

CURRICULUM VITAE



PRIYA PAUL

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Profile:

- Registered Nurse with 7 + years experience
- Specialized fields of work area are Cochin airport emergency medical Unit.
- MOH EXAM PASSED / DOCUMENT VERIFICATION COMPLETED

EDUCATION

- Bachelor Science in Nursing [Bsc Nursing]
- Four years Course from 11/10/1999 to 17/11/2003
- The Oxford College of Nursing, JP Nagar 1st Phase, Bangalore.

LICESURE

1. Registered Nurse and Registered Mid Wife, Karnataka Nursing Council License No. 217, LIFE MEMBER.
2. Registered Nurse and Registered Mid Wife, Delhi Nursing Council License No.8365.
3. The Trained Nurse's Association of India License No. LM-123383.
4. Registered Nurse and Mid wise , Kerala Nursing Council License No.25808
5. MOH License Ref No : 301223

Professional Objectives

- I wish to become part of the global Health program and develop my professional knowledge, skills and practices to the most deserved individuals with pleasure.
- To render competent and dedicated nursing service to all patients committed to my care in different situations.
- Inculcate – efficiency to keep in pace with advancing nursing trends.

Employment History

Employment Period	:	Since Nov 2021 Still working
Hospital name	:	Little Flower HOSPITAL
TYPE	:	Private
Location	:	Anagamaly . Kerala, India
Job title	:	Registered Staff Nurse.
Ward /Unit Info	:	Medical Ward/Medical inspection Room

This is a multi specialty most famous hospital with **ISO** and **NABH** accreditation with bed strength of more than 500 and I am working as Airport staff nurse in Cochin International Airport.

Duties & Responsibilities

To provide basic primary care and general practice nursing services for company's employees in case they are ill or suffer from workplace/industrial injury. Also, this includes screening programs and participating as required in aviation nursing services to comply with MOH and GCAA regulations.

Job Responsibilities:

Monitor patient's condition and assess their needs to provide the best possible care and advice. Assess vital signs and takes samples as indicated, prepares appropriate instruments for examination or procedures. Prepare patients for GP consultation and assists GP in conducting regulatory medicals and screening medicals as required accordance to standards and procedures. Collaborate with physicians to devise individualized care plans for patients. Provide instant medical care in emergencies.

Employment Period	: Mar 2013 To Sep 2014
Hospital name	: AIMS. Kerala, India
TYPE	: Private
Number of Beds	: 1300
Location	: Cochin, Kerala , India
Job title	: Registered Staff Nurse.
Ward /Unit Info	: Medical & Surgical ward

This is a multi specialty most famous hospital with **ISO** and **NABH** accreditation with bed strength of 1300. As a staff nurse in this hospital I was put on rotation in the above mentioned areas I was responsible for the nursing management of an average of 5 to 7 patients.

Medical & Surgical Cases Include

- Endocrine disorders
- GI surgeries (Exploratory laparotomy, Cholecystectomy, Appendectomy etc)
- Gastroenterology(Hepatic disorders,oesophageal varices etc)
- Geriatrics cases
- Orthopedics
- Nephrology and urology cases(TURP,renal transplant)
- Neurology
- Neurosurgery
- Rheumatology
- Respiratory disorders like bronchial Asthma, COPD, RDS, etc.

Duties & Responsibilities

- Unit preparation and receiving patients.
- Admission and Discharge of patients.
- Hemodynamic monitoring
- Direct Observation
- Perform assessment and documentation of all assigned newly admitted patients
- Re- evaluation and documentation of all relevant information and complete care plan

- Provides care based on ethical concepts, respect, and respect of life, human worth and individuality.
- Recognize conditions or situation requiring immediate actions and taking initiative to resolve them
- Administer medications according to hospital policy
- Attending the doctors rounds and carrying out orders
- Take and record Vital Sign and report any abnormality to physician
- Preparing and assisting for insertion of central line, arterial line, pleural tube and procedures like ryles tube insertion, suture removal, pleural tapping, dressing and catheterization etc.
- Assist in various procedure like thoracentesis , lumber puncture , bone marrow , aspiration, endotracheal, intubation, and extubation, central line placement, Chest tube placement.
- Conducting and participating seminars and teaching programs
- Observe infection control policy and procedures
- Receiving shift reports and making Nursing rounds
- Evaluating and modifying the plan of care based on observable responses by the patient and the attainment of patient goals.

Employment Period	: 21-Oct-2004 To 01- Dec- 2007
Hospital name	: Escorts heart institute and research center. Cardiac super specialty Hospital
Number of Beds	: 331.
Location	: Okhla Road, New delhi , India.
Job title	: Staff Nurse.
Ward / unit info	: Cardiac Post operative Unit (Recovery), Ward Type - Mixed ward Ward Size - 40 Bed Demographic mix - Mixed Ward, Adult

This Institute is an ISO certified super specialty cardiac hospital providing comprehensive cardiac care spanning from basic facilities in preventive cardiology to the most sophisticated curative technology supported by state of art and technology.

I had experience in post operative cardiac care unit, where we receive patients 18-20 per day soon after the cardiac surgery include:

- Coronary artery bypass grafting on CPB, off CPB
- Trans myocardial revascularization
- MVR, AVR, AVR
- ASD, VSD, Closure
- Heart port Surgeries
- Repair of aneurysms and embolism
- Robotic surgeries

I also had 7 month experienced in Pediatric Cardiac Intensive Care Unit. here, we receiving the children after the surgery and kept under observation for 48 hours. Nurse patient ratio is 1:1 .And we are receiving children 2-3 per day after the surgery include

- BT Shunt
- Fontan Procedure
- Arterial Switch Operation
- Arterial Septal Defect
- Ventricular Septal Device
- Total Correction

NURSING DUTIES & RESPONSIBILITIES

Careful monitoring of patients by

- Haemodynamic monitoring
- Direct Observation
- Perform assessment and documentation of all assigned newly admitted patients
- Recognize conditions or situation requiring immediate actions and taking initiative to resolve them
- Take and record Vital Sign and report any abnormality to physician
- Manage to do procedure like cannulation , catheterization , nasogastric, tube insertion , aseptic dressing , suture removal , CVP monitoring etc.
- Assist in various procedure like thoracentesis , lumbar puncture , bone marrow , aspiration, endotracheal, intubation, and extubation, central line placement, IABP insertion, Chest tube placement.
- Conducting and participating seminars and teaching programs
- Observe infection control policy and procedures
- Receiving shift reports and making Nursing rounds.

Functional Responsibilities

- Responsible for assessing, planning, implementing, monitoring and evaluating total care of patients
- Observe and monitor patients response and adaptation to illness and treatment
- Following aseptic technique to prevent cross infection
- Managing of supply and carryout doctor's orders
- Maintaining good interpersonal relationships with all medical and paramedical staffs.

ASSISTED IN VARIOUS PROCEDURES SUCH AS:

- Defibrillation
- Cardioversion
- Echocardiography
- Inserting central lines and arterial lines & pleural tubes
- Pleural tapping
- Chest tube removal
- IABP insertion and removal
- Chest tube Insertion

COMPETENT IN:

- Managing the patient in the critical situation
- Invasive haemodynamic monitoring
- Preparation of pre & post operative unit
- Receiving cardiac surgical and cardiac emergency patients.
- Handling commonly using equipments in the critical care unit.

EQUIPMENTS USED

- ✓ Cardiac Monitor
- ✓ Ventilator
- ✓ Pace maker
- ✓ Holter Monitoring
- ✓ IABP machine
- ✓ Defibrillator
- ✓ Crash cart
- ✓ Glucometer
- ✓ Alpha bed
- ✓ Blanket roll
- ✓ ECG machine
- ✓ Laryngoscope
- ✓ Peripheral Doppler
- ✓ Infusion Pump
- ✓ Pulse oxymeter

- ✓ ABG machine
- ✓ Warmer
- ✓ Potassium analyzer machine
- ✓ Nebulizer
- ✓ ACT Machine
- ✓ Different Type of catheter
- ✓ Chest tube and water seal drainage System
- ✓ Suction Apparatus

Career Achievements

- Attended ISO 9001- 2000 awareness program
- In service Education program
- CPR Therapy
- IV Therapy

CONFERENCES ATTENDED

Attended 7th Asian Cardiac Nursing Conference held from 20-22nd February 2007 at Habitat Centre, New Delhi- India

Attended Basic Life Support training course and workshop conducted by Escorts Heart Institute And Research Centre on 13th Nov.2007 at New Delhi.

Attended ESBL E.coli and update on Catheter Associated UTI Organized by American Hospital Dubai Held on 10th May,2010 at OPD Auditorium, Dubai , UAE.

Attended Vitamin D Deficiency-Clinical Grand Organized by American Hospital Dubai Held on 5th April,2010 at OPD Auditorium, Dubai , UAE.

Attended and Obtained BLS Certification conducted by AIMS , Cochin, Kerala on July 2013.

Personal Information

First name : Priya Paul
 Gender : Female
 Nationality : Indian
 Date of birth & Place : 06-Sep-1981 , Angamaly
 Religion : Christain
 Marital status : Married
 Dependents : Two
 Residential & Postal address : Pandanathu house, Kanajiramattom,
 Thodupuzha east p.o, Idukki dt,
 Kerala state, India, pin 685 585.
 Phone – 0091 486 2224088.

Contact numbers : 00971 8943687273
Email address : priyaoxive@gmail.com
Languages spoken : English, Hindi, Malayalam, Tamil,
Kannada.
Passport number : Y8424474
Date of issue : 14/08/2023
Valid until : 13/08/2033
Issuing Authority : Cochin.

DECLARATION:

I hereby declare that the above information is true and correct to the best of my knowledge and belief.

Date: Nov 2023

Place: Thoudupuzha, Kerala

PRIYA PAUL