



## REMYA THOMAS

**Assistant Nurse**

**DHA Unique ID: 00356599**

### Contact

**Address:** Dubai, UAE

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### Personal Profile

**Nationality :** Indian

**Gender :** Female

**DOB :** April 20, 1987

**Marital Status:** Married

### Passport & Visa Details

**Visa:** Employment Visa

**Passport No:** V6179838

**Place of Issue:** Trivandrum

**Issue Date :** 24/01/2022

**Expiry Date :** 23-01-2032

### Language

- English
- Hindi
- Malayalam

## OBJECTIVE

Seeking a challenging position as a Registered Nurse, where I can fully utilize my practical and interpersonal skills to provide the maximum level of care and an environment that fosters my professional growth as well.

## SUMMARY OF SKILLS

- Solid Experience in Emergency Department.
- Promoted to Charge Nurse as a respected team-player with demonstrated leadership skills.
- Current member of the **BLS**.

## ACADEMIC PROFILE

- ❖ **Diploma in General Nursing & Midwifery (2008)**  
Nanjappa Trust Hospital School of Nursing, Shimoga.
- ❖ **Higher Secondary Level Education (2004)**  
Govt. HSS, Kulathupuzha.

## PROFESSIONAL MEMBERSHIP

- **Karnataka State Nursing Council: Reg. No: 107262**
- **Kerala Nurses and Midwives Council: Reg. No: 80183**
- **Dubai Health Authority (2022)**

## PROFESSIONAL WORK EXPERIENCE

**Al Noor Poly Clinic** (Dubai, UAE.)

**Staff Nurse**

*November 2022 to Still working*

**St. Joseph's Mission Hospital** (Anchal, Kollam (Dist.), Kerala.

**Staff Nurse** - (Emergency Department)

*March 2019 to October 2022*

**Sunrise Institute of Medical Science** (Kakkanad, Ernakulam)

**Staff Nurse** - (Medical & Surgical Ward)

*July 2015 to Feb 2017*

**Sri Balaji Action Medical institute** (Pachimvihar, Delhi)

**Staff Nurse** - (Medical & Surgical Ward)

*May 2009 to March 2012*

## SKILLS AND COMPETENCE

- Assessing the client
- Checking vital signs & collecting present complaints
- Allay the anxiety of the client by proper explanations
- Making the client comfortable for e.g. Asthmatic client – keeping bed propped up position.
- Giving Nebulization, administering O<sub>2</sub> inhalation, monitoring sPo<sub>2</sub>
- Carrying out orders promptly
- Making admissions & discharges of clients
- Preparation of unit for the client
- Assessing Blood pressure
- Maintain intake and output chart
- Maintain all the emergency equipment & medicines
- Performing ECG.
- Emergency client care: Assessing condition, vital signs monitoring, cardiac monitoring as possible, administering emergency medications, administration of oxygen, assisting and performing CPR.
- Collecting personal, medical and family history of the client
- IV cannulization & blood sampling
- Assisting and performing defibrillation in emergency.
- Calculation and administration of medicines, injections
- Maintain good and healthy interpersonal relationship with all members of the health team.
- Maintaining records and reports.
- Maintaining syringe pump and infusion pump.
- IV preparation, IV cannulation, administration of IV fluids, care of IV sites etc.
- Assisting and performing dressing.
- Maintaining asepsis throughout all the procedures
- Proper disinfection of contaminated articles and utensils

## EQUIPMENT HANDLED

- Infusion pump
- Cardiac Monitors, ECG machine and Syringe Pumps
- Defibrillators
- BIPAP
- Pulse measuring system
- Glucometer
- Blood pressure monitors
- Crash cart trolley
- Suction apparatus
- Nebulizer and steam inhaler
- Laryngoscope, Ambu bag

## DECLARATION

I hereby declare that the details furnished above are true to the best of my knowledge and belief.

**REMYA THOMAS**