

CURRICULUM VITAE

Mrs. Prasanna Ani

Registered Nurse

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Muwailah, Sharjah.

Current Position:

Clinical Instructor & Staff Nurse, OBG Department

Ruckmoni Memorial Devi Hospital, Vellarada, TVM, Kerala, India.

Academic Qualification

- 2022 (Jun.19) : **BLS** (Basic Life Support) program
- 2015 –2017 : **MSc. Nursing (Obstetrics and Gynaecology)**
(Sree Mookambika College of Nursing, Kulasekharam, Tamil Nadu, India)
Theses: A Descriptive study to assess the prevalence of cervical cancer among women by using via/ vili method in selected village of kanyakumari district.
- 2010 - 2013 : **MBA in Hospital Management**
(Allagappa University, karaikudi, Tamilnadu, India)
- 2005 –2009 : **BSc Nursing**
(Sri Ramakrishna College of nursing, Coimbatore, Tamilnadu, India)
Theses : Education to women regarding prevention of reproductivetract infection.

Teaching and Clinical Experience:

- **Clinical Instructor & Staff Nurse (OBG Dept):**
Ruckmoni Memorial Devi Hospital, Vellarada, Trivandrum, Kerala.
01.01.2018 to 06.07.2022. (Total: 4 years + 7 months)
- **Assistant Lecturer (OBG Dept):**
Ruckmoni College of Nursing, Vellarada, Trivandrum, Kerala. 02.05.2012
to 30.07.2015. (Total: 3 years+ 3 months)
- **Staff Nurse:**
Sri Ramakrishna Hospital, Coimbatore, Tamilnadu, India. 01.12.2009
to 02.12.2011 (Total: 2 years)

Clinical Experience:

- ❖ Currently dealing with Antenatal, Intranatal and Postnatal patients in OBS department.
- ❖ Direct patient care of medical and surgical (Gynecological) department.
- ❖ Actively involved in family welfare services.
- ❖ Excellent in working as a staff nurse in **KIDNEY TRANSPLANT** unit (Recipient care)
- ❖ Providing direct care and promoting the highest standards of clinical nursing care established on evidenced based practice as an effective team member.
- ❖ Monitoring patient's progress and identifying any changes in status. As well as, acting on those changes to ensure patient's comfort and safety and to evaluate and assess the patient's condition.
- ❖ Maintaining accurate clinical documentation and patient information systems to ensure data is accurate and complete.
- ❖ Recognizing and upholding the rights of all patients and their family members accessing health services and advocating on their behalf.
- ❖ Assisting physicians and all healthcare professionals caring for patients.
- ❖ Compliance with international and organizational safety goals.
- ❖ Practicing patient teaching, training and education.
- ❖ Acts as preceptor to new staff as required.
- ❖ Attends necessary education programs and constantly seeking educational tools and updates.
- ❖ Completed mandatory and unit specific competencies and demonstrating ongoing competencies.
- ❖ Ensuring patient and staff confidentiality.

Responsibilities:

- ❖ Assessing physical, psychological and psychosocial needs of the patient.
- ❖ Evaluating daily individual patient care.
- ❖ Monitoring vital signs of the client, administering drugs.
- ❖ Meeting nutritional and elimination needs.
- ❖ Dressing (bed sore, surgical wounds, etc.)
- ❖ Involved in emergency patient care.
- ❖ Performing admission, discharge and transfer of patient.
- ❖ Maintaining records and reports.
- ❖ Provide patient care in acute care settings, communicating with physicians about changes in Patient condition including hemodynamic monitoring, result of diagnostic studies.
- ❖ Insertion of nasogastric tube (NGT) and give feeding through.
- ❖ Inserting Cannulas and obtaining blood samples from patients.
- ❖ Familiar with all nursing procedures in clinical settings.

Conference Attended

- ❖ Attended **"Fire and Safety class"** in Ruckmoni college of nursing in Vellarada,kerala-2018.
- ❖ Attended state level workshop in **"Scholarly writing for research publications innursing"**, held at Govt. college of nursing Alapuzha-Kerala-2017.
- ❖ Participated in **"Workshop on Reflexology"** held at College of Nursing, SriRamakrishna Institute of Paramedical Sciences, New Sidhapudur,Coimbatore-2011
- ❖ Participated in **'Lions Blood Donation Awareness Rally'** held at Coimbatore-2011.
- ❖ Participated in **Distinct Health Society Revised National TB Control** Programme, Coimbatore-2010.
- ❖ Participated in **National Service Scheme** organized by the NSS unit of the college at Srinivasapuram, Coimbatore for Ten Days camp held under the campaign Youth for Health India-2009.
- ❖ Participated in the **XXII TNAI Biennial** Conference of Tamilnadu Branch held at College of Nursing, Sri Ramakrishna Institute of Paramedical Sciences, New Sidhapudur, Coimbatore – 2007.

Workshop and Seminars conducted:

- ❖ Workshop on **"Hospital Acquired Infection-control"** in Sree Mookambika collegeof Nursing, Kulasekharam-2017.
- ❖ Resource person of **"Disaster Management Programe"** in Sree Mookambikacollege of Nursing, Kulasekharam-2017.
- ❖ Organized and conducted workshop on **"Prevention of HIV/AIDS"** in SreeMookambika college of Nursing, Kulasekharam-2016.

Professional Bodies Associated with:

1. Trained Nurses Association of India.
2. Alumni Association of Sri Ramakrishna College of nursing, Coimbatore.

Personal details:

Name	: Prasanna. M
Spouse Name	: Mr. T. Ani
Passport details	: S9953434
Date of expiry	: 22/04/2029
Date of Birth	: 03/04/1988
Sex	: Female
Marital Status	: Married
Nationality	: Indian
Languages Known	: English, Tamil, Malayalam

Declaration:

Hereby I declare that the above given information is correct and true to myknowledge.

Date: 05/11/2022

Prasanna.M