# MEEGHAL ANNA JOHN Muweilah, Sharjah 0522708323 | meeghalannajohn34@gmail.com

# Objective

Seeking a position as a registered nurse with more than three years of working experience. Looking to utilize clinical knowledge in medical surgical unit, gynaecology unit or post surgical unit. Great communication skills and team-oriented mindset to elevate patient care and support the growth of the organization.

## **Experience**

• IQRAA HOSPITAL SULTHAN BATHERY

01-11-2020 - 19-08-2024

Staff Nurse

Bed Capacity - 100 Bedded in Sulthan Bathery, under IQRAA HOSPITAL Calicut 436 Bed, NABH Accreditation. Area of Exposure - Medical Surgical ward

#### **Licenses And Certificates**

- DHA
- Basic Life Support (BLS)
- Advanced Cardiovascular Life Support (ACLS)

#### Education

BGS College of Nursing (BGS Apollo Hospitals)
 BSC Nursing

2014-2018

#### Languages

- English
- Hindi
- Malayalam
- Kannada
- Tamil

#### **Duties And Responsibilities**

- Maintenance of good nurse patient relationship including orientation of patient to the unit or room and patient family education.
- Patient assessment, reassessment and nurses note.
- Check the vital signs of the patient every hourly along with date and time, including pre and post procedure care
  and documentation.
- Maintenance of intravenous fluids and inotropes.
- · Administration of medications in time.
- · Hot and cold application.
- Personal hygiene including assist in activities of daily living.
- Tracheostomy care
- Care of pressure sore.
- Well versed in the cardio pulmonary resuscitation as per ACLS protocol.
- DVT prophylaxis.
- Prevention of aspiration.
- Steam inhalation.
- · Naso Gastric tube feeding.

- Skin Traction Application and care.
- · Urinary catheterization and care.

# **Equipment Handled**

 Pulse oxymeter, cardiac monitor, suction apparatus, Nebulizer, Defibrillator, ECG machine, syringe pump, infusion pump, steam inhaler, glucometer, Bipap

### **Skills**

• Leadership, Critical Thinking, Team work, Communication, Time Management, Computer literacy, Problem solving

#### **Personal Details**

Date of Birth : 03/01/1996
Marital Status : Married
Nationality : Indian
Gender : Female

#### Reference

Ms. Shamila - IQRAA HOSPITAL Sulthan Bathery

HP

hrwayanad@iqraahospital.in Contact number can be provided upon request

#### **Declaration**

• I solemnly declare that all the information furnished in this document is free of errors to the best of my knowledge.