



## REMYA THOMAS

Assistant Nurse

DHA Unique ID: 00356599

### Contact

Address: Dubai, UAE

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### Personal Profile

Nationality : Indian

Gender : Female

DOB : April 20, 1987

Marital Status: Married

### Passport & Visa Details

Visa: Visit Visa (90 days)

Visa Expiry Date: 102023-02-

Passport No: V6179838

Place of Issue: Trivandrum

Issue Date : 242022/01/

Expiry Date : 23-01-2032

### Language

- English
- Hindi
- Malayalam

## OBJECTIVE

Seeking a challenging position as a Registered Nurse, where I can fully utilize my practical and interpersonal skills to provide the maximum level of care and an environment that fosters my professional growth as well.

## SUMMARY OF SKILLS

- Solid Experience in Emergency Department.
- Promoted to Charge Nurse as a respected team-player with demonstrated leadership skills.
- Current member of the BLS.

## ACADEMIC PROFILE

- ❖ **Diploma in General Nursing & Midwifery (2008)**  
Nanjappa Trust Hospital School of Nursing, Shimoga.
- ❖ **Higher Secondary Level Education (2004)**  
Govt. HSS, Kulathupuzha.

## PROFESSIONAL MEMBERSHIP

- Karnataka State Nursing Council: Reg. No: 107262
- Kerala Nurses and Midwives Council: Reg. No: 80183
- Dubai Health Authority (2022)

## PROFESSIONAL WORK EXPERIENCE

### St. Joseph's Mission Hospital

(Anchal, Kollam (Dist.), Kerala.

**Staff Nurse** - (Emergency Department)

*March 2019 to October 2022*

### Sunrise Institute of Medical Science

(Kakkanad, Ernakulam )

**Staff Nurse** - (Medical & Surgical Ward)

*July 2015 to Feb 2017*

### Sri Balaji Action Medical institute

(Pachimvihar, Delhi )

**Staff Nurse** - (Medical & Surgical Ward)

*May 2009 to March 2012*

## SKILLS AND COMPETENCE

- Assessing the client
- Checking vital signs & collecting present complaints
- Allay the anxiety of the client by proper explanations
- Making the client comfortable for e.g. Asthmatic client – keeping bed propped up position.
- Giving Nebulization, administering O<sub>2</sub> inhalation, monitoring sPo<sub>2</sub>
- Carrying out orders promptly
- Making admissions & discharges of clients
- Preparation of unit for the client
- Assessing Blood pressure
- Maintain intake and output chart
- Maintain all the emergency equipment & medicines
- Performing ECG.
- Emergency client care: Assessing condition, vital signs monitoring, cardiac monitoring as possible, administering emergency medications, administration of oxygen, assisting and performing CPR.
- Collecting personal, medical and family history of the client
- IV cannulization & blood sampling
- Assisting and performing defibrillation in emergency.
- Calculation and administration of medicines, injections
- Maintain good and healthy interpersonal relationship with all members of the health team.
- Maintaining records and reports.
- Maintaining syringe pump and infusion pump.
- IV preparation, IV cannulation, administration of IV fluids, care of IV sites etc.
- Assisting and performing dressing.
- Maintaining asepsis throughout all the procedures
- Proper disinfection of contaminated articles and utensils

## EQUIPMENT HANDLED

- Infusion pump
- Cardiac Monitors, ECG machine and Syringe Pumps
- Defibrillators
- BIPAP
- Pulse measuring system
- Glucometer
- Blood pressure monitors
- Crash cart trolley
- Suction apparatus
- Nebulizer and steam inhaler
- Laryngoscope, Ambu bag

## DECLARATION

I hereby declare that the details furnished above are true to the best of my knowledge and belief.

**REMYA THOMAS**



# ST. JOSEPH'S MISSION HOSPITAL

*Love of Christ Urges Us*

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SJH/NSG/EC/2022/76

31-10-2022

## TO WHOM SO EVER IT MAY CONCERN

This is to certify that **Mrs. Remya Thomas** has worked as a staff Nurse from 04-03-2019 to 31-10-2022 in **Emergency Department**. She has worked on a full time basis for 48 hours per week. During her tenure, she attended BLS & CNE programme. She is sincere, responsible and hard working. Her conduct and character is good.

Our institution is an ISO & NABH Entry Level certified Multi-Super specialty hospital with 300 beds. We have undergraduate and postgraduate Nursing programmes.

We wish her all the best in her future endeavors.

**Sr. Julie Agnes D.M.**  
Nursing Superintendent  
Mobile: 8281900080  
srjulieagnes@gmail.com



**Sr. Lily Thomas D.M.**  
Director

**DIRECTOR**  
ST. JOSEPH'S MISSION HOSPITAL  
ANCHAL P.O., KOLLAM DISTRICT  
KERALA - 691 306

NURSING SUPERINTENDENT  
ST. JOSEPH'S MISSION HOSPITAL  
ANCHAL P.O., KOLLAM DISTRICT  
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