# REENA RAJAN

Sharjah, UAE

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#### PROFESSIONAL OBJECTIVE

A dedicate and talented nurse who cannot only accurately assess patients, but also plan and deliver outstanding, evidence-based care for them. I am a fully registered Nurse who has a kind, caring and calm approach to getting things done. As a naturally sociable person has no trouble communicating across different levels and with individuals from all backgrounds. Right now I am looking for an opportunity to build a career with a hospital that has a friendly, flexible working environment where I can learn, develop and thrive.

## PROFESSIONAL REGISTRATIONS

: 98268377 • DHA Unique ID

Kerala Nurses and Midwives Council: KL04201902361

## **CERTIFICATIONS**

 BLS – eCard code – 225609376535 **Date of issue – 13.10.2022 From American Heart Association** 

## PROFESSIONAL EXPERIENCE

Life Care Hospital, Mulavoor, Kerala, India. from 07.11.2019 to 27.08.2022

• Worked as Staff Nurse in Medical ICU department.

# **CORE SKILLS**

- Good communication skills
- Quick learner, with good interpersonal relations
- Flexible nature to deal with dynamic situations
- Strong Problem-solving skills
- Team Player
- Hard Working

#### **DUTIES AND RESPOSIBILITIES**

- Fulfilled the role of staff nurse with responsibility to provide effective, skilful and holistic Nursing care to patients suffering from diseases, which need medical intervention.
- Prepare and assist doctors for any procedure that the patient will require.
- Prepare and maintain comprehensive and accurate records of nursing care.
- Record and report the condition of patients, important and evaluate prescribed action.
- Supervise and teach auxiliary workers.
- Delegate duties and responsibilities relative to other workers.
- Ensure that all regulars and policies of the hospital are implemented.
- Control the inventory of all emergency drugs and check that all stocks are well managed for the smooth functioning of the unit.
- Preparation of nursing care plans.
- Direct patient care.
- Maintaining the core values of the profession.
- Admission, transfer and discharge of patient.
- Creates and maintain the fresh environment which keeps the spirt of patients alive.
- Assessment and training the patients.
- Meeting nutritional needs of the patients.
- Personal hygienic care.
- Maintaining good interpersonal relationship with patients and team members.
- Care of unconscious patients.
- Counselling of the patients and their relatives.
- Carrying out basic nursing care.
- Great ability to deal with the patient a family queries and problem and to resolve them.
- Sterilization techniques and packaging instruments.

#### MEDICAL INSTRUMNETS HANDLED

- Pulse oximeter
- Glucometer
- Suction apparatus
- Infusion pump
- Cardiac Monitor
- Nebulizer
- Steamer
- Sphygmomanometer
- ECG machine

- Ambu bag
- Laryngoscope
- Emergency Trolley
- Defibrillator
- Syringe pump
- Electrocardiogram
- Cardiotocography machine
- Ventilator
- Stethoscope

# PERFORMED PROCEDURE

- Endo tracheal suctioning
- Introducing intra venous cannula
- Inserting nasogastric tube
- Collection of blood and urine samples for laboratory studies
- Applying skin traction
- Bowel wash, stomach wash and bladder wash
- Foley's catheterization
- Bladder irrigation
- Blood transfusion
- Care of body after death

# **ACADEMIC QUALIFICATIONS**

COURSE	UNIVERSITY/ BOARD	NAME OF INSTITUTION	YEAR OF PASSING
SSLC	Central Board for secondary Education	BMGHS Kulathupuzha	2008
12th	Board of Higher Secondary	Thadikkadu Higher Secondary School, Anchal	2010
B.Sc. Nursing	Rajiv Gandhi University of Health Science	Sri Kalabyraveshwara Swamy College of Nursing	2014

## PERSONAL DETAILS

✓ Date of Birth : 27/11/1991
✓ Gender : Female
✓ Nationality : Indian
✓ Marital Status : Married

✓ Language Skills : English, Malayalam, Kannada & Hindi

# **PASSPORT DETAILS**

• PASSPORT NO: R5995599

• DATE OF ISSUE & EXPIRY: 14.12.2017 – 13.12.2027

# **DECLARATION**

I hereby declare that all the details furnished above are true to the best of my knowledge and belief.

Place: UAE (REENA RAJAN)

Date: