

OBJECTIVE	
To work in an environment which encourages me to succeed and grow professionally where I can utilize my skills and knowledge appropriately.	
WORK EXPERIENCE	
<b>3year experience (ER and Respiratory ICU)</b> 1. Govt. Medical College Hospital Thiruvananthapuram, Kerala. 17.09.2018 – 15.06.2020 Registered Nurse Worked as a registered nurse in Casualty. 2. Govt Medical college Hospital, Kollam, Parippally, Kerala 03.09.2020 – 31.10.2021 Registered Nurse Worked as a registered nurse in Respiratory ICU 3. Govt Medical college Hospital, Kollam, Parippally, Kerala 07.02.2022 – 31.03.2022 Registered Nurse Worked as a registered nurse in Respiratory ICU	
EDUCATION	
Sivagiri SreeNarayana Medical mission school of Nursing 2014-2018 Diploma in General Nursing & Midwifery from Kerala Nurses and Midwives Council PTM VHSS, Maruthoorkonam , HSE 2012-2014 GOVT. MODEL HSS VENGANOOR, SSLC 2012	
ADDITIONAL INFORMATION	
License and Certificate	: <b>RN: KL01201800764</b>
MOH evaluationNumber	: <b>262793</b> (Assistant nurse)
Basic Life Support (BLS), American Heart Association, Advanced Cardiovascular Life Support (ACLS), American Heart Association	
<b>Duties</b>	
❖ Providing a patient with nursing services that are base on a medical plan of care Good clinical experience in the following Bedside procedures. Assisting in take care of patients with Stab injuries, Mass casualties, major trauma leading to contaminated wounds. Management of patients with blood borne infections. Vital Signs	



**RITHU M KRISHNAN**

MOHAP evaluation number: 262793

Assistant nurse

Mob: +971 52 178 4649

Email Id: rithukrishnan86@gmail.com

#### SKILLS

- Team building
- Problem solving
- Decision making
- Administering medication
- Aseptic techniques
- Care plan development
- Catheter and wound care
- Nursing staff leadership
- Broad medical terminology knowledge
- Communication skill with patients
- Time management
- Critical thinking
- Professionalism
- Cultural awareness of the patients
- Commitment to patient advocacy
- Having empathy to patients and their families

<ul style="list-style-type: none"> <li>❖ Administration of Medicine</li> <li>❖ Oxygen Therapy</li> <li>❖ Cardio Pulmonary Resuscitation</li> <li>❖ Continuous Positive Airway Pressure (CPAP)</li> <li>❖ Nasogastric tube insertion</li> <li>❖ Phototherapy</li> <li>❖ Intravenous cannulation</li> <li>❖ Blood transfusion</li> <li>❖ ABG Sampling</li> <li>❖ Glucose random Blood Sugar Checking</li> <li>❖ Maintaining of ICU Charts</li> <li>❖ Maintenance of record and reports</li> <li>❖ Episiotomy Care</li> <li>❖ Ryle's tube insertion</li> <li>❖ Urinary Catheterization (Male&amp;Female)</li> <li>❖ Bladder irrigation</li> <li>❖ Wound dressing</li> <li>❖ Assessment of cardiac signs</li> <li>❖ TRP Technique</li> <li>❖ Transfusion &amp; Infusion</li> <li>❖ Monitoring intake and output</li> <li>❖ Administering blood &amp; I.V. fluids</li> <li>❖ Assisting the patients in breathing &amp; coughing exercises</li> <li>❖ Health teaching</li> </ul>	<table border="1"> <tr> <th>LANGUAGES KNOWN</th> </tr> <tr> <td> <ul style="list-style-type: none"> <li>• English</li> <li>• Hindi</li> <li>• Malayalam</li> <li>• Tamil</li> </ul> </td> </tr> <tr> <th>REFERENCE</th> </tr> <tr> <td> <ol style="list-style-type: none"> <li>1. Medical Superintendent Govt. Medical College Hospital, Thiruvananthapuram, Kerala, India Office No: 0471 – 2444270</li> <li>2. Medical Superintendent Government Medical College Hospital Paripally, Kollam Ph. 0474 257517</li> </ol> </td> </tr> <tr> <th>PERSONAL DETAILS</th> </tr> <tr> <td> Date of Birth : 04/02/1997  Father's Name : Manikantan S  Marital Status : Single  Nationality : Indian  Passport No : U9723003  Date of Issue : 03/03/2021  Date of Expiry : 02/03/2031  Place of Issue : Trivandrum  MOH evaluation  Number : 262793 </td> </tr> <tr> <th>ADDRESS</th> </tr> <tr> <td> RITHU M KRISHNAN  MAKAYIRAM  VARUVILAKAM, SISILIPURAM,  VENGANOOR P O,  THIRUVANANTHAPURAM DIST.  KERALA, INDIA PIN CODE-695523 </td> </tr> </table>	LANGUAGES KNOWN	<ul style="list-style-type: none"> <li>• English</li> <li>• Hindi</li> <li>• Malayalam</li> <li>• Tamil</li> </ul>	REFERENCE	<ol style="list-style-type: none"> <li>1. Medical Superintendent Govt. Medical College Hospital, Thiruvananthapuram, Kerala, India Office No: 0471 – 2444270</li> <li>2. Medical Superintendent Government Medical College Hospital Paripally, Kollam Ph. 0474 257517</li> </ol>	PERSONAL DETAILS	Date of Birth : 04/02/1997 Father's Name : Manikantan S Marital Status : Single Nationality : Indian Passport No : U9723003 Date of Issue : 03/03/2021 Date of Expiry : 02/03/2031 Place of Issue : Trivandrum MOH evaluation Number : 262793	ADDRESS	RITHU M KRISHNAN MAKAYIRAM VARUVILAKAM, SISILIPURAM, VENGANOOR P O, THIRUVANANTHAPURAM DIST. KERALA, INDIA PIN CODE-695523
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