

REGISTERED NURSE

ANIMOL JOSHY, B.Sc Nurse

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SUMMARY

- i. Registered Nurse graduated from Academy of Nursing and health science
- ii. Acquired 1 year and 2 months of experience from dental club clinic, Al mizhar, Dubai, till continue
- iii. Acquired 5 year and 1 months of experience from Al Rehad medical centre sharjah, UAE
- iv. Acquired 2 year and 2 month of experience from Daya general hospital Thrissur, kerala, India
- v. Acquired 1 year and 2 months of experience from Jaipur golden hospital Rohini west New Delhi
- vi. Acquired 1 year and 3 months of experience from Daya general hospital, Thrissur, kerala, India
- vii. Acquired 2 year and 2 month of experience from Ramakrishna mission hospital Mumbai, India
- viii. Attended BLS program

ACADEMIC QUALIFICATIONS

1. Degree [Post Basic Bachelor of Science in Nursing] India (Year: 2011- 2013)
2. General Nursing and Midwifery, Andhra Pradesh, India. (Year: 2002 – 2005)
3. +2 from Govt Girls Higher Secondary School, Nemmara in the year of 2002
4. S.S.L.C from Govt. Girls Higher Secondary School, Nemmara in the year 1999

PROFESSIONAL STATUS

- ❖ Registrations : U A E registration
- ❖ MOH Evaluation :283778
- ❖ Working Status : Working
- ❖ Total Experience : 13Years

PROFESSIONAL EXPERIENCE

- **Registered Nurse Under Dental Club Clinic Dubai in U A E From 07/06/2021 till date**
- Assistant Nurse under Al Rahah Medical Centre Sharjah in UAE from 03/05/2016 To 31/05/2021.
- Registered Nurse under Daya General Hospital & Specialty Surgical Centre, Thrissur, Kerala (Coronary Care Unit) in INDIA from 10 December 2012 to 22 December 2014.
- Registered Nurse under Jaipur Golden Hospital, Sector 3, Rohini West, New Delhi (Labour Room) in INDIA from 01 August 2011 to 31 October 2012.
- Registered Nurse under Daya General Hospital & Specialty Surgical Centre, Thrissur, Kerala (Coronary Care Unit) in INDIA from 09 April 2010 to 23 July 2011.
- Registered Nurse under Ramakrishna Mission Hospital, Mumbai, India (Intensive Care Unit) in INDIA from 30 September 2005 to 02 July 2008.

Administrative Responsibilities:

- Reporting in duty
- Maintains scheduled poisonous drug registers
- Maintaining inventories

- Attending rounds with doctors & senior nursing personnel
- Makes beds of patients.
- Checking the working condition & setting availability of equipment such as O2 cylinders, suction apparatus, and other equipment

Direct Patient Care:

- Assessment of patient needs.
- Planning, setting, prioritizing, and implementing nursing care.
- Observe and monitor the patient closely.
- Evaluate the outcome of treatments.

Basic Nursing Procedures Performed:

- Carry out procedures of admission and transfer of patients to wards and ICU.
- Maintains a clean and safe environment for the patient.
- Maintains personal hygiene and comfort of patient.
- Coordinate patient care with other team members.
- Checking and recording vital signs.
- Attends to the nutritional needs of patients and feeds helpless patients.
- Collecting & sending specimens for laboratory diagnostic procedures.
- Performs simple dynamic procedures.
- Various nursing procedures such as IV cannulation, gastric gavage, nasogastric tube insertion, catheterization etc.
- Assisting doctors in various medical and surgical procedures like lumbar puncture, emergency chest tube insertion endotracheal tube insertion etc.
- Orient the patient regarding ward setup.
- Caring for dying & dead

Duties and Responsibilities:

- Dynamic and continuous monitoring and complete and close assessment of the clients.
- Assessment, planning, intervention, implementation & evaluation.
- Observing change in client's condition, recording & reporting to the concerned authority and taking necessary action immediately.
- Early identification and prevention of complications.
- Co-coordinating patient care with various departments and health care personals.
- Maintaining effective gas exchange and tissue perfusion.
- Maintaining normal fluid electrolyte & acid base balance.
- Maintaining all infection control measures.
- Maintaining clean and safe environment for the patients.
- Maintain interpersonal relationship.
- Maintain nutritional needs of the clients.
- Maintain high standard in preparation, calculation, cross-checking, and administration of medication as per order.
- Giving health education to the Clients.
- Keeping the unit clean and tidy and care of all equipment's in patient unit.
- Preparing articles and patients for medical, surgical, or nursing procedures.
- Assisting doctors in various medical and surgical procedures.
- Continuous cardiac monitoring and monitoring vital signs.
- Ward management, co-operation, and co-ordination with other co-workers.
- Assist with management of acute emergencies like cardiac and respiratory arrest and carrying lifesaving procedures like cardiopulmonary Resuscitation, defibrillation.

Proficiency in the Use of Equipment's:

- Cardiac Monitor (HP System1205)
- ECG Machine
- Glucometer
- Syringe Infusion Pumps
- Pulse Oximeter
- Stethoscope
- Thermometer
- Nebulizer
- Ambu Bag
- Vacuum Suction Apparatus
- Nelson's Inhaler
- Sphygmomanometer BP Apparatus
- ABG Machine

PERSONAL SKILLS/ATTRIBUTES

- Able to work independently and within a team- spirited environment
- Excellent written and verbal communication skills
- Highly organized and efficient
- Able to work with own initiative
- Strong presentation skill, Energetic, insightful, resourceful, and dedicated
- Ability to develop rapport with patients, staff, and physicians
- Proven record of reliability and responsibility. Able to do multitasking

CORE COMPETENCIES

- Professionalism
- Leadership
- Communication
- Teamwork and collaboration
- Patient centered care
- System based practice

PERSONAL VITAE

Name : Animol Joshy
Passport Number : L 9374524
Father's Name : Paulose OP
Nationality : Indian
Visa Status : Husband visa
Date of Birth : 14th September-1983
Gender : Female
Marital Status : Married
Languages Known : English, Hindi, Malayalam, and Telugu

DECLARATION

I do hereby declare that all the information given above are true to the best of my knowledge.

Date: 15 04 2023
Place: Sharjah

Animol Joshy