

## RESUME



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E.MAIL:-

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### Personal Details:

Name : TINTU  
Date of Birth : 10/02/1984  
Sex : Female  
Fathers Name : M.M Thomas  
Marital Status : Married  
Religion : Christian ,RC  
Nationality : Indian

### Languages Known:

English, Arabi, Hindi,  
Malayalam, Kannada, Tamil  
and Assamese

### Passport Details:

Passport No : X2828597  
Date of Issue : 18/01/2024  
Date of Expiry : 17/01/2034  
Place of Issue : Cochin

## OBJECTIVE:

I want to set up my Nursing Career where I can fully utilize my skills and abilities while being resourceful, innovative, flexible and also I want to learn more about advanced Nursing techniques to improve myself for the growing needs.

## Educational Qualifications:

- SSLC- Deva Matha High School Chennamkary Board of Public Examination, Kerala (1999)
- PLUS TWO -St.Mary's Higher Secondary School Champakulam Board of Public Examination,Kerala (2002)

## Professional Qualification:

- General Nursing and Midwifery School Of Nursing, Catholic Hospital Borgang, Assam. Assam Nurses and Midwifery (2006)
- Prometry for Saudi Licence No:8890000001376162 No:16-A-N- 0032923 2012( Exp.date July 2019)
- DHA Licenseno.DHA-00192563-002 Assistant nurse. (Exp17/11/2022)
- BLS (Exp: Sep 2023)

## Professional Experience:

- 27/11/2019 to 04/07/2022 Health Hub Al Futtaim clinic Discovery garden , Dubai Assistant Nurse in OB GYNE OPD.
- 15/10/2017 to 02/10/2019 Aster hospital Mankhool. Dubai. Assistant Nurse in Labour and Delivery room.
- 06/12/2014 to 28/02/2017: Abha International Private Hospital, Abha, K.S.A. Staff Nurse in Labour and Delivery room.
- 30/10/2013 to 30/09/2014: Disease Help Line Centre Alappuzha Staff Nurse in Medical Surgical unit.
- 11/03/2013 to 18/09/2013: Paalana Institute of Medical Science Hospital, Palakkadu. Staff Nurse in Labour and Delivery room.

- **28/08/2010 to 15/06/2012:** Dr.Abdullah Saim Al-dahar Hospital, Banimalik, Jeddah,K.S.A Staff Nurse in Medical and Surgical Department.
- **06/06/2007 to 24/03/2010:**Manipal MultiSuper Speciality Hospital, Bangalore. Staff Nurse in Medical Surgical and High Dependency.
- **01/05/2006 to 30/05/2007:** Catholic Hospital Borgang Assam,StaffNurse in Medical Surgical, OB/GYN, Pediatrics and OT in rotation.

## **Skills and Knowledge :**

- Assessment of vital signs
- Identify the obstetric emergencies and report promptly to the doctor.
- Monitoring CTG.
- Assist doctor during procedures performed the department with attention to accuracy in patient safety and comfortable.
- Ensure strict aseptic techniques while performing the procedures.
- Maintain clean unit as per infection control and waste management as per hospital policy.
- Health education to the patient and family .
- Perform comprehensive assessment of patient condition and documents it properly.
- Assisting for deliveries and care of baby .
- Perform dressing under aseptic technique.
- Maintain good inter personal relationship.
- Operating machine like cardiac monitor, ECG machine, CTG machine , Fetal dopler, Glucometer,Defibrillator, syringe pump, infusion pump, Suction apparatus, Ambubag ,Nebulizer, pulseoximeter, AED.

## **Declaration:**

The above stated details are true and correct to the best of my knowledge and belief. I am a hard working Nurse and very conscious about my job. I am very caring compassionate and sincere to my patients. I look forward to work in your esteemed institution.

**TINTU JOSEPH**