pressure
- Help them to do daily activities increasing the patient's social relationships
- Assist the doctor in procedure proper explanation before each nursing procedures
- Administration of drugs at the prescribed times
- Good observation/monitoring of GCS and vital signs
- Maintain nutritional status and personal hygiene
- Health Education
- Proper reporting & recording
- Prepare the patients bill for billing
- Assesses service as an administration
- Cardio pulmonary resuscitation
- Following doctor's rounds

CASES HANDLED

- INTRACRANIAL HEMATOMA
- SUBDURAL HEMATOMA
- SUBARCHNOID HEMATOMA
- HEAD AND SPINE INJURY
- INTRACRANIAL BLEEDING
- BRAIN TUMORS
- ANEURYSM
- EDH
- HYDROCEPHALUS
- POST CRANIOTOMY PATIENTS
- PATIENTS WITH SHUNT
- PATIENTS WITH ICP MONITORING
- POST SPINE SURGERY CASES
- AVM
- CVA
- CKD
- CUD
- POST-OPERATIVE AMPUTATED PATIENTS
- KIDNEY TRANSPLANT PATIENTS
- POST-THROMBOLYTIC THERAPY PATIENTS
- DIALYSIS PATIENTS
- RTA PATIENTS

PERSONAL INFORMATION

Name: Nitha Varghese
Gender: Female
Roll No: RN 20010000000000000000
Age: 27
Therapy Type: N/A
Mental Status: Normal
Religiosity: Indian
Language: English

HOBBIES

Swimming, Music, Shopping, Cooking

REFERENCES

1. Mr. Ramesh Kumar
Superintendent
Raj Super Specialty Hospital
New Delhi - 60
2. Dr. Anil Kumar
Maxillo Surgeon
Raj Super Specialty Hospital
New Delhi - 60
3. Mr. Aslam Hussain
Assistant Clinical Officer
South Western Maharashtra Group
Mumbai - 400001

PROCEDURES I did/have been part of ...

- Emergency Resuscitation
- Ryles Tube Insertion
- Suctioning (Oral, Nasal, Tracheostomy, ET Tube)
- Foley's Catheterization
- Nasogastric Feeding
- Maintenance of Personal Hygiene
- Oxygen administration
- Central Venous Pressure Monitoring
- ECG Monitoring
- Taking & recording vital signs
- Wound Dressing
- Arterial blood gas analysis
- Bile feeding
- Gastric Lavage
- Blood sugar monitoring
- Maintenance of records & reports
- Tracheal intubation
- Death care

DECLARATION

I hereby declare that all the above information is true and correct to the best of my knowledge and belief.

Date:
Place:



NITHA VARGHESE