



# NANDITHA NANDAKUMAR

📍 Sharjah, UAE

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## PROFESSIONAL SUMMARY

Caring Nurse with 1.5 years of experience in diverse healthcare organization working with Intensive Care Unit patients. Adept at introducing detailed care plans and coordinating patient care through interdisciplinary collaboration. Demonstrated expertise in physical, psychosocial, developmental and educational aspects of nursing care for patients and families.

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## WORK HISTORY

### **MEDICAL ICU REGISTERED NURSE**, 12/12/2022 – 30/11/2023

**Mundakayam Medical Trust Hospital**, Mundakayam, Kottayam, India

- Directed responsive and coordinated approach to maximise use of available resources and ward capacity.
- Coordinated planning and delivery of 24 hours care, communicating treatment and medication plans clearly to patients and carers.
- Collated and stored data for patient records with strict confidentiality and sensitivity.
- Assessed patients' condition, swiftly creating and implementing individual care plans.
- Requested additional diagnostic investigations as required, interpreting results to develop targeted treatment programmes.
- Mentored 2 student nurses and junior members of staff.
- Managed patient referrals within multi-disciplinary practice teams and secondary care organisations for improved patient results.
- Delivered care in line with clinical guidelines for continued practice compliance.
- Implemented and updated treatment plans in collaboration with doctors.
- Monitored patient vitals and necessary signs.
- Developed and implemented successful patient care plans.
- Trained new staff to meet patient service goals and champion standards of care.
- Implemented and maintained core measures in patient safety, patient satisfaction and holistic approaches to nursing.

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### **REGISTERED NURSE**, 06/2021 - 11/2021

**Highrange Hospital**, Parathode, Kerala, India

- Worked closely with fellow nurses, doctors and clinicians for consistent communication and continued best care practices.
- Monitored patient vitals and necessary signs.
- Assisted doctors and other nursing staff.
- Collected and properly handled specimens from patients.
- Liaised with primary care physicians or emergency care providers to communicate patient needs.
- Assessed patients' condition and reported changes to charge matron, family and physician as appropriate.

- Recorded patients' medical history, vital statistics and test results in medical records.
- Managed patient discharges, providing relevant follow-up care advice with required prescriptions and medication.

## SKILLS

- Advanced nursing duties
- Student nurse mentorship
- Chronic condition management
- Surgery preparation procedures
- X-Ray preparation
- Patient risk assessments
- Medical recordkeeping
- Clinical excellence
- Patient health assessments
- Medication administration
- Primary Care nursing
- Infection Prevention and Control

## EDUCATION

***Sri Devaraj Urs College of nursing, India, 08/2016 - 04/2020***  
**BSC: Nursing**

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***Amaravathy Govt. Higher Secondary school, Kerala, India, 07/2014 - 04/2016***  
**XII th: Science**  
GPA: 67

## PERSONAL DETAILS

**Date of Birth / Age:** 19-02-1998      **Nationality:** INDIAN  
**Marital Status:** Married  
**Gender:** Female  
**Visa Status:** Visit Visa (Valid till 05/02/2024)

## CERTIFICATIONS

- Licensed MOH-UAE
- Basic Life Support (BLS)
- Advance Cardiac Life Support (ACLS)

## LANGUAGES

### English

Fluent

### Hindi

Elementary

### Malayalam

Native