



## LINCY TOLLY

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### OBJECTIVE

To be associated with a progressive organization in the service industry that gives me challenges and opportunities to enhance my knowledge and sharpen my skills in accordance with latest trends.

### PROFESSIONAL AND EDUCATIONAL QUALIFICATIONS

Course	Institution	Percentage	Year
GNM NURSING	Bangalore City School Of Nursing, Bangalore, Karnataka (Rajeev Gandhi university, India )	65%	2006-2009
H. S. C	Higher Secondary Board of Examination, Kerala	62%	2003-2005
S. S. L. C	Board of Public Examination	67%	2002-2003

### EXPERIENCE

Name of Hospital	Department	Work period
Shekhawati Hospital and Research Centre, Jaipur	Medical Surgical Ward	14 <sup>th</sup> April 2009 - 30 <sup>th</sup> Jan 2011
Pooja 3D Hospital and Diabetic Center, Bangalore	Surgical ICU	10 <sup>th</sup> Feb 2011 - 10 <sup>th</sup> Feb 2014
Apple Multi Specialty Hospital, Bangalore	Medical Surgical Ward	1 <sup>st</sup> March 2014 - 28 <sup>th</sup> Feb 2018
Mount Zion Medical College Hospital, Adoor , Kerala	Emergency Department	10 <sup>th</sup> Sept 2018 - 15 <sup>th</sup> Oct 2020
Holy Cross Multi Specialty Hospital , Adoor, Kerala	Emergency Department	23 <sup>rd</sup> Nov 2020 - 4 <sup>th</sup> March 2022
Versatile Dental Clinic, al Barsha 1, Dubai	Dental Clinic	4 <sup>th</sup> July 2022- Still working

## ACHIEVEMENT

1. Basic Life Support ( BLS )

## PROFESSIONAL REGISTRATION

1. Kerala Nurses and Midwife Council  
Reg.No: KL02201800681
2. Dubai Health Authority License  
DHA Unique ID : 18236630  
License Number : 18236630-001

## PERSONAL DETAILS

Date of Birth	:	25/04/1988
Marital Status	:	Married
Religion	:	Christian
Nationality	:	Indian
Language Known	:	English, Malayalam, Tamil, Hindi

## PASSPORT DETAILS

Passport No	:	V1120412
Date of Issue	:	16 / 04 / 2021
Date of Expiry	:	15 / 04 / 2031

## PERSONAL STRENGTH & QUALITIES

- A practical and systematic approach.
- Ability to accommodate myself with any joint endeavor.
- Ability to motivate and inspire confidence in the team
- Enthusiastic and dedicated to the companies' objectives
- Ability to perform under pressure and against targets / deadlines
- Dedicated, work smart
- A 'can do' attitude, a strong aspiration to grow within the institution
- Good communication and interpersonal skills, self-motivate
- Commitment to patient Advocacy
- Organization and Time management

## DUTIES AND RESPONSIBILITIES

- Perform basic nursing procedures
- Help for ambulance emergency medical services
- Assist for all type of cases
- Take care of all emergency cases
- Performing tasks with in organizational policies and procedures
- Administration of drugs of dependence and recording
- Maintaining appropriate records and reports
- Guidance of enrolled students of clinical activities
- Function as a team leader.
- Suture removal □ Assessment of emergency situation and ensuring patient's safety
- Insertion of Nasogastric tube
- Catheterization
- Psychological support and counseling for patients
- Have used equipment's like Syringe pump ,ABG, Bipap, infusion pump, defibrillator, pulse oximeter. E.C.G machine, glucometer, nebulizer, Oxygen apparatus and B.P apparatus and suction apparatus

## DETAILS OF WORK EXPERIENCE

- Assessment of Vital Signs
- Physical Examination & Diagnostic Evaluation
- Performs admission, transfer and discharge procedures
- Initiate emergency codes as per the need.
- Endorses patient information at bedside.
- Following Doctor's orders and carrying out the instruction prescribed
- Assisting for Diagnostics & therapeutic procedures
- Planning and Implementation of patient counseling
- Meet basic needs of patient.
- Maintaining Records and Reports
- In - service Education.

## DENTAL EXPERIENCE

- Greet and seat patients in a timely and professional manner each day.
- Review schedule and adequately prepare for visits.
- set up trays as indicated by the prepared charts.
- Assist chair side using four handed dentistry
- Process and file X -rays.
- Clean and disinfect all equipment, materials, and spaces after each patient.
- Sterilizes instruments and organize exam rooms.
- Act as a helpful and knowledgeable liaison between patients and Doctors.
- Assist the dentists and other dental staff as needed.
- Effectively communicated with patients and dental staff to ensure smooth process and patient comfort.
- Educated patients on oral hygiene techniques, such a as how to brush and floss correctly.
- Worked as a dedicated member of an oral health care team committed to excellence patient care.

## MANGERIAL SKILLS

- Orientation for patient and relative about the hospital and its functioning
- Co - ordination of patient care with interdepartmental and intradepartmental activities
- Time management and stamina
- Maintenance of Environmental Hygiene
- Asepsis and infection Control
- Maintenance of Records and Reports
- Maintenance ward inventory and indents
- Supervision of sub - Ordinates
- Utilizes resources effectively and efficiently

## KNOWLEDGE & SKILLS

### Equipment Skills:

Cardiac Monitor, Defibrillator, ABG Analyzer, ECG Machine, BIPAP, Infusion Pump, Syringe Pump, Glucometer, Spirometer, Nebulizer, Suction machine and tubing's, Oxygen flow meter and cylinder, Obstetric Doppler, NST Machine, steamer, stethoscope, sphygmomanometer, thermometer.

### Procedures:

Cardio Pulmonary Resuscitation, Administration of Medication (Oral, IV, IM, S/C, ID), Oxygen Therapy, Transfusion and Infusion Therapy, Arterial Blood Sampling, ECG, Ryle's tube insertion and feeding, Urinary Catheterization and care, Bladder irrigation, Surgical Dressing, Colostomy care, Surgical drain care.

### Assisted Procedure

Endotracheal intubations, Defibrillation, Chest Tube Insertion, Suturing of Minor and Major Wound, Application of Plaster cast, Skin Traction, Close Reduction

## DECLARATION

I hereby declare that the above-mentioned information is true to the best of my knowledge and belief.

LINCY TOLLY