

RESUME



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E.MAIL:-

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Personal Details:

Name : TINTU
Date of Birth : 10/02/1984
Sex : Female
Fathers Name : M.M Thomas
Marital Status : Married
Religion : Christian ,RC
Nationality : Indian

Languages Known:

English, Arabi, Hindi,
Malayalam, Kannada, Tamil
and Assamese

Passport Details:

Passport No : X2828597
Date of Issue : 18/01/2024
Date of Expiry : 17/01/2034
Place of Issue : Cochin

OBJECTIVE:

I want to set up my Nursing Career where I can fully utilize my skills and abilities while being resourceful, innovative, flexible and also I want to learn more about advanced Nursing techniques to improve myself for the growing needs.

Educational Qualifications:

- SSLC- Deva Matha High School Chennamkary Board of Public Examination, Kerala (1999)
- PLUS TWO -St.Mary's Higher Secondary School Champakulam Board of Public Examination,Kerala (2002)

Professional Qualification:

- General Nursing and Midwifery School Of Nursing, Catholic Hospital Borgang, Assam. Assam Nurses and Midwifery (2006)
- Prometry for Saudi Licence No:8890000001376162 No:16-A-N- 0032923 2012(Exp.date July 2019)
- DHA Licenseno.DHA-00192563-002 Assistant nurse. (Exp17/11/2022)
- BLS (Exp: Sep 2023)

Professional Experience:

- 27/11/2019 to 04/07/2022 Health Hub Al Futtaim clinic Discovery garden , Dubai Assistant Nurse in OB GYNE OPD.
- 15/10/2017 to 02/10/2019 Aster hospital Mankhool. Dubai. Assistant Nurse in Labour and Delivery room.
- 06/12/2014 to 28/02/2017: Abha International Private Hospital, Abha, K.S.A. Staff Nurse in Labour and Delivery room.
- 30/10/2013 to 30/09/2014: Disease Help Line Centre Alappuzha Staff Nurse in Medical Surgical unit.
- 11/03/2013 to 18/09/2013: Paalana Institute of Medical Science Hospital, Palakkadu. Staff Nurse in Labour and Delivery room.

- **28/08/2010 to 15/06/2012:** Dr. Abdullah Saim Al-dahar Hospital, Banimalik, Jeddah, K.S.A Staff Nurse in Medical and Surgical Department.
- **06/06/2007 to 24/03/2010:** Manipal MultiSuper Speciality Hospital, Bangalore. Staff Nurse in Medical Surgical and High Dependency.
- **01/05/2006 to 30/05/2007:** Catholic Hospital Borgang Assam, Staff Nurse in Medical Surgical, OB/GYN, Pediatrics and OT in rotation.

Skills and Knowledge :

- Assessment of vital signs
- Identify the obstetric emergencies and report promptly to the doctor.
- Monitoring CTG.
- Assist doctor during procedures performed in the department with attention to accuracy in patient safety and comfort.
- Ensure strict aseptic techniques while performing the procedures.
- Maintain clean unit as per infection control and waste management as per hospital policy.
- Health education to the patient and family.
- Perform comprehensive assessment of patient condition and document it properly.
- Assisting for deliveries and care of baby.
- Perform dressing under aseptic technique.
- Maintain good interpersonal relationship.
- Operating machine like cardiac monitor, ECG machine, CTG machine, Fetal dopler, Glucometer, Defibrillator, syringe pump, infusion pump, Suction apparatus, Ambubag, Nebulizer, pulseoximeter, AED.

Declaration:

The above stated details are true and correct to the best of my knowledge and belief. I am a hard working Nurse and very conscious about my job. I am very caring, compassionate and sincere to my patients. I look forward to work in your esteemed institution.

TINTU JOSEPH