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Al Bayan Bldg, Muwaileh, Sharjah, UAE



# **STAFF NURSE**

# Seeking a challenging opportunity in Medical Industry for personal and professional growth.

PROFESSIONAL SUMMARY: Fourteen years practical experience in different Department which include Medical, Surgical Obstetrics, Gynecology, Psychiatry, Pediatrics Operation Theatre, Intensive Coronary Care Unit, Causality, Observation Unit and Output department, nursing care, medical services, assessing patient status, clinical tasks, medical consultancy, strategic planning and liaison & coordination. Proactive in handling post-operative wounds, managing emergency calls, patient admission & discharges, assessing patient status, handling clinical tasks and in educating patients about the proper health care. Proven ability to communicate effectively in order to obtain optimal patient outcomes, in addition to swift critical thinking during emergency situations and manage pre and post-operative treatment of patients. Excellence in developing and implementing quality initiatives to improve the quality of the clinical services, diagnostic and treatment facilities, and protocols for efficient patient care. Self-initiating and skilled in following instructions to carry out tasks in an efficient manner. Member of Kerala Nursing Council. Certified ACLS &BLS medical professional along with valid license holder of an assistant nurse (MOH)

### **PROFESSIONAL SKILLS**

- Medical Nursing
- First Aid
- Clinical instruction
- > Resource Utilization
- Community Health Care
- > Reports/Documentation
- Hospital Management
- Clinical Supervision
- Patient Assessment
- Medication Administration
- Quality Services
- Liaison/ Coordination
- Communication Skills
- Surgical Procedures
- Planning and Scheduling

#### **PROFESSIONAL EXPERIENCE**

#### **EXPERIENCE – 14 YEARS**

## **Aspen Medical**

Working as an assistant Nurse in UNITEAM MEDICAL ASSISTANCE (ASPEN HEALTH SOLUTION) Abu Dhabi since 23 February 2021 to 30 October 2022 a front liner in this COVID19 Crisis.

Life Line Hospital , UAE	Medical Trust Hospital, Kerala- India
Assistant Nurse in General Ward January 2011- January 2013	Registered Nurse in Cardiac Care Unit August 2014-September2020
	Registered Nurse in Cardiac Care Unit April 2005- April 2010

#### **FUNCTIONAL RESPONSIBILITIES:**

- \* Total nursing care to the patient
- \* Assist the staff nurse in planning, imaginating and evaluating the delivered nursing care to the patient
- \* Prepare patient for procedures treatment and surgeries
- \* Assist with test and evaluation and monitoring and documentation of valid sign and patient condition
- \* Respond appropriately to emergency situation
- \* Cardiac Catherization

### Involved in various medical treatments and activities including -

- o Insertion of IV cannula
- Transfusions of blood and blood products
- Endotracheal and oral suctioning
- Nasogastric tube feeding
- Jejunostomy feeding
- o Central venous pressure monitoring
- Wound dressing
- o Enema

- Assisting in lumber puncture
- o Assisting in Abdominal paracentasis
- (G)RBS
- Insertion of naso-gastric tube
- Assisting in intubation
- Assisting in changing of tracheostomy tube
- o CPR

### **EQUIPMENTS HANDLED**

◆ ABG Machine
◆ Suction Apparatus
◆ Cardiac Monitor
◆ ECG Machine
◆ Glucometer
◆ Defibrillator
◆ Infusion& Syringe Pump
◆ NIBP Monitors

## **EDUCATION / QUALIFICATIONS**

- Bachelor of Science (Nursing), Diploma In General Nursing & Midwifery, Medical Trust Hospital, Kerala
  - Advanced Cardiovascular Life Support (ACLS)&Basic Life Support (BLS),American Heart Association 2020
  - Health Authority, MOH
- ♦ **Technical Skills:** MS Office Suite (Word, Excel, PowerPoint) and Windows Applications

Date of Birth: 12-05-1984; Nationality: Indian

Passport No.: U5187156; Place of Issue: Kochi; Date of Expiry: 12/02/2030

Languages Known: English, Hindi, & Malayalam

# **DECLARATION**

I hereby declare that the information given above is correct and complete to the best of my knowledge and belief.

Place : MARY SINI CHARLEY. T

Date :