



MUBEENA MH

Optometrist

MOH Evaluation letter Reference no-285399

Profile

Seeking assignment with a Hospital/Clinic in Eye care sector and use my skills as an optometrist for the betterment of the patients and the hospital along with gaining constant knowledge.

Work Experience

1st August 2016 – 31st October 2019
St George Eye hospital -Erattupetta, Kerala
Optometrist

1st May 2021– 31st March 2023
St. Marys Eye Hospital-Erattupetta, Kerala
Optometrist

COMPETENCY MATRIX

Examine eyes using observation instruments and pharmaceutical agents to determine the visual acuity and perception, focus and coordination and to diagnose diseases and other abnormalities as an optometrist.

- Obtain and record patient's preliminary case history.
- Testing for near and far acuity, depth perception, color perception, and visual field, utilizing ocular testing apparatus.
- Assess patients for vision deficiencies i.e., complete binocular analysis, ocular health examinations, spectacle prescriptions
- Instructing patients in care and uses of glasses and contact lenses.
- Educate and counsel patients on contact lens care, visual hygiene, lighting arrangements and safety factors.
- Provides pre- and post-operative care for patients undergoing cataract and laser vision correction.
- Prescribe therapeutic procedures to correct or conserve vision.
- Provide vision therapy and low vision rehabilitation.
- Maintaining inventory of materials and cleaned instruments.
- Active participation in house seminars.

Contact

mubeenamh7@gmail.com

+971506852176

United Arab Emirates,
Sharjah, Muwaileh

Education

- **Dr.Tony Fernandez Eye Hospital**
BSC Optometry
Bharatiar University Coimbatore
Completed in 2016
- **Muslim girls HSS Erattupetta**
Higher Secondary
Board of Kerala state
Completed in 2012
- **Muslim girls HSS Erattupetta**
SSLC
Board of Kerala state
Completed in 2010

Skill

- Good communication skills
- Excellent team player
- Good computer knowledge
- Digital Marketing
- Linguistic fluency in – English Malayalam Hindi Tamil
- Deftness in handling all kinds of patients including children and infants



CONFERENCES ATTENDED

CME on contact Lens conducted by Rayan eye hospital and Lasik center associated with ASCO | 21 March 2015 & 22 March 2015

COLD 2016 CME on update on Contactless, Ortho optics, Low vision, Dispensing optics & hands on training for optometrist held at Bejansingh eye hospital Nagarcoil | 13th March 2016.



SOCIETY MEMBERSHIP

Registered in INDIAN OPTOMETRIC ASSOCIATION and issued certificate on 10th August 2016 (Reg no LM-02582/016)

Registered in INDIAN OPTOMETRISTS ASSOCIATION (KERALA CHAPTER) and issued on 08th April 2017(Reg no 743A/2017)



PERSONAL DETAILS

Name : Mubeena MH
Father's name : Haneefa MH
DOB : 13-10-1994
Religion : Muslim , Islam
Nationality : Indian
Marital Status : Married
Visa Status : Residence Visa



PRACTICAL INSTRUMENTAL/TECHNICAL EXPERIENCE

- Obtain and record patient's preliminary case history.
- Objective and subjective refraction
- Streak Retinoscopy
- Slit lamp bio microscopy
- Lensometry (Auto & Manual)
- Hand neutralization
- Auto refractometry
- Keratometry (Auto & Manual)
- Spectacle Dispensing
- Contact lens management
- Tonometry
- A scan biometry
- B scan
- Low vision aids
- Humphry Field Analyser (HFA)
- Orthoptic instruments
- Corneal Topography
- Pachymetry
- Wave scan Aberrometry
- Optical Coherence Tomography
- Pentacam (Oculus)
- Fundus photography
- Fundus Fluorescein Angiography
- Lasik Work-Up
- Glaucoma Work-Up
- C3R Work-Up

PASSPORT DETAILS

Passport no : R6341941
Issue Date : 15/11/2017
Esp. Date : 14/11/2027

DECLARATION

I hereby declare that all the details furnished above are true to the best of my knowledge.

MUBEENA MH