

CURRICULUM VITAE

Rose Chiramattel Jose

Email: rosechiramatteljose@gmail.com

Contact Number: 0558243703 / 0565682425

RL120718021604

MOH – BSc Nurse (Medical & Surgical) – 5 Years' Experience



Summary

Dedicated registered nurse (RN) with specialty experience in medical and surgical department. Reliable ethical healthcare provider with ability to stay calm and collaborate on multidisciplinary teams, proven ability to build positive relationships with patients, family members, physicians and other medical professionals.

Personal Details

Gender	Female
Age	32
Date of birth	10/03/1988
Gender	Female
Nationality	Indian
Marital Status	Married (Spouse works in Sharjah)
Languages Known	English, Hindi, Telugu, Kannada, and Malayalam.
Visa status	Employment visa in Thumbay Clinic, Sharjah.

Education Details

- BSc nursing from Rajiv Gandhi University of Health Sciences, Karnataka. India in 2012
- MOH License holder – RN 013153- (07/08/2017- 07/08/2021)
- Basic Life Support (BLS) Training Program from BenSan International ventures (12/01/2018 – 12/01/2020)
- Advance Cardio Vascular Life Support (ACLS) Training Program from BenSan International ventures (14/01/2018 – 14/01/2020)
- Board of higher secondary examination, Kerala govt. in the year of 2006.
- Matriculation from Kerala Board in the year of 2004

Professional Experience

1) Thumbay Healthcare Group. (2018- 2020)

Samnan, Wasit Street.

Sharjah.

Title: Staff Nurse

Thumbay Group started in 1998 with its network of academic hospitals and medical centers with the establishment by its founder, Dr. Thumbay Moideen, has blossomed with operations across multiple sectors including Education, Healthcare, Medical Research, Diagnostics, Retail Pharmacy, Health Communications, Wellness, and Nutrition Stores. Thumbay network of hospitals is now one of the largest healthcare providers in the region.

2) Fortis Multispecialty Hospital, Bannerghatta Road, Bangalore, Karnataka India (2014 -2017)

Title: Staff Nurse

Department: Medical & Surgical ward.

Job description: Provide nursing care in out-patient and emergency cases. Does inventory of supplies and medications. Keep track of patient's files such as registration, scheduling of treatment, and follow up.

Brief Hospital Description: The Fortis Hospital at Bannerghatta Road, Bangalore is a 276 bedded multi-specialty tertiary care hospital. It began operations in 2006 and has established itself as a trusted institution in the field of healthcare and medical facilities. The hospital specializes in cutting edge medical technology and dedicated patient care services. As one of the leading multi-specialty hospitals in the country, we have tertiary care in over 40 specialties that include cardiology, cardiac surgery, orthopedics, neurology, and neurosurgery, GI and Minimal Access Surgery (MAS), amongst other. We have been instrumental in the introduction of facilities like the custom fit knee replacement and HIFU technology for prostate cancer in India. The hospital is equipped with state-of-the-art technologies like trans-radial angioplasty, trans-abdominal cardiac surgery, and computerized TKR navigation surgery. The hospital has been ranked as the Best Hospital in Bengaluru for Cardiac Care by the 8th Outlook Hospital Survey, 2002.

- **ST. Ann's Hospital, Benz Circle, Vijayawada, Andhra Pradesh, India** (2010 – 2011). Title: Staff Nurse

Department: ICU, Emergency, Obstetrics& Gynecology.

Training undergone during studies for medical nursing, midwifery, surgical nursing, operation theatre, Orthopedic Nursing, Gynecology nursing, Child health nursing, Psychiatric nursing, service administration, Community health in rural and urban areas and midwifery with modern concept of obstetric and neonatal care, etc.

Brief Hospital Description: The ST. Ann's Hospital, Benz Circle, Vijayawada is a 350 - bedded hospital with departments of medicine, surgery, pediatrics, emergency, trauma care unit, ICU, NICU, Obstetrics & Gynecology. This hospital is a recognized name in patient care. They are one of the well-known Hospitals in Vijayawada. Backed with a vision to offer the best in patient care and equipped with technologically advanced healthcare facilities, they are one of the upcoming names in the healthcare industry.

Procedures Handled

Cardio Pulmonary Resuscitation
 IV cannulation
 Gastric lavage
 Cleaning and dressing
 Suture removal
 Nebulization
 Tracheostomy care
 Cardiac monitoring
 NG tube insertion,
 Oral suctioning
 Pulse Oximetry
 Enema
 Collection of specimen
 I/O chart monitoring

Foleys catheterization
 Ryle's tube insertion
 Bowel wash enema
 Blood transfusion
 ECG tracing
 Steam inhalation
 Bladder irrigation
 Applying Ambu
 Chest physiotherapy,
 Checking blood sugar,
 Catheterization
 Wound dressing
 Bladder irrigation
 Maintain records and reports

Duties & Responsibilities

- Help in assessment of patient under my care and the newly admitted so as to collect relevant data and information.
- Plan to care to be provided by making use of available resources’.
- Implement care in an organized and effective way.
- Trauma care and management.
- Evaluate care given to see if this has been effective or not and take necessary action.
- Provide for physical, psychological, social and spiritual needs of patient.
- Prepare the patient and necessary equipments for diagnostic procedures and assist the Doctors.
- Carry our therapeutic nursing procedure delegated by the nurse and monitor patient’s condition.
- Collect samples as ordered by Doctor for laboratory investigations.
- Take and record vital signs and inform doctors in any changes in patients’ condition.
- Assist in setting HP of IV infusion and maintain accurate record of fluid administered to patient.
- Maintain and update all relevant charts.
- Keep an accurate record of equipment and instrument used in casualty.
- Maintain a good professional relationship with patient as well as informing them any change in their condition.
- Prepare and accompany patient for special treatment.
- Demonstrate competence in cardiopulmonary resuscitation and other emergencies.
- Manage emergency immediately and provide emergency management.
-

Procedures Assisted

Endotracheal intubation
Pleural tapping
Knee aspiration
Incision and drainage
Suturing

Equipments Handled

Pulse oximeter	Cardiac monitor
Sphygmomanometer	ECG machine (manual and automatic)
Suction apparatus	Defibrillator
Ambubag	Ventilator
Oxygen cylinder	Infusion pump
Laryngoscope.	Steam inhaler.
Spirometry	NIBP Instrument
ABG Analyzer	IABP Machine

Hobbies

Reading books.
Listening to music.

Computer Experience

Microsoft Office.
Email handling.

Declaration

I hereby declare that the information furnished above is true to the best of my knowledge and belief. If given an opportunity, I would work with sincerity and to maximum satisfaction of my supervisors.

Thanking you in advance for the time and consideration.

Sincerely,

Rose Chiramattel Jose

Place: Sharjah
Date: 20/08/2020